Research and dissemination activities are singularly focused on developing knowledge for and about developmentally appropriate services that help Transition Age Youth and Young Adults (TAYA) with Serious Mental Health Conditions (SMHC) successfully complete their schooling and training and launch their adult working careers.

**TRANSITIONS RTC**

The Learning and Working During the Transition to Adulthood Rehabilitation Research and Training Center (Transitions RTC) conducts research, training, dissemination and technical assistance activities. The aim of these activities is to improve supports for the successful completion of schooling and training and movement into rewarding work lives in young people, ages 14-30, with serious mental health conditions. The RTC conducts cutting-edge rigorous research that tests or informs interventions that support education, training and working during the transition to adulthood. The RTC’s research and dissemination activities are conducted in partnership with youth and young adults with mental health conditions, and input from family members. The translation of this knowledge speeds capacity building for service providers and the movement of findings into practice and policy. The RTC is funded by a 5-year grant from the National Institute on Disability and Rehabilitation Research.

**PRINCIPLES**

- Support the movement from student to worker
- Examine psychosocial maturation and its implications for interventions
- Conduct participatory action research and dissemination

**PARTICIPATORY ACTION RESEARCH**

Jonathan Delman, M.P.H., J.D., Associate Director

Research, training, and dissemination activities are guided by consumer transition age youth and young adults (TAYA) Project Associates (PA’s) working at the RTC. Project Associates will gather the voice of youth across the nation and:

- review thorough research training and consultation
- advise the RTC research and training staff
- conduct research interviews
- assist in developing and/or conducting trainings
- communicate research findings to young adult consumers

**MISSION**

The Learning and Working During the Transition to Adulthood Rehabilitation Research and Training Center (Transitions RTC) conducts research, training, dissemination and technical assistance activities. The aim of these activities is to improve supports for the successful completion of schooling and training and movement into rewarding work lives in young people, ages 14-30, with serious mental health conditions. The RTC conducts cutting-edge rigorous research that tests or informs interventions that support education, training and working during the transition to adulthood. The RTC’s research and dissemination activities are conducted in partnership with youth and young adults with mental health conditions, and input from family members. The translation of this knowledge speeds capacity building for service providers and the movement of findings into practice and policy. The RTC is funded by a 5-year grant from the National Institute on Disability and Rehabilitation Research.

**RESEARCH PROJECTS**

**Study A1. Making a Difference in High School**

Lynn Newman, Ph.D. & Mary Wagner, SRI International

**Study A2. Age-Associated Need, Services, & Outcomes of Participants Enrolled in Supported Education**

Kenneth Gill, Ph.D., CPRP, (UMDNJ)

**Study A3. Adapting Evidence-Based Supported Employment for Transition Age Youth**

Sandra Wilkness, Ph.D., Thresholds

**Study B1. Support of Schooling & Early Employment in Justice-System Involved Emerging Adults**

Maryann Davis, Ph.D., UMMS

**Study B2. Job Seeking Experiences & Employers’ Perceptions of TAYA with Serious Mental Health Conditions**

William Fisher, Ph.D. & Charles Lidz, Ph.D., UMMS

**Study B3. Appealing Features of Vocational Supports for Latino & Non-Latino TAYA Consumers**

Rosalie Torres Stone, Ph.D., UMMS

**Study C1. Improving Child & Adult Mental Health Services Coordination**

Maryann Davis, Ph.D., UMMS & Nancy Rosell, Ph.D., Portland RTC