



Department of Family Medicine and Community Health

Patient Pain Management Follow Up Questionnaire

Brief Pain Inventory (Short Form) Modified

1. Please rate your pain by marking the box beside the number that best describes your pain at its worst in the last 24 hours.

Rating scale for worst pain from 0 (No Pain) to 10 (Pain As Bad As You Can Imagine)

2. Please rate your pain by marking the box beside the number that best describes your pain on the average.

Rating scale for average pain from 0 (No Pain) to 10 (Pain As Bad As You Can Imagine)

3. Please rate your pain by marking the box beside the number that best describes how much pain you have right now.

Rating scale for current pain from 0 (No Pain) to 10 (Pain As Bad As You Can Imagine)

4. In the last 24 hours, how much relief have pain treatments or medications provided? Please mark the box below the percentage that most shows how much relief you have received?

Percentage relief scale from 0% (No Relief) to 100% (Complete Relief)

5. Mark the box beside the number that describes how, during the past 24 hours, pain has interfered with your:

Sub-sections A, B, and C for interference with activity, work, and relations, each with a 0-10 rating scale.

FOR OFFICE USE ONLY: BPI TOTAL PAIN SCORE (Average #1, 2, 3 X 100)=
BPI TOTAL FUNCTIONAL SCORE (Average 5 A, B, C X 100)=

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ MR#: \_\_\_\_\_

### GOAL SETTING PROGRESS

What goals have you worked on since we last met?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

How successful have you been?

Goal 1: 1= not at all 2=somewhat 3= achieved

What barriers do you need to work on to reach your goal if you haven't yet?

Goal 2: 1= not at all 2=somewhat 3= achieved

What barriers do you need to work on to reach your goal if you haven't yet?

Goal 3: 1= not at all 2=somewhat 3= achieved

What barriers do you need to work on to reach your goal if you haven't yet?

Have not been able to work on goals so far. What would you like to work on?

Goal #1: \_\_\_\_\_

Goal #2: \_\_\_\_\_

What are some steps you can take towards these goals?