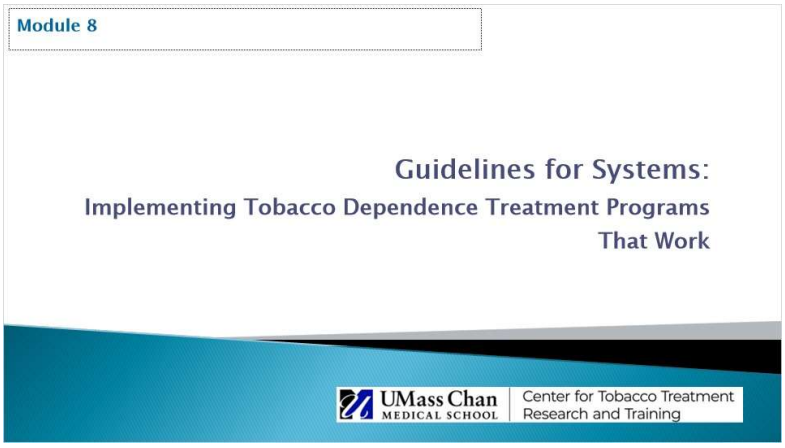
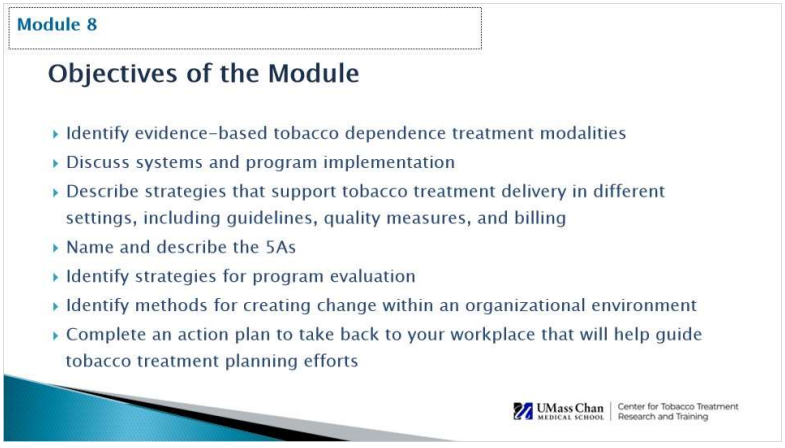
Module 8: Guidelines for Systems Programs That Work

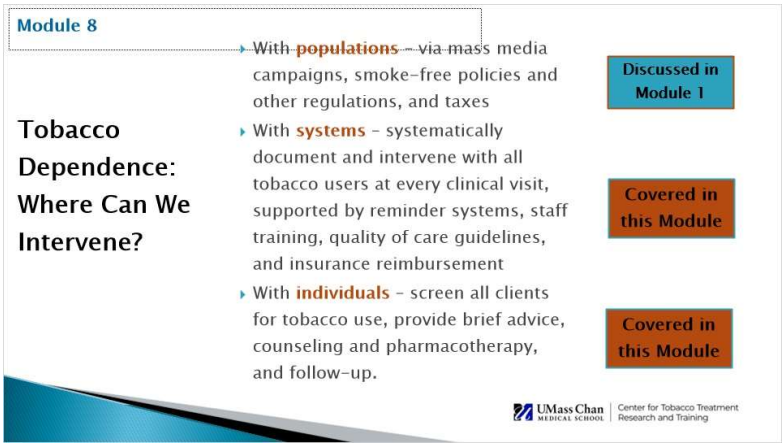
1.1 Guidelines for Systems:



