CORE VALUES

Which three are most important to you?

___ Responsibility, to do what I said I would do
___ Purpose, to have meaning and direction in my life
___ Helpfulness, to reach out to others
___ Inner peace, to find a sense of quiet/calmness
___ Justice, to promote fair and equal treatment for all
___ Hope, to see what happens in life in a positive way
___ Independence, to be able to meet my own needs
___ God’s will, to follow God’s plan for me
___ Loving, to give and receive love
___ Family, to have a happy, loving family
___ Spirituality, to grow and mature spiritually
___ Forgiveness, to be forgiving of others
___ Strength, to be physically fit and capable
___ Mental strength, to be mentally alert
___ Humor, to see the funny side of life
___ Friendship, to have close, supportive friends
___ Growth, to keep changing and growing
___ Health, to be physically well
___ Other ________________________________