Exploring the Concept of “Young Carer” in Families Living with Parental Mental Illness
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Background Information
The term “young carer” has been used in the literature to describe children providing care and assuming household responsibilities when parents have physical or mental disabilities (Horky & Becker, 2003). In the United Kingdom, carers have been termed “young carers” when they have provided care to someone who is mentally disabled, has a physical disability, is ill, or is elderly (Chapman, 2002). This term is also used in the United States to describe children providing care to someone who has a physical or mental disability.

Aims
1. To recast the role of young and homeless household responsibilities of children and youth living with parents with mental illnesses, since they are performed and the realities of the present day, we are exploring the daily activities and responsibilities of children and youth.

Methods
Data were collected from baseline interviews conducted with children and youth participants in the Family Options study. Interviews were conducted with 87 children and youth participants in the Family Options study. The study included children and youth living with parents with mental illnesses.

Results
What is the role of children and youth who care for their parents? This question is important for understanding the experiences of children and youth living with parents with mental illnesses. By understanding the experiences of children and youth, we can better understand the impact of living with a parent who has a mental illness.

Discussion
While children provide care and other responsibilities for their parents, their perspectives and experiences are often overlooked. Understanding the experiences of children and youth living with parents with mental illnesses is important for improving their quality of life and well-being. This research highlights the importance of considering the experiences of children and youth in understanding the impact of mental illness on families.

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