## NICOTINE DELIVERED BY TOBACCO PRODUCTS

NICOTINE DELIVERY DEVICE - TOBACCO	Nicotine In Product	Approximate Amount of Nicotine Delivered to User	Comments
Marlboro Red	13 mg	1 to 3 mg	Also delivers
Marlboro Light	13 mg	1 to 3 mg	a wide range of
Cigars	10 to 440 mg	Highly variable	carcinogens and other toxins.
Moist Snuff	4 to 12 mg/gm	Varies depending on pH & other characteristics	
Bidis		1.8 to 5.6 mg	

<sup>1.</sup> Nicotine and Public Health Ferrence, R & Slade, J: APHA Washington DC, 2000

<sup>2.</sup> www.trytostop.org Resources - Tobacco Products.© 2000-2001 Massachusetts Department of Public Health