THE TRANSITIONS TO ADULTHOOD CENTER FOR RESEARCH

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NTACC Program Partners Collaborative
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Who we are

Funders

- NIDILRR
- SAMHSA
- NIMH
- NIDA

Maryann Davis, Ph.D.
Marsha Ellison, Ph.D.
Kathryn Sabella, Ph.D.
12+ staff (7 PAR staff)

Collaborating Partners

- Pathways RTC (PSU)
- RTI International
- Oregon Social Learning Center (OSLC)
- Thresholds

The Transitions to Adulthood Center for Research
Strategies

1. Participatory Action Research: Active partnership with young adults with serious mental health conditions (SMHC) in all phases of research and knowledge translation

2. Conduct cutting-edge rigorous research that tests or informs interventions

3. Develop and translate research and expert-based knowledge to platforms for ready access and use by multiple stakeholders
Mission: to improve supports for youth and young adults, ages 14-30, with serious mental health conditions to successfully complete their schooling and training and move into rewarding work lives.
L&W RRTC Research Projects

R1: Improving outcomes of youth and young adults (ages 16-21) with SMHC with adapted Individual Placement and Support

R2: Peer academic coaching support for college students (PASS)

R3: An examination of the transition to employment among adolescent offenders making the transition to emerging adulthood

R4: Career development activities in young adulthood among individuals with SMHC

R5: A Prospective Longitudinal Study of Y & YA Employment and Education

R6: Collaborations in the Triangle: VR, Adult, and Child Mental Health
Other content areas of expertise

• Young adult peer mentors
  • Toolkit https://www.umassmed.edu/TransitionsACR/publication/effectively-employing-young-adult-peer-providers---a-toolkit/
  • Best supervision practices

• Psychosocial development in young adulthood

• Young adult advisory boards and Participatory Action Research (PAR)
  • Engaging young adults in research and treatment

• Young adult parents

• Implementing innovative practices

• Simultaneously supporting employment and education
Knowledge Translation & Dissemination Efforts and Activities

- **Electronic Platforms**: Facebook, Twitter, YouTube
- **Printed Media**: Tip Sheets, Briefs, Infographics
- **Webinars**: 24 Webinars since October 2014
- **Young Adult Friendly Media**:
  - Comeback TV YouTube Show
  - Voices4Hope Resource Site
Training and Technical Assistance

- Technical Assistance Audiences:
  - NITT-HT Grantees
  - Other SAMHSA grantees (e.g. Systems of Care)
  - State or local agencies and providers
  - Other researchers
  - Policy makers

- Examples of recent trainings:
  - Implementing Peer Mentors
  - Supervisors of Peer Mentors
  - Implementing Youth Advisory Councils in Delaware
  - Delaware Summit

- How to request
  https://www.umassmed.edu/TransitionsACR/need-help/
Contact Information

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https://www.umassmed.edu/TransitionsACR/

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