1.2 Objectives of the Module

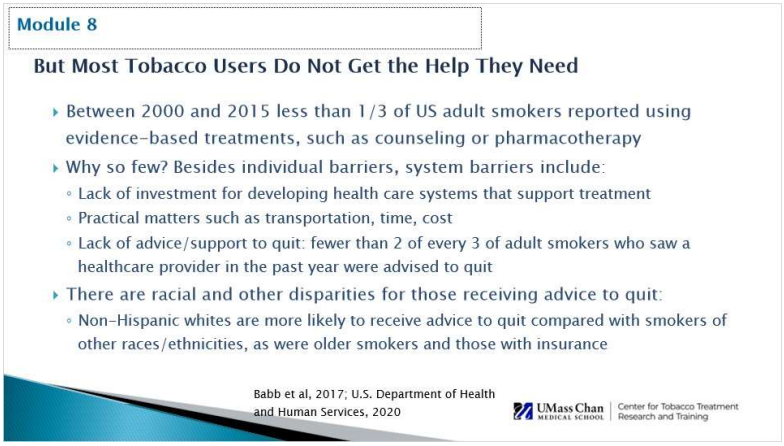


1.3 Tobacco Dependence: Where Can We Intervene?

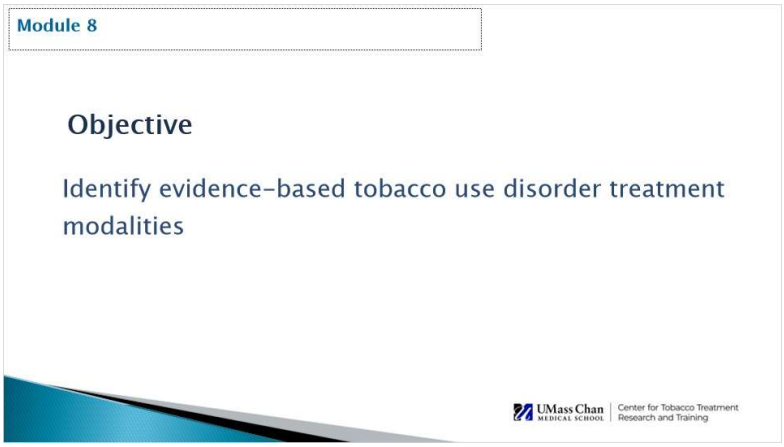


1.4 Do Tobacco Users Want to Quit? Most Do!

1.5 But Most Tobacco Users Do Not Get the Help They Need

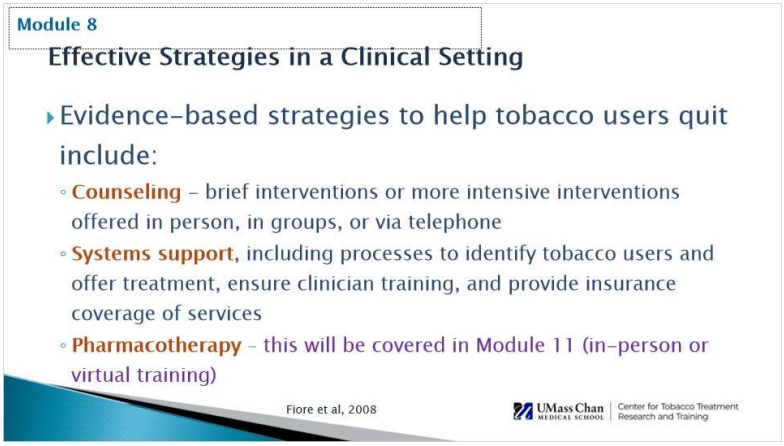


1.6 Objective



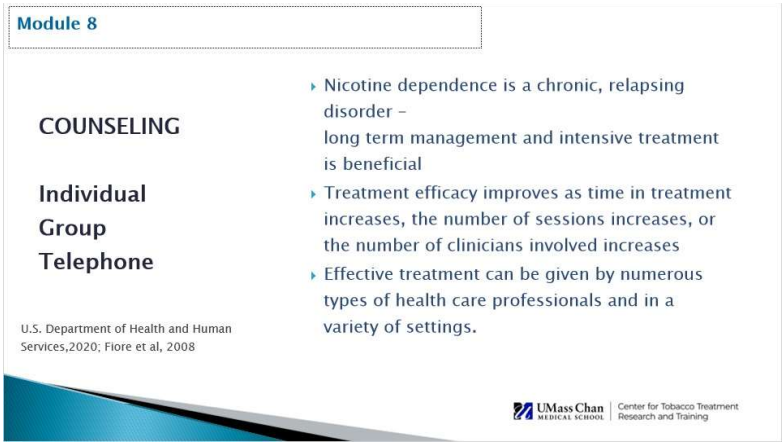
1.7 How Do We Know What Works?

