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Welcome to Nicotine Anonymous (NicA)

Nicotine Anonymous ("NicA") is a non-profit 12-step fellowship of men and women helping each other live nicotine-free lives. Nicotine Anonymous welcomes all those seeking freedom from nicotine addiction, including those using cessation programs and nicotine withdrawal aids. The primary purpose of Nicotine Anonymous is to help all those who would like to cease using tobacco and nicotine products in any form. The Fellowship offers group support and recovery using the 12 Steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine.



Folletos en español

Ocho folletos están disponibles en nuestra tienda [on-line](#).

OTHER FEATURED LITERATURE:

ABSTINENCE: WHAT IS IT?

Explains the Nicotine Anonymous fellowship's definition of abstinence from nicotine based on five of our Traditions. [Order now](#)

OUR POLICY OF OPENNESS: OUR HIGHER POWER AS WE MAY EACH COME TO UNDERSTAND

Explains our open policy regarding each member's own understanding of a Higher Power and spirituality. [Order now](#)

WORLD SERVICES, MY INTERGROUP, AND ME

Includes the many services provided by Nicotine Anonymous World Services and Intergroups. [Order now](#)

DID YOU KNOW?

You do not need to have stopped smoking to come to Nicotine Anonymous meetings! All you need is to have a desire to stop smoking.

WHAT'S NEW in NicA

- [Read the June edition of SevenMinutes](#)
- [Voices of Nicotine Recovery starting a Spanish Speaking Meeting on June 6](#)
- [Third Anniversary Party for Midway Nicotine Anonymous, June 20, St. Paul, Minnesota](#)
- [NJ/PA Intergroup 27th Annual Funweekend, July 7-9, 2017 in Phoenixville, PA](#)
- [Save the date! Northern California One Day Retreat, July 15, 2017 - Click for more info](#)
- [24th annual Clean in the Catskills weekend retreat October 13-15 in Tannersville, NY](#)
- [View Internet & Social Media Guidelines](#)
- [Order a Step Study Workbook!](#)
- [Subscribe to NicA News to keep up to date on what's going on in the Fellowship](#)
- [Make a Gift of Gratitude to help carry the message of freedom from nicotine!](#)

[SEE ALL](#)

New NicA face-to-face meetings:

ALMATY, KAZAKHSTAN

@ 8:00 PM LOCAL TIME SATURDAYS

365, Tlendiyeu

WEST BABYLON, NY

@ 7:00 PM EST TUESDAYS

West Babylon Public Library