



# Advanced Mental Health Care in Primary Care

A Course for Physicians and Advanced Practice Providers

**Designed for:** Physicians, nurse practitioners, and physician assistants

**Cost:** \$1800, discounts for groups of 10 or more.

**When:** This course is offered in full twice a year (Spring & Fall), as well as an accelerated summer session.

**CME/CE:** 36 hours CE/CME credits are offered from American Academy of Family Physicians (AAFP)

**About:** This course addresses the real-life, complex patient presentations we see in primary care every day. Increase your confidence, knowledge, skill, and capacity to treat mental health conditions.

#### Some of the many topics covered in this course:

- Mental Health and Primary Care in our Current Society
- Initial Principles of Mental Health Care & Patient Engagement
- Mental Health and Substance Use Screening
- Connecting Patients with a Behavioral Health Clinician
- What Sets the Stage: Chronic Stress, Adversity, and Trauma
- Sleep Health is a Foundation of Mental Health
- Responses and Adaptations to Trauma and Stressors
- Depression
- Anxiety, Obsessions, and Compulsivity
- Care of Patients with Medically Unexplained Symptoms
- Substance Use
- Attention and Hyperactivity Across the Lifespan
- The Bipolar Spectrum
- Psychosis and Altered Perceptual Experiences
- Counseling Approaches Tailored for Primary Care Clinicians

**16 self-paced modules** that cover critical aspects of mental health care tailored to the practical needs of primary care clinicians.

**5 live online sessions** - Focused on didactic content that is ever changing, these live sessions are as up to date as the moment they're presented.

**5 Complex Clinical Cases** - The purpose of this series is to take content that you're learning throughout the course and apply it to the very complex cases we see in primary care.

**2 Curb Side Consultation Sessions** - Opportunity to get more challenging, case based questions answered with nuance in real-time with all 3 course faculty!

**CIPC**  
Center for Integrated Primary Care  
UMass Chan Medical School  
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#### Contact Information:

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