1.8 Effective Strategies in a Clinical Setting

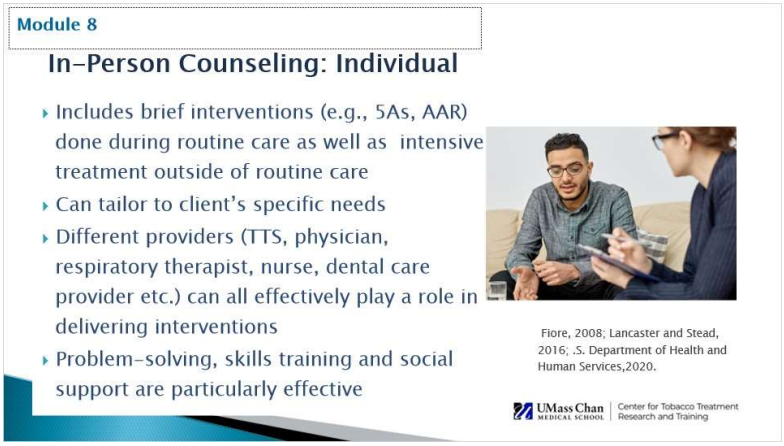


1.9 Many Treatment Modalities are Available

1.10 COUNSELING

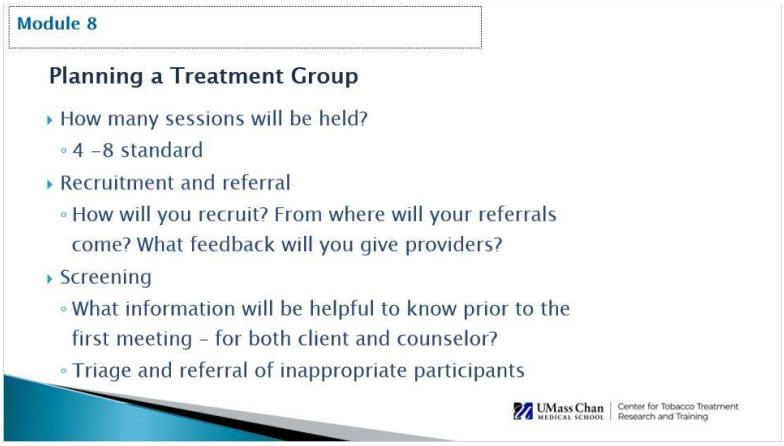


1.11 In-Person Counseling: Individual



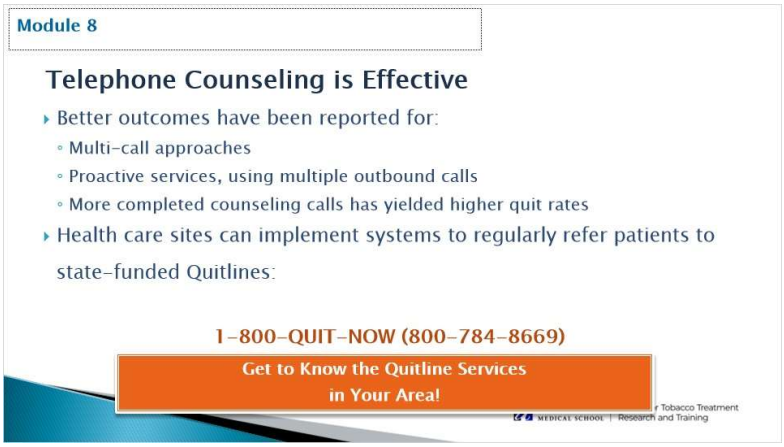
1.12 In-Person Counseling: Groups

1.13 Planning a Treatment Group



1.14 Telephone Counseling via Quitlines is Widely Available

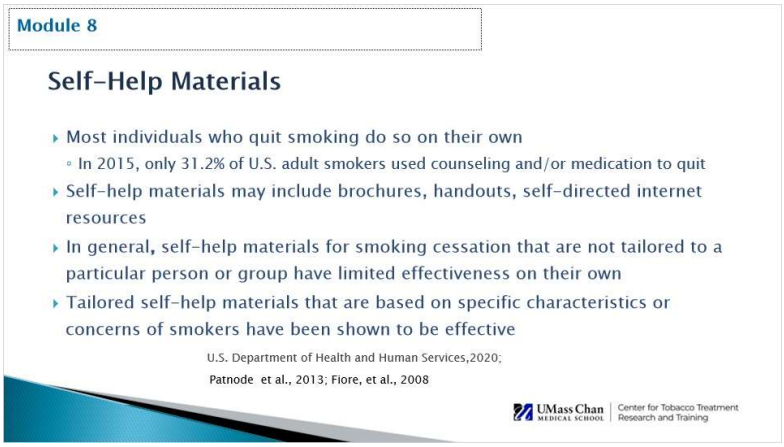
1.15 Telephone Counseling is Effective



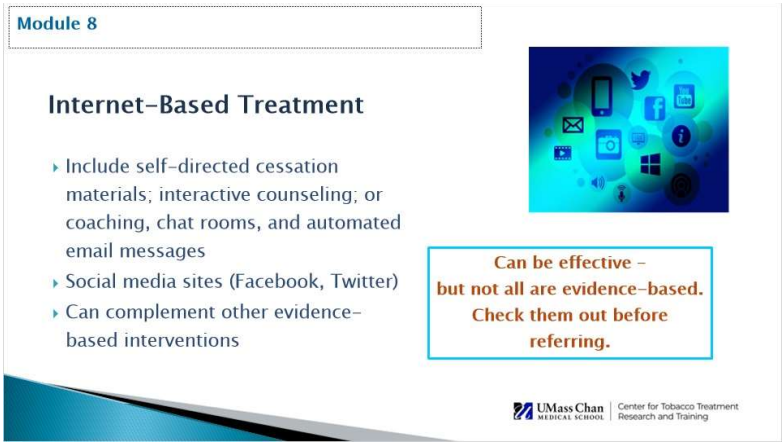
1.16 Treatment Efficacy by Modality

1.17 Choosing Treatment Type

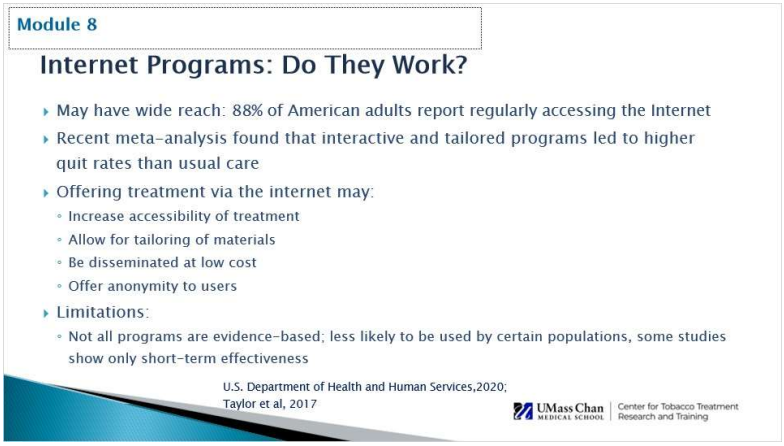
1.18 Self-Help Materials



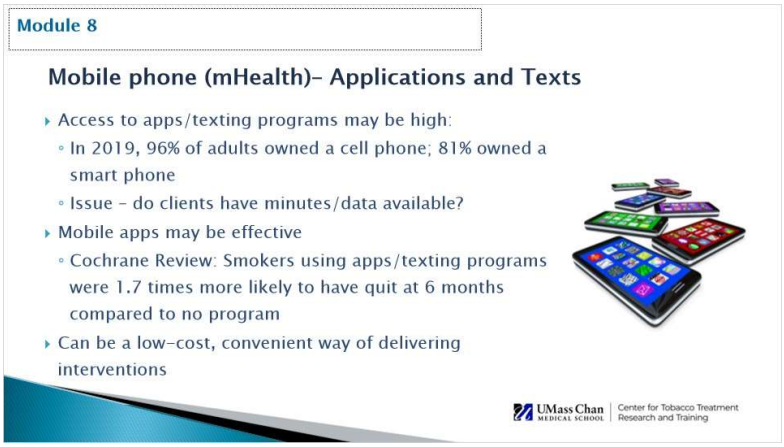
1.19 Internet-Based Treatment



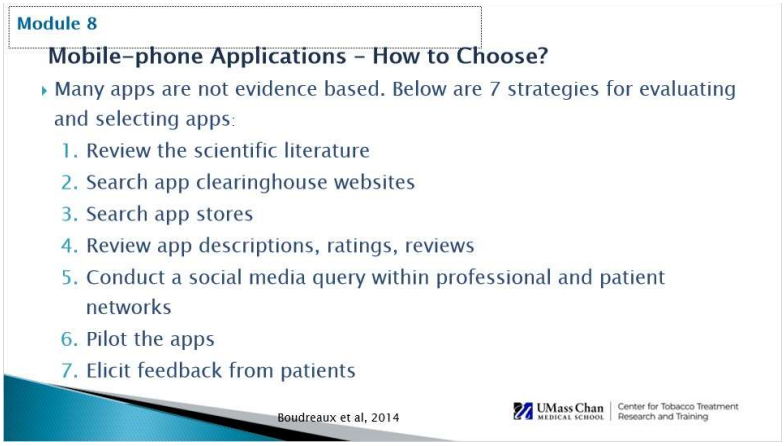
1.20 Internet Programs: Do They Work?



