

# Pain Rounds

September 30, 2009

# Patient Demographics

# Location/Quality of Pain

# Brief Pain Inventory

- BPI Total Pain Score
- BPI Functional Pain Score
- On a scale of 1-10, what is a manageable level of pain for this patient?

# Onset/Duration and Cause of Pain

# What Makes Pain Better/Worse

- Better
- Worse

# Pain Related Imaging Studies/Surgeries

# Impact of Pain on Life/Activities



# Non-Medication Therapies Tried

# Past Medications For Pain

Drug	Dose/Frequency	Reason for Stopping

# Current Medications For Pain

Drug	Dose/Frequency	Effective?

# History

- PMH
- Surgical History
- Psych History
- Family History

# History

- Substance Abuse
- Social History
- LMP/Contraception

# Physical Examination

# Risk Assessments

- PHQ-9
- AUDIT ( $\geq 8$  suggestive of problem alcohol use)
- TRAUMA ( $\geq 6$  increases risk or YES on any partner violence items)
- DAST ( $\geq 3$  suggestive of drug use disorder)

# Opioid Risk Tool

- Total Score
- 0-3=Low risk
- 4-7=Moderate risk
- $\geq 8$ =High Risk



# Urine Toxicology Screening History

# Patient Goal Setting

- Goals:
- Steps:
- Barriers:

# Assessment and Plan

- Pain Diagnosis
- Treatment Goals
- Risk Assessment for Opioid Therapy
- Meds Prescribed
- Nonmedication Therapies Prescribed
- Referrals