

Center for Integrated Primary Care – UMass Chan

Customized Education & Training Areas of Expertise

Email cipc@umassmed.edu for training inquiries

Learn more about CIPC at www.umassmed.edu/cipc

The CIPC provides custom workforce development training, consultation, and technical assistance, in addition to our [course catalog](#). This document provides an overview of training expertise of the CIPC faculty and examples of customized trainings we offer.

Training Modalities

Live trainings (in-person or virtual)

Live workshops (full or half day)

Project ECHO programs with case-based learning and consultation

Multi-session training series for longitudinal skill development

Self-paced online modules and recorded trainings

Consultation and technical assistance for program development, implementation and workforce development

Motivational Interviewing and Health Behavior Change Counseling for Healthcare Professionals

Audience & Focus: Training for healthcare professionals seeking practical communication skills to help patients make meaningful health behavior changes in medical settings.

Example training topics include:

- Beginner, intermediate, and advanced training Motivational Interviewing (MI)
- Supporting patients experiencing ambivalence about change
- Applying MI and behavior change counseling across diverse clinical settings and situations

Identification, Treatment, & Management of Behavioral Health Conditions Tailored for Primary Care Medical Providers

Audience & Focus: Skills-based training tailored specifically for primary care medical providers (Physicians, Nurse Practitioners, and Physician Assistants) to strengthen confidence in addressing behavioral health concerns during routine primary care visits.

Example training topics include:

- Beginner, intermediate, and advanced trainings in managing common behavioral health presentations in primary care, such as mood and anxiety disorders
- Tailored trainings based on unique clinic and clinician needs (ex. management of ADHD, medically unexplained symptoms, substance use disorders)
- Integration of evidence-based practice guidelines, psychopharmacology, and communication and counseling skill interventions

Integrated Behavioral Health in Primary Care

Audience & Focus: Training for healthcare leaders, clinicians, and teams in implementing or strengthening integrated behavioral health services in primary care settings.

Example training topics include:

- Interdisciplinary trainings on the Primary Care Behavioral Health (PCBH) model
- Skill building in team-based care and interdisciplinary collaboration
- Strengthening clinical workflows for behavioral health in primary care
- Empowering teams to address mental health and substance use concerns in routine visits
- Leadership-tailored training to emphasize key structural supports required for PCBH sustainability
- Technical assistance in PCBH implementation

Screening, Diagnosis, Treatment, and Recovery Support for Substance Use Disorders in Primary Care

Audience & Focus: Training for primary care team members to strengthen their ability to care for patients with substance use disorders.

Example training topics include:

- Screening and identification of substance use disorders
- Patient-centered clinical assessment and diagnosis
- Evidence-based treatment approaches
- Recovery-oriented care and relapse prevention
- Supporting patients with co-occurring mental health conditions

Medication Treatment for Opioid Use Disorder (MOUD) and Other Substance Use Disorders in Clinical Practice

Audience & Focus: Training to increase clinician's confidence in prescribing and managing medications for opioid use disorder and other substance use disorders.

Example training topics include:

- Integrating medication treatments for SUDs into primary care workflows
- Initiating and stabilizing medications such as buprenorphine + ongoing medication management and monitoring
- Communication and counseling skills grounded in respect for autonomy, clinical humility, and harm reduction principles.
- Addressing common clinical challenges in addiction treatment

Safe Opioid Prescribing, Chronic Pain Management, and Communication Strategies for Patients with Substance Use Risk

Audience & Focus: Training for clinicians managing chronic pain while minimizing opioid-related risks.

Example training topics include:

- Risk assessment and opioid stewardship
- Alternatives to opioid therapy when appropriate, sensitive to social context and access
- Managing opioid tapering conversations
- Communication strategies for difficult clinical discussions
- Addressing substance use concerns in the context of opioid therapy
- Communication and counseling interventions focused on supporting value-aligned functional goals

Interdisciplinary Team Training for Integrated Primary Care

Audience & Focus: Training designed to strengthen collaboration among multidisciplinary primary care teams.

Example training topics include:

- Team-based care models in integrated settings
- Communication and coordination among clinicians
- Clarifying roles across medical and behavioral health providers
- Strategies for improving patient-centered care across teams
- Managing complex patients with medical and behavioral health needs

Trauma-Informed Care in Healthcare Settings

Audience & Focus: Training for multidisciplinary primary care teams in trauma-informed approaches within primary care and other medical settings.

Example training topics include:

- Understanding how trauma impacts health and healthcare engagement
- Creating clinical environments that promote safety and trust
- Supporting patient autonomy and dignity
- Trauma-informed strategies for working with patients experiencing mental health and substance use disorders