

CORE VALUES

Which three are most important to you?

_____ **Responsibility**, to do what I said I would do

_____ **Purpose**, to have meaning and direction in my life

_____ **Helpfulness**, to reach out to others

_____ **Inner peace**, to find a sense of quiet/calmness

_____ **Justice**, to promote fair and equal treatment for all

_____ **Hope**, to see what happens in life in a positive way

_____ **Independence**, to be able to meet my own needs

_____ **God's will**, to follow God's plan for me

_____ **Loving**, to give and receive love

_____ **Family**, to have a happy, loving family

_____ **Spirituality**, to grow and mature spiritually

_____ **Forgiveness**, to be forgiving of others

_____ **Strength**, to be physically fit and capable

_____ **Mental strength**, to be mentally alert

_____ **Humor**, to see the funny side of life

_____ **Friendship**, to have close, supportive friends

_____ **Growth**, to keep changing and growing

_____ **Health**, to be physically well

Other _____