

## Who We Are

**CTTC is a program within the UMass Medical School, Department of Psychiatry. CTTC is funded by a 5-year Substance Abuse Mental Health Services Administration (SAMHSA), National Child Traumatic Stress Network (NCTSN) Category III grant, from 2016-2021 with additional funding by the Department of Mental Health and the Lookout Foundation.**

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## Child Trauma Training Center

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## Child Trauma Training Center

*Linking Families, Training Providers, Informing Communities*

**1-855-LINK-KID**

## **LINK-KID**

# **A Centralized Referral System**

**Linking families, training providers, informing communities.**



**Phone: 1-855-LINK-KID**

<http://www.umassmed.edu/cttc>

## Clinical Referral Coordinators



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## LINK-KID

A Centralized Referral System  
Child Trauma Training Center  
(CTTC)

Toll Free: 1.855.LINK.KID

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## What is LINK-KID

**LINK-KID (A Centralized Referral System)** provides a single point of access to connect youth (ages 0-22) who may benefit from Evidence-Based Treatments (EBTs) for trauma with providers trained in these treatments. EBTs have research supporting their effectiveness in addressing trauma related symptoms and behaviors.

LINK-KID maintains an active database of providers across the state trained in trauma-focused EBTs, including information about waitlists, language capacity, and insurances accepted.

The primary goal of LINK-KID is to help youth who have experienced trauma to receive treatment in a timely, evidence-based, family focused manner. LINK-KID has been able to reduce wait times for connecting youth with effective treatments and provide support during wait times.

### Treatments referred for:

**Child Parent Psychotherapy (CPP); Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT); Parent Child Interaction Therapy (PCIT); Attachment, Self-Regulation & Competency (ARC); Alternatives for Families; Cognitive-Behavioral Therapy (AF-CBT)**

## Key Features of LINK-KID

Parents, caregivers, and child-serving professionals (physicians, teachers, attorneys, etc.) are able to make just one referral to LINK-KID for treatment for their child, rather than make referrals to numerous local mental health agencies.

Calls are screened for trauma exposure and trauma-related symptoms. Appropriate treatment options are discussed with caregivers and/or referral sources.

LINK-KID coordinators update caregivers and referral sources on the status of the youth's referral.

Parents/caregivers receive psychoeducational materials related to their child's trauma exposure and symptoms; information on evidence based trauma treatments; and information on the healing process of trauma.

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