1.21 Mobile phone (mHealth)– Applications and Texts

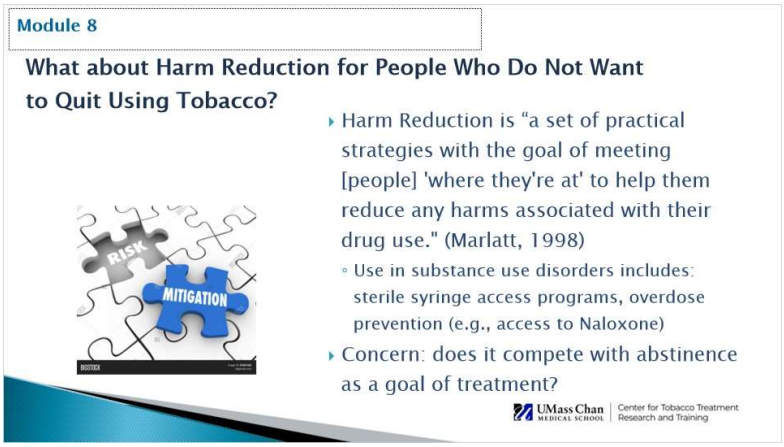


1.22 Mobile-phone Applications – How to Choose?

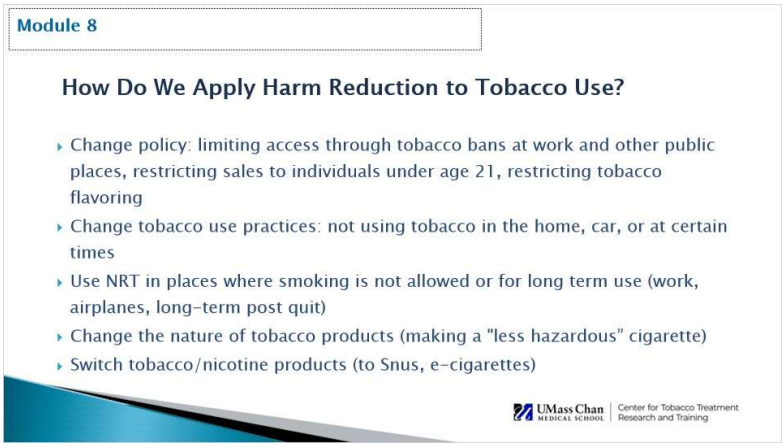


1.23 Suggestions for Mobile Phone Text Programs

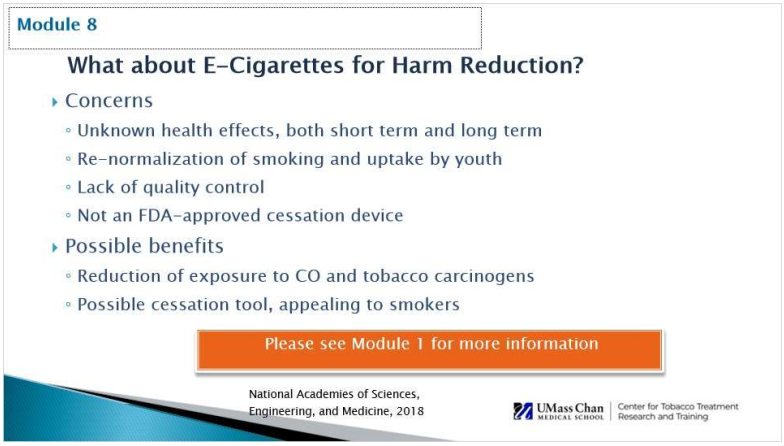
1.24 What about Harm Reduction for People Who Do Not Want to Quit Using Tobacco?



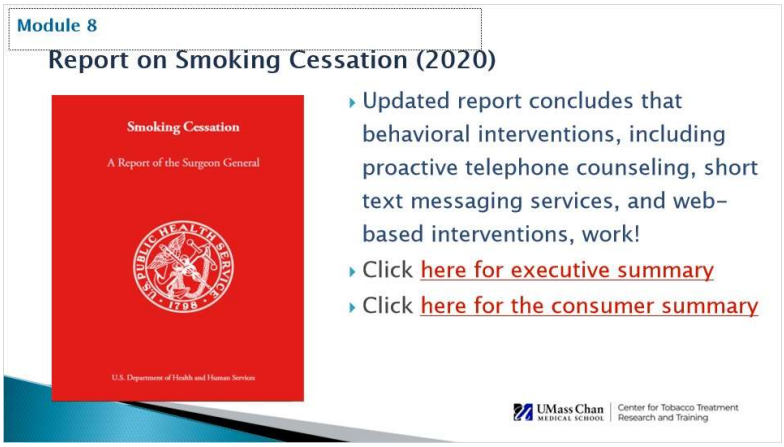
1.25 How Do We Apply Harm Reduction to Tobacco Use?



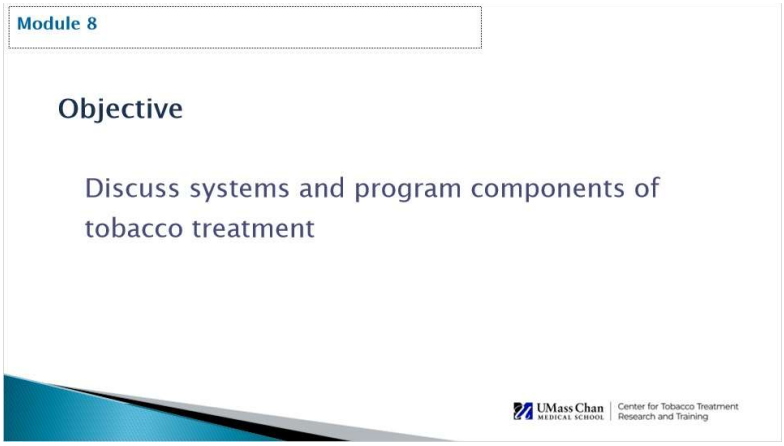
1.26 What about E-Cigarettes for Harm Reduction?



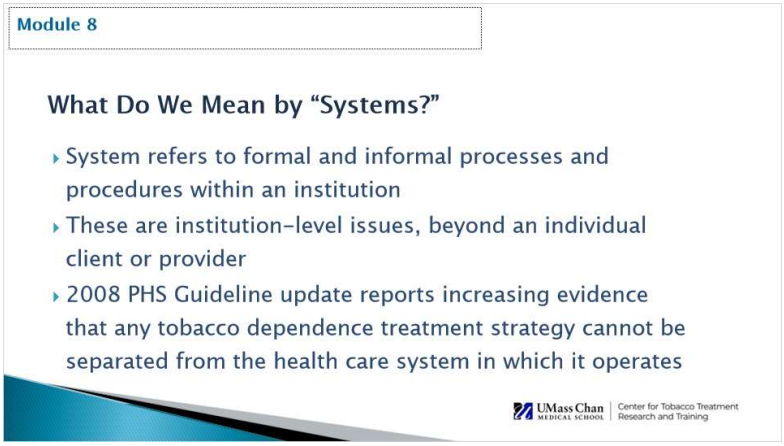
1.27 Report on Smoking Cessation (2020)



