Study Questions
Guidelines for Systems and Professionals

1. The 5As model of brief smoking cessation counseling is well-suited for primary care settings. The model includes which of the following components:
   a. Ask about a patient’s smoking status if time allows during the brief office visit.
   b. Advise smokers to quit smoking if they appear to be receptive to that message.
   c. Assist smokers in quitting by asking every smoker if they are willing to make a quit attempt, and assisting those who want to quit.
   d. Alter the smoking pattern of the patient by providing appropriate medication.

2. Which of the following is NOT part of a clinical system
   a. All hospital patients are screened for tobacco use status during intake.
   b. Many patients are not interested in quitting smoking.
   c. The out-patient clinical record includes a location to document counseling provided.
   d. Training in tobacco interventions is included in annual staff meetings.

3. Do you have a forum for discussing your concerns about your clients (e.g. a clinical supervisor)?
   If yes, describe: ____________________________________________________________

   If no, describe how you can make this happen: ______________________________

   ____________________________________________________________

4. List the key components of a thorough clinical note: ________________________

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5. List at least 5 systems barriers to addressing smoking cessation in a health care system. If you wish, you may identify 5 systems barriers you encounter in YOUR setting instead:

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