Pharmacotherapy Review Questions

Test your knowledge of the pharmacotherapy information that was covered in Basic Skills for Working with Smokers. Work as a group to answer these questions – can you do it without using the guide?

1) Name the 7 first line medications approved for tobacco treatment.

2) Which of the 7 first line medications is the easiest to use and has been shown to have good compliance?

3) What are the instructions for the use of the nicotine gum?

4) Which NRT product is absorbed most rapidly?

5) At the end of one week of gradually increasing doses (titration), what is the full recommended dosage of Chantix?

6) How long before quit date should bupropion be started?

7) What dosage of the lozenge is recommended for someone who smokes within 30 minutes after waking?

8) What would you recommend to the client who complains of vivid dreams while on the patch?

9) How can nausea be minimized while taking varenicline?

10) What is the recommended full dosage of bupropion?

11) What would you recommend to the client who is experiencing some insomnia while taking bupropion?

12) What does one dose of the nasal spray consist of?

13) True or False: the nicotine contained in the oral inhaler is absorbed by inhaling into the lungs

14) What is the manufacturers recommended dosage of nicotine patch for a 20 cigarette per day smoker?

15) Name at least one advantage and one disadvantage for each of the 7 first line medications.