1.28 Objective

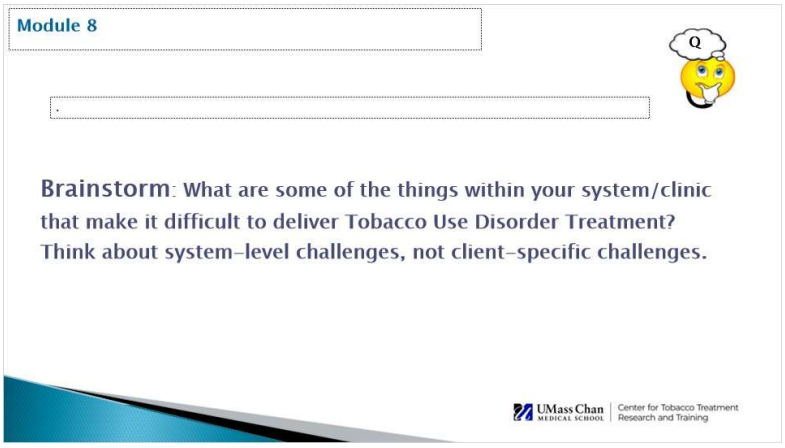


1.29 What Do We Mean by "Systems?"



1.30 How Do We Develop a System that Supports Tobacco Use Disorder Interventions?

1.31 Brainstorm: What are some of the things within your system/clinic



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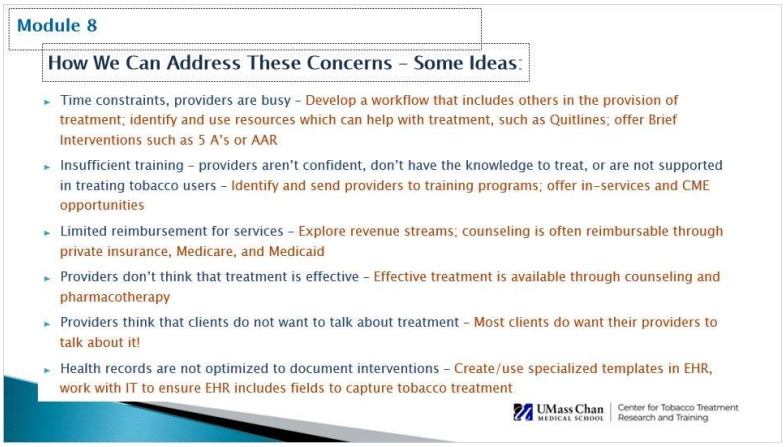
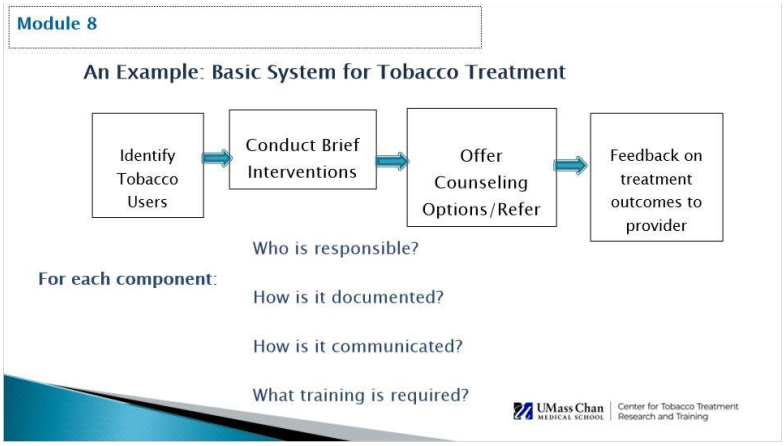
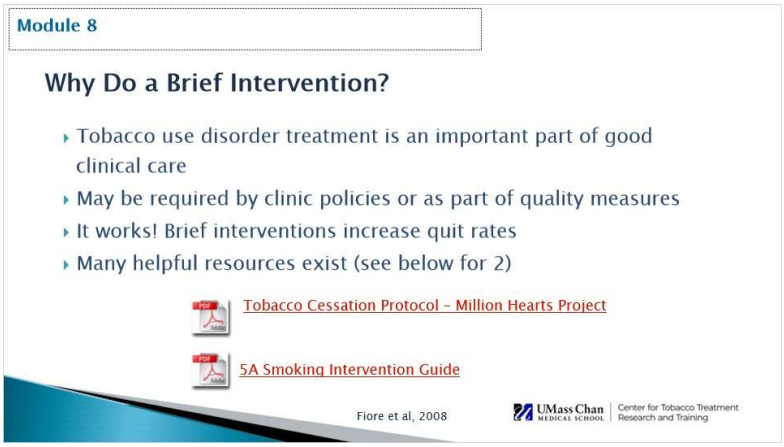


1.34 An Example: Basic System for Tobacco Treatment



1.35 Time a Barrier? Brief Tobacco Treatment Intervention: the 5A Model

1.36 Why Do a Brief Intervention?



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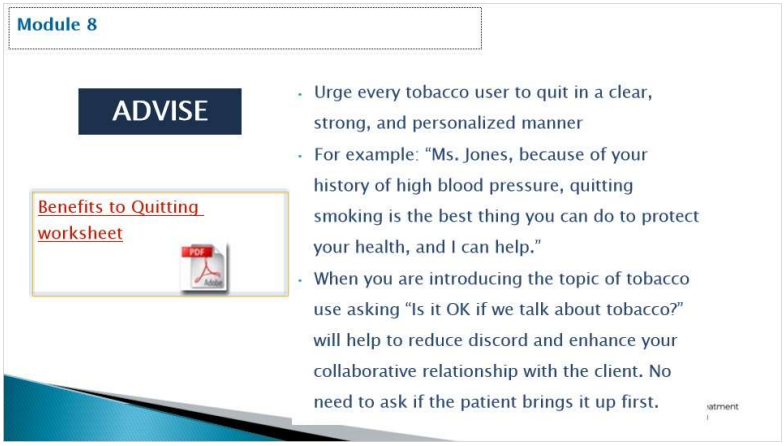

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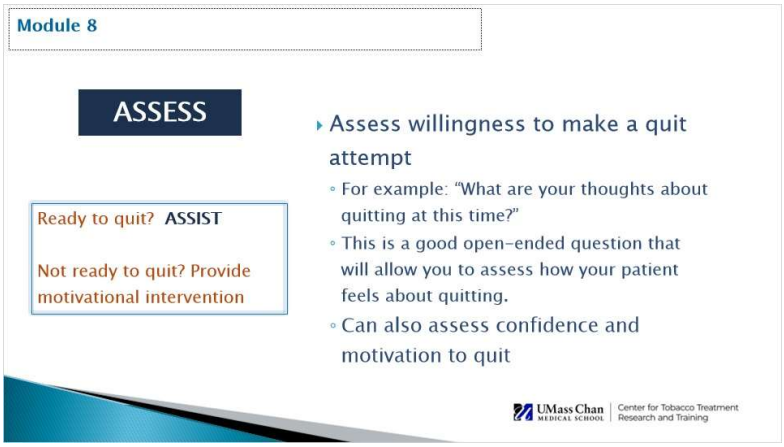

