

**Dr. Fan delivered a Webinar on Asian cultures, anti-Asian racism, and mental illness (5/19/2021)**

May is Asian Pacific American Heritage Month. For many Asian Americans, Asian cultures have shaped their explanatory models of health including mental health. On May 19<sup>th</sup>, 2021, Dr. Xiaoduo Fan delivered a webinar entitled "Understanding and Treating Psychosis and Other Mental Illnesses in the Context of Asian Cultures and Anti-Asian Racism".

In this event, Dr. Fan provided a brief analysis on how Asian religious and philosophical traditions affect the understanding, clinical manifestation and treatment seeking behaviors of people with psychotic disorders and other mental illnesses. In addition, the mental health toll of anti-Asian racism and being a "model minority" were presented. During the second part of the event, Dr. Fan led a clinically oriented discussion to address the barriers to improve mental health care for Asian Americans.

This webinar was part of an initiative by the Substance Abuse and Mental Health Services Administration (SAMHSA)'s New England Mental Health Technology Transfer Center Network (MHTTC), which provides training, technical assistance, and tool and resource development to enable states and mental health practitioners to provide recovery-oriented practices within the context of recovery-oriented systems of care (see <https://mhffcnetwork.org/centers/new-england-mhffc/home>). ASWB, NAADAC, and NBCC certificates of completion and CEUs for a total of 1.5 hours were provided.