

# Teaching of Tomorrow 2025 - 2026

## Session 1 Reflection on Learning Commitment to Change

Congratulations! We have reached the halfway mark with the completion of Session 1. We covered a lot of ground, addressing learning in three domains: Knowledge, Skills and Values, in multiple settings with a varied group of learners. Here's a quick recap of the content:

- Using a framework for organizing teaching – the GNOME;
- Conducting needs assessments with our learners, using a range of questioning styles;
- Setting educational objectives;
- Effective and efficient teaching methods: modeling, facilitated discussions and the One Minute Preceptor; and
- Inclusive teaching

**Name:** \_\_\_\_\_

*We ask you to take 5 to 10 minutes to think about your experience. What ideas appealed to you the most and were there any surprises for you?*

*Are there things you will STOP doing or START doing as a result of this session?*

*Please identify 1 to 3 specific, measurable changes (objectives) you will make in your teaching as a result of this workshop.* Putting these changes in writing often helps us to actually do them. Be as specific as possible. For example, instead of saying that you will “improve your teaching,” you might say that you will “ask learners to identify their needs”.

1.

2.

3.

*We will send this form to you right after the workshop and check in with you in a few weeks to see how it's going.*