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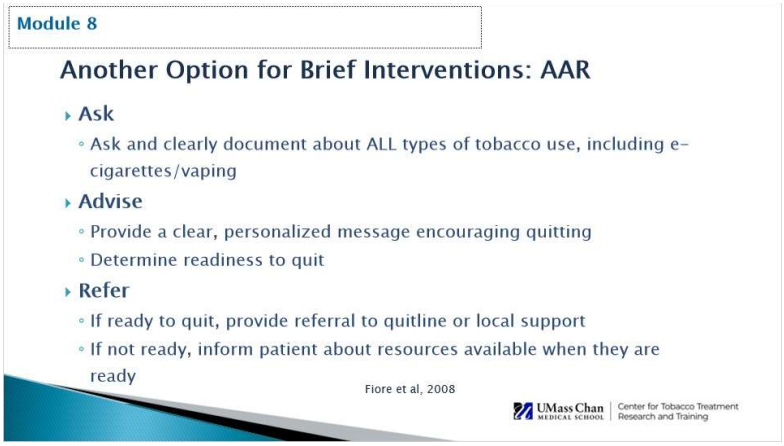
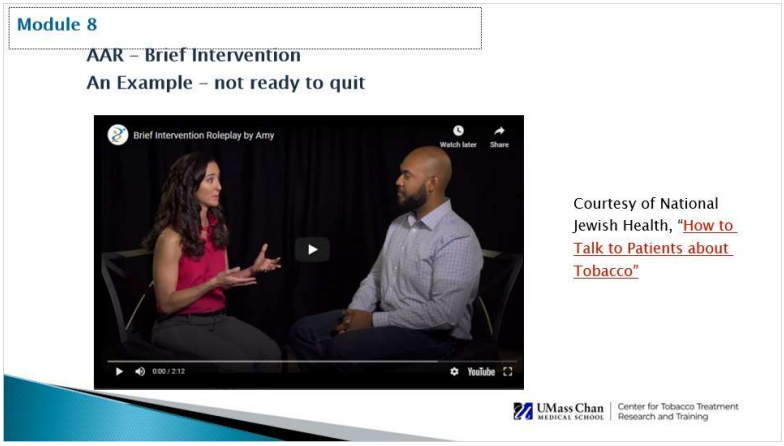
1.43 Another Option for Brief Interventions: AAR



1.44 AAR – Brief Intervention



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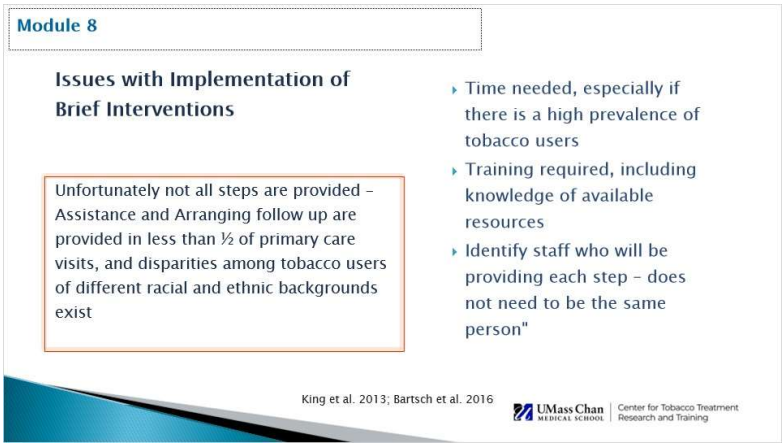
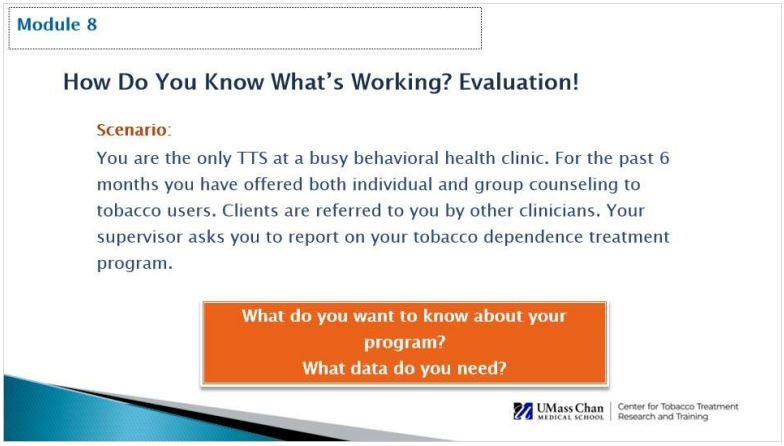
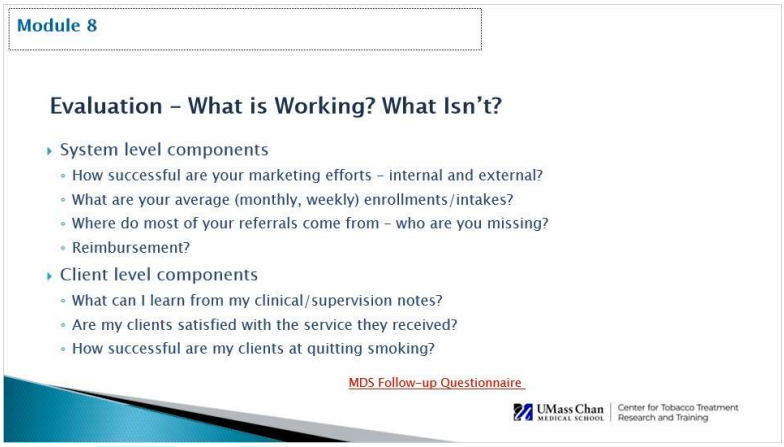


1.46 Accurate Documentation of Services is Important

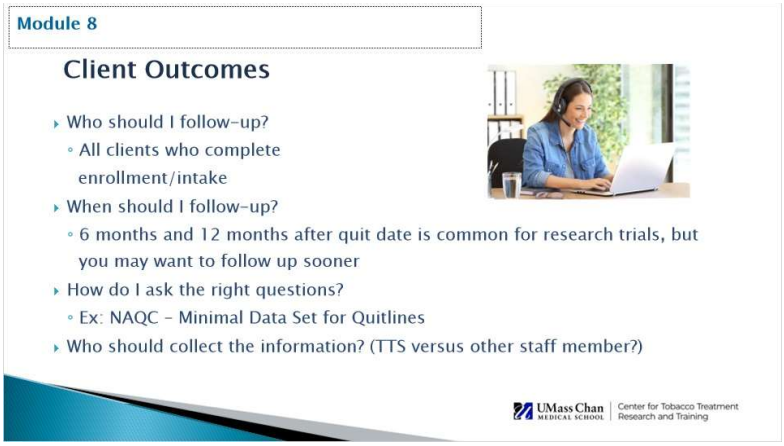
1.47 How Do You Know What's Working? Evaluation!



