

**KEY BENCHMARKS FROM WORKERS' COMPENSATION DATA
MARCH 1997 THROUGH AUGUST 1998**

TOTAL COVERED LIVES	24,590
ALL INJURIES REPORTED	956
TOTAL MATCHED (COMPLETE) CASES	145

1. <u>TYPE OF INJURY</u>	<u>of Cases</u>	<u>% of Total</u>
Low Back Pain	268	28.0
Knee Pain	70	7.3
Shoulder Sprain	78	8.2
Carpal Tunnel	20	2.1
Other Miscellaneous	520	54.4

2. TOTAL PROVIDER VISITS REPORTED 2,113

Visits Per Case	2.2
Low Back Pain	2.5
Carpal Tunnel	3.3

3. MODIFIED WORK DUTY AS OPTION FOR EMPLOYEE (for all cases)

Yes	54%
No	10%
Unknown	36%

4. WORK STATUS OF EMPLOYEE AFTER INITIAL VISIT (for all cases)

Full Duty	31%
Modified Duty	47%
Off Duty	10%
Unknown	12%

5. AVERAGE TIME BETWEEN EVENTS (for all cases)

	<u>DAYS</u>
DATE OF INJURY & INITIAL VISIT	3.5
DATE OF INITIAL VISIT & RETURN TO MODIFIED DUTY	3.1
DATE OF INJURY & RETURN TO MODIFIED DUTY	7.0

6. TIMES OF WORKABILITY REPORT BACK TO EMPLOYER FROM PROVIDER (for all cases)

Under 24 Hours	66%
1-2 Days	6.5%
2-3 Days	2.1%
4+ Days	19.6%
Not Specified	5.4%

7. TREATMENT PLANS ORDERED BY PHYSICIANS (ALL VISITS)

<u>MEDICAL GUIDELINES:</u>	<u>All Visits</u>	<u>Low Back</u>	<u>Carpal Tunnel</u>
NONE SPECIFIED	25%	15%	25%
OVER THE COUNTER			
MEDICATIONS	37%	37%	25%
PHYSICAL THERAPY	29%	45%	15%
PRESCRIPTIONS	20%	24%	15%
EQUIPMENT	4%	0.4%	30%
SURGERY	2.2%	0.4%	25%
WALKING AIDS	1.5%	---	--
OCCUPATIONAL THERAPY	1.0%	1.1%	15%

8. DIAGNOSTIC TESTS ORDERED BY PHYSICIANS (ALL VISITS)

	<u>All Visits</u>	<u>Low Back</u>	<u>Carpal Tunnel</u>
NONE SPECIFIED	58%	64%	40%
X-RAY	35%	34%	15%
MRI	6%	6%	5%
OTHER	3%	1%	5%
EMG	2.2%	1%	50%
CATSCAN	0.4%	---	--

9. FREQUENCY OF REFERRALS ORDERED BY TREATING PHYSICIAN

	<u>All Visits</u>	<u>Low Back</u>	<u>Carpal Tunnel</u>
NONE REQUIRED	88%	91%	70%
ORTHOPEDICS	8%	5%	15%
OTHER	4%	5%	15%