

## FAGERSTROM TEST FOR NICOTINE DEPENDENCE - SMOKELESS TOBACCO

	Answers	Points
1. How soon after you wake up do you place your first dip?	1. <input type="checkbox"/> within 5 minutes <input type="checkbox"/> 6 - 30 minutes <input type="checkbox"/> 31 - 60 minutes <input type="checkbox"/> after 60 minutes	3 2 1 0
2. How often do you intentionally swallow tobacco juice?	2. <input type="checkbox"/> always <input type="checkbox"/> sometimes <input type="checkbox"/> never	2 1
3. Which chew would you hate to give up most?	3. <input type="checkbox"/> the first one in the morning <input type="checkbox"/> any other	1 0
4. How many cans/pouches per week do you use?	4. <input type="checkbox"/> more than 3 <input type="checkbox"/> 2 -3 <input type="checkbox"/> 1	2 1 0
5. Do you chew more frequently during the first hours after awakening than during the rest of the day?	5. <input type="checkbox"/> yes <input type="checkbox"/> no	1 0
6. Do you chew if you are so ill that you are in bed most of the day?	6. <input type="checkbox"/> yes <input type="checkbox"/> no	1 0

Ebbert JO, Patten CA, and Schroeder DR. *The Fagerström Test for Nicotine Dependence-Smokeless Tobacco (FTND-ST)*. Addictive Behaviors, Volume 31, Issue 9, September 2006, Pages 1716-1721