

# Tobacco Treatment Specialist Training

**Provided by UMass Chan Medical School,  
Center for Tobacco Treatment Research and Training**

Learn up-to-date, evidence-based strategies for working with individuals with tobacco use and dependence. Our training includes asynchronous online learning, interactive lectures, and small group practice exercises and role plays. Gain the skills and confidence to provide moderate to intensive treatment interventions to patients and clients within your setting.

## Training Description:

Our course has 2 components designed to help participants master the necessary core competencies for providing evidence-based treatment for individuals with tobacco use disorder:

- **TTS Training Part 1** – This 10-hour online training covers the determinants of tobacco use disorder, including biological, psychological, and social aspects; physical and behavioral health impact of tobacco use; and best practices for systems to support treatment of tobacco use disorder. TTS Training Part 1 must be completed before attending TTS Training Part 2.
- **TTS Training Part 2** - This 3-day, in-person or virtual training will cover pharmacotherapy; counseling skills; cognitive and behavioral strategies to assist tobacco users in quitting; and intake, assessment, and treatment planning.

Training includes manual and access to exclusive online resources

**Location:** Online asynchronous + Virtual (Zoom Meeting)

**Next training:  
March 24-26, 2026**



**For more information or to  
register contact our Center  
at [cctr@umassmed.edu](mailto:cctr@umassmed.edu)**

Successful completion meets the tobacco treatment training requirement for national certification by the  
American Heart Association and/or NAADAC

University of Massachusetts Tobacco Treatment Specialist Training Program is accredited by the Council for Tobacco Treatment Training Programs (CTTP)

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## Course Learning Objectives:

1. Define characteristics and process of motivational interviewing.
2. Demonstrate the basic skills of motivational interviewing.
3. Describe how to negotiate an action plan.
4. Describe various types of NRT and Non NRT medications available, how they work & general guidelines for use.
5. Describe and apply evidence-based medicine principles to pharmacological treatment for nicotine dependence.
6. Explain the anticipated effects of the available pharmacologic treatment in select medical conditions.
7. List additional special concerns and issues that affect the choice of pharmacologic treatment.
8. Apply knowledge of the use of pharmacotherapy to hypothetical cases.
9. Explore the integration of MI into later phases of tobacco treatment.
10. Describe foundation concepts that support tobacco treatment approaches.
11. Identify 6 components to address in tobacco treatment and interventions to support each component.
12. Review treatment considerations for priority populations.
13. Describe the key components of a comprehensive intake process including: demographics, tobacco use, quitting, and medical/psychiatric history, dependence, social, cultural, environmental factors.
14. Assess a tobacco user from a bio/psycho/social model
15. Conduct interviews in a manner which advances stage of change and promotes self-efficacy.
16. Develop a tailored treatment plan based on the assessment.

## ***CME Accreditation Statement –***

The University of Massachusetts Chan Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## ***Designation Statement***

The University of Massachusetts Chan Medical School designates this live activity for a maximum of **19.5 AMA PRA Category 1 Credit(s)<sup>™</sup>**. Physicians should claim only credit commensurate with the extent of their participation in the activity.

***Designation Statement- Nursing:*** This offering meets the requirements for a maximum of **23.4** contact hours, as specified by the Massachusetts Board of Registration in Nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spent in the educational activity.

**For more information about course content please go to:**

<https://www.umassmed.edu/tobacco/training>

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