

## Relationships and Recovery: Advancing the Research

2012 Massachusetts Department of Mental Health Research Centers of Excellence Conference

Worcester, MA

Thursday, March 8, 2012

8:15-9:00      **Registration, Coffee and Poster Set Up**

### Welcome and Introductions

9:10            Marcia Fowler – *Commissioner, MA Department of Mental Health*

9:15            Debra Pinals, MD – *Interim Deputy Commissioner for Clinical & Professional Services, MA DMH*

9:20            Douglas Ziedonis, MD, MPH – *Chair, Department of Psychiatry, University of Massachusetts Medical School*

9:25            David Jimerson, MD – *Acting Chair, Department of Psychiatry, Beth Israel Deaconess Medical Center, Harvard Medical School*

### Consumer Voice in Research: Massachusetts DMH and the Research Centers of Excellence

9:30            Jack Grillo – *Chair, Center for Mental Health Services Research MHE & You Committee*

Larry Seidman, PhD – *Director, Commonwealth Research Center; Member, CRC Consumer Advisory Board*

### What Matters Most? The Role of Relationships in Treatment Settings

9:45            Jonathan Delman, PhD - *Relationships as the Foundation of Shared Decision Making: The Experience of Young Adults with Mental Health Conditions*

10:15          Kathleen Biebel, PhD – *Relationships as Key to Recovery for Perinatal Women Living with Depression*

10:45          Discussion facilitated by Larry Seidman

11:00-11:30    **Mindfulness Activity** – Fernando deTorrijos, TTS

11:30-12:45    **Lunch** (on your own)

11:30-12:45    **Poster Session**

### The Value of Peer Relationships to Recovery for Adolescents and Young Adults

12:45          Maryann Davis, PhD – *Coaches Versus Counselors: Relationship Differences in Supporting Employment Goals*

1:15            Jude Leung, PhD – *Friendships of Adolescents and Young Adults in Early Psychosis*

1:45            Discussion facilitated by Carl Fulwiler, MD, PhD - *Acting Director, CMHSR*

2:00-2:15      **Break**

### Participatory Workgroups

2:15            Breakout groups

#1: What are the clinician/consumer relational styles that enhance treatment outcomes? -  
Leader: Jonathan Delman

#2: What is the future of research regarding relationships and recovery? – Leader: Matcheri Keshavan

#3: What works when disseminating research findings? - Leaders: Jack Grillo & Carl Fulwiler

3:15            Workgroup report back and discussion – Leaders: Carl Fulwiler & Larry Seidman

### Wrap-Up and Final Remarks

3:45            Jack Grillo and Larry Seidman