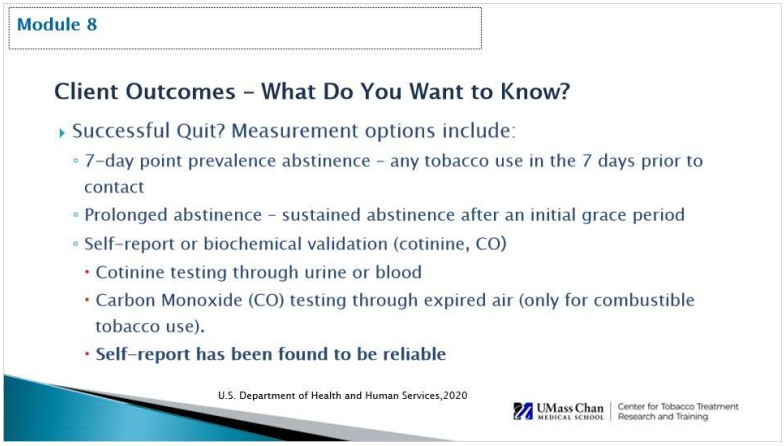
1.48 Evaluation – What is Working? What Isn't?



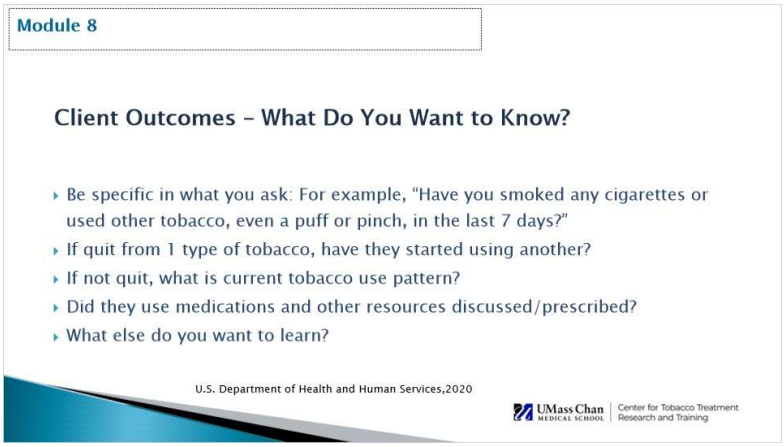
1.49 Client Outcomes



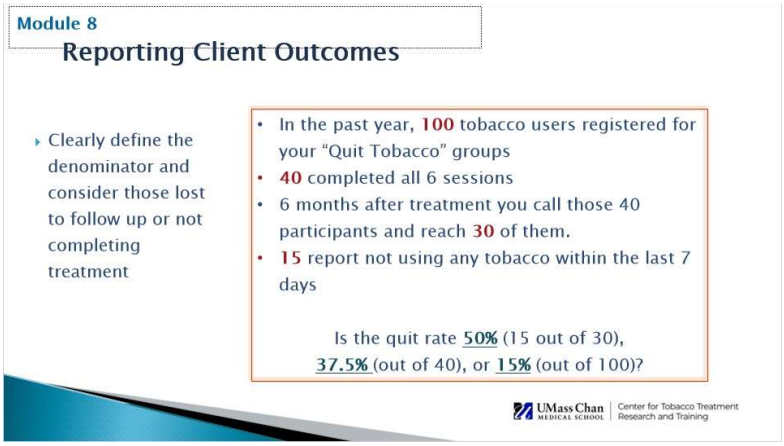
1.50 Client Outcomes – What Do You Want to Know?



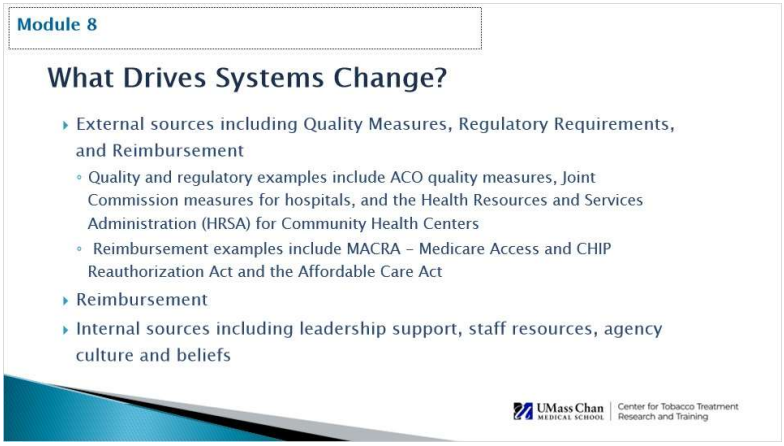
1.51 Client Outcomes – What Do You Want to Know?



1.52 Reporting Client Outcomes



1.53 What Drives Systems Change?



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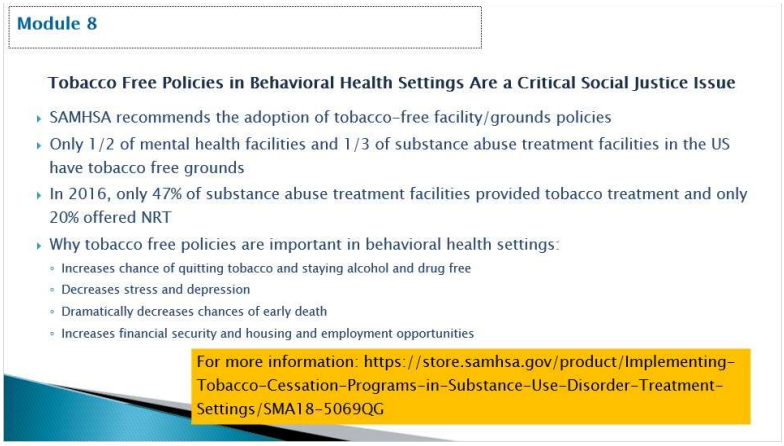
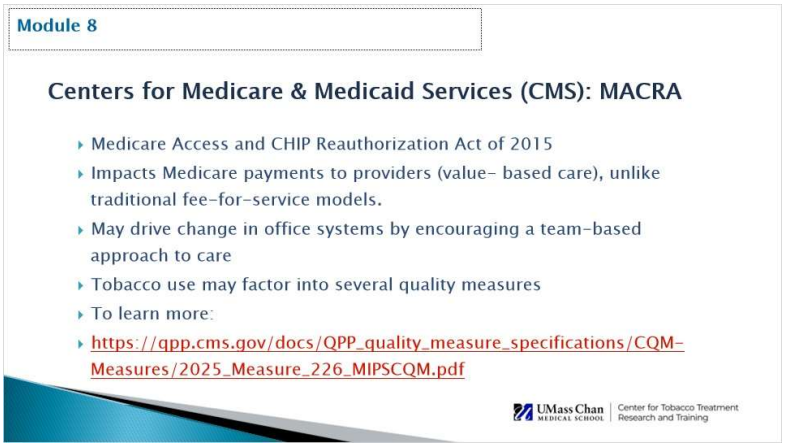
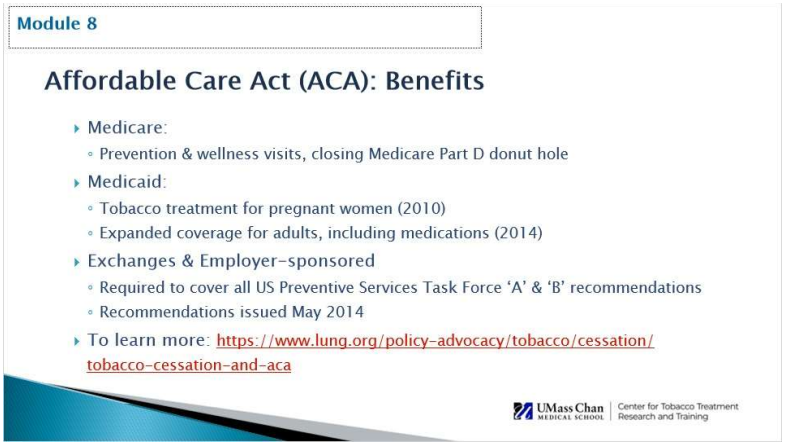


