

Accommodations and Directions for Basic Embryonic Stem Cell Culture Training Course

Accommodations

The following hotel information is provided as a courtesy, there is no requirement to stay at the hotel listed below. However, cab service will be provided from the Beechwood hotel to and from the Center for Stem Cell Biology laboratory. If you choose alternative accommodations, you will need to provide your own transportation to class. The information provided is subject to change, but is correct to the best of our knowledge.

The Beechwood Hotel (www.beechwoodhotel.com)

We currently have an arrangement with the Beechwood Hotel, 363 Plantation Street, Worcester MA. The hotel provides transportation upon request to and from the course, a complimentary continental breakfast, and a special group room rate (\$138/night). **To ensure you get the class rate, please call us at the center (508-856-7555) and we will let the hotel know you are attending the stem cell course.**

Location

The Center for Stem Cell Biology is about 1 hour from Boston. We are located at 222 Maple Ave in Shrewsbury, MA in the Rose Gordon Laboratories on the Worcester Foundation campus. Ample parking is available next to and across the street from the building.

General number for Stem Cell Center: 508-856-5069

Transportation from Logan

If flying into Logan Airport, many rental car agencies are available at the airport, or a commuter rail train from Boston to Worcester is available (you will need to take a short cab ride from Worcester to Shrewsbury). The Massachusetts Transportation Authority website has information on the commuter rail schedule.

- **Mass Transportation Authority** <http://www.mbta.com/>

There is also a limo service available that provides door-to-door service from Logan to Worcester, and the rates are comparable to the commuter rail.

- **Worcester Airport Limousine** www.wlimo.com/main.htm (phone) 800-660-0992.

Driving Directions

From the UMass Hospital Campus/Downtown Worcester/Route 9 East:

Take Route 9 East over the Lake Quinsigamond Bridge. At third set of traffic lights after the bridge, bear left onto Maple Avenue (intersection marked by Fairlawn Shopping Center, Chili's Restaurant). Follow Maple Avenue to the top of hill. Turn left at the maroon sign for University of Massachusetts Medical School Worcester Foundation Campus. The Hoagland-Pincus Conference Center is the first building on the right, take the next right (going behind the Hoagland Pincus