What is Integrated Care and Why is it Important?

2014 Massachusetts Department of Mental Health Research Centers of Excellence Conference

Worcester, MA

Thursday, March 27, 2014

8:15 - 9:00  Registration, Coffee and Poster Set Up

Welcome and Introductions
9:00 – 9:05  Carl Fulwiler - Director, Center for Mental Health Services Research
9:05 – 9:10  Kathy Sanders – Deputy Commissioner for Clinical & Professional Services, MA Department of Mental Health

Behavioral Health Integration: A Policy and Practice Priority
9:10 – 9:25  Marcia Fowler – Commissioner, MA Department of Mental Health

The Value of Integrated Care
9:25 – 9:40  A. Kathryn Power – Regional Administrator, Substance Abuse and Mental Health Services Administration

Morning Presentations
9:40 – 10:10  Primary Care and Behavioral Health Integration at Community Healthlink – Marie Hobart, Monika Kolodziej, & Liz Clinkscales
10:10 – 10:40  The Massachusetts Mental Health Center’s Wellness & Recovery Medicine (WaRM) Center: A Health Home for People with Serious Mental Illness - Mark Viron & Gail Levine
10:40 – 11:10  Discussion – Larry Seidman

11:10-11:30  Mindfulness Activity – Carl Fulwiler
11:30-12:45  Lunch (on your own)
11:30-12:45  Poster Session

Afternoon Presentations
12:45 – 1:15  Integrating Health and Wellness Activities: Impact on Recovery – Colleen McKay
1:15 – 1:45  Mental illness throughout Parenthood: Strategies for Supporting Families – Cindy Liu
1:45 – 2:15  Discussion – Kate Biebel

2:15-3:30  Break

Participatory Workgroups
2:30 – 3:30  Breakout groups
#1: Treating the Mind and Body: A Consumer Perspective on Whole Health Management – Amanda Costa & Gillian Simons
#2: Barriers to Shared Decision Making: Improving the Dialogue – Theo Manschreck & Linda Larson
#3: The Role of Peer Specialists in Integrating Care – Deborah Delman & Jonathan Delman
#4: Psychotropic Medications: Managing Side Effects, Educating Yourself, and Weighing the Pros and Cons – Matcheri Keshavan & Joanne Wojcik

3:30 – 3:45  Workgroup report back and discussion

Wrap-Up and Final Remarks
3:45 – 4:00  Carl Fulwiler & Larry Seidman