1.56 Steps to Develop Tobacco-Free Policy

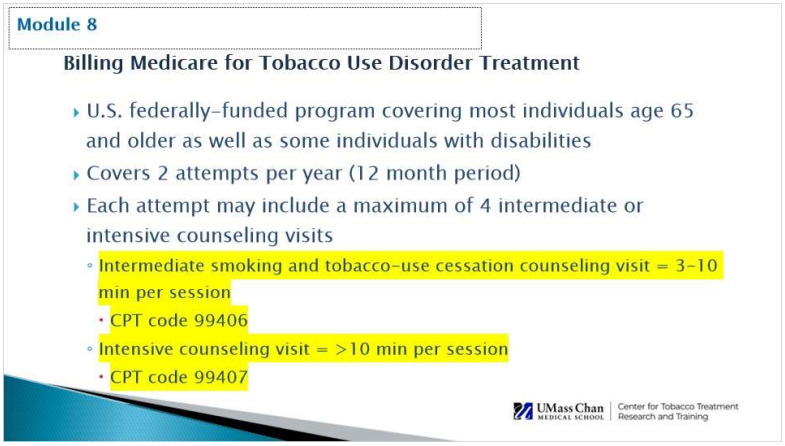
1.57 Centers for Medicare & Medicaid Services (CMS): MACRA



1.58 Affordable Care Act (ACA): Benefits



1.59 Billing Medicare for Tobacco Use Disorder Treatment

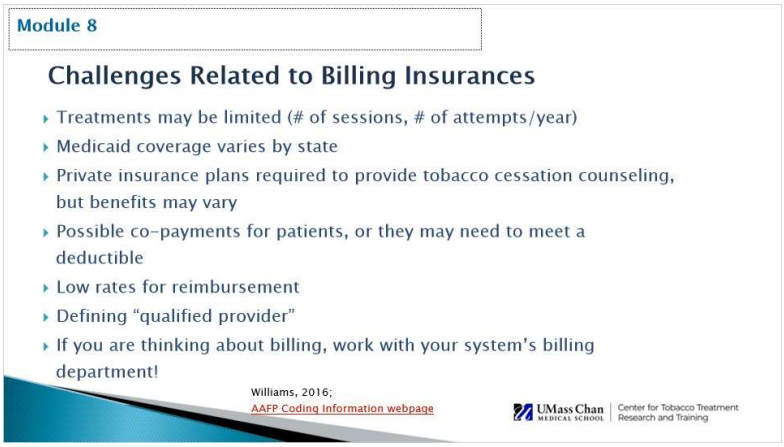


1.60 Billing – More Information about Medicare

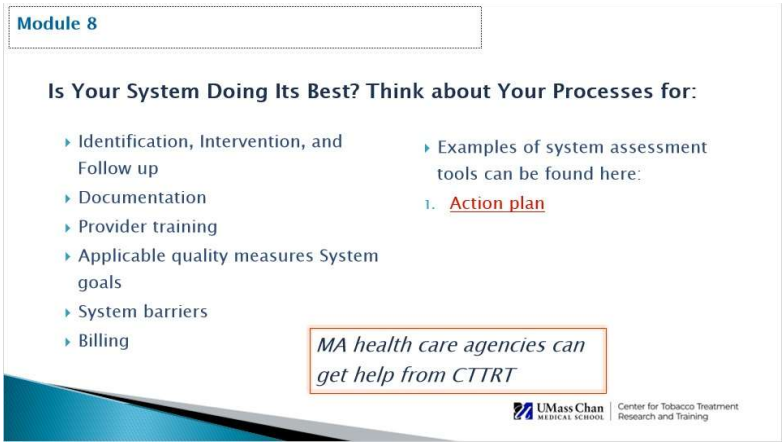
1.61 Billing Medicaid

1.62 Billing Private Insurance

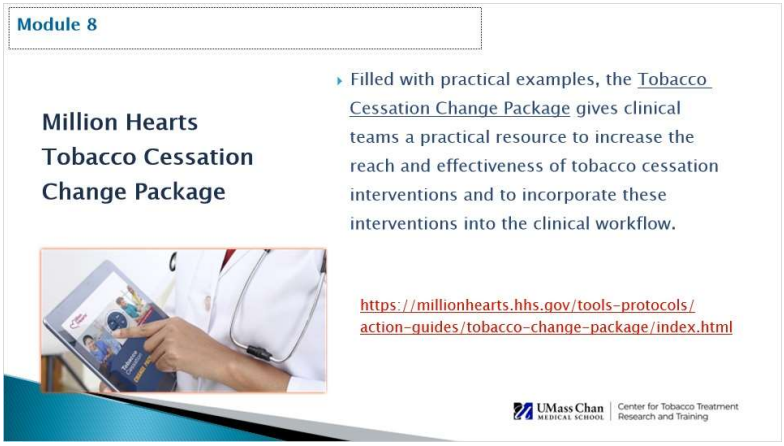
1.63 Challenges Related to Billing Insurances



1.64 Is Your System Doing Its Best? Think about Your Processes for:



1.65 Million Hearts Tobacco Cessation Change Package



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