

PROMIS-E Versions
E-cigarette Dependence

(Morean et al. *Nicotine & Tobacco Research*, 2018, 1-9 doi:10.1093/ntr/ntx271)

	22-Item	8-Item	4-Item
I find myself reaching for my e-cigarette without thinking about it.	X	X	X
I drop everything to go out and buy e-cigarettes or e-juice.	X	X	X
I vape more before going into a situation where vaping is not allowed.	X	X	X
When I haven't been able to vape for a few hours, the craving gets intolerable.	X	X	X
When I'm really craving an e-cigarette, it feels like I'm in the grip of some unknown force that I cannot control.	X	X	
I crave vaping at certain times of day.	X	X	
My urges to vape keep getting stronger if I don't vape.	X	X	
After not vaping for a while, I need to vape in order to avoid feeling any discomfort.	X	X	
My desire to vape seems overpowering.	X		
Cravings for an e-cigarette make it difficult for me to quit.	X		
It is hard to ignore urges to vape.	X		
When I go without vaping for a few hours, I experience craving.	X		
I frequently crave e-cigarettes/vaping.	X		
The idea of not vaping causes me stress.	X		
When I run out of e-cigarettes or e-juice, I find it almost unbearable.	X		
I get a real gnawing hunger for an e-cigarette when I haven't vaped in a while.	X		
I vape even when I am so ill that I am in bed most of the day.	X		
When I go too long without vaping I feel impatient.	X		
It is hard for me to go without vaping for a whole day.	X		
When I go too long without vaping, I get strong urges that are hard to get rid of.	X		
Vaping is a large part of my daily life.	X		
I am tempted to vape when I realize I haven't vaped for a while.	X		