

Audrey Hunter RN, BA, HNC is a well-respected Holistic Nurse who has been a pioneer in sharing her knowledge about the Mind/Body/Spirit connection towards wellness. She has presented workshops to physicians, nurses, health care educators and other healthcare providers in area hospitals. She also taught programs for medical students at UMass Medical School, Worcester, Ma.

Audrey was instrumental in developing a Complementary Health Care Associates Degree Program in a Community College, and was a consultant in the development of a hospital wide Reiki Program at Boston Medical Center.

Professionally Audrey for many years has worked in the field of Mental Health and Addictions. She has developed and integrated a Holistic Stress Reduction philosophy at The McLean Center at Fernside, Princeton, Ma.

When not working Audrey can be found walking near her home or along the beaches of Cape Cod, or being an amateur bird watcher. Another of her passions is being involved with *Forward in Health* a non-profit organization who provides health care to children in the Les Cayes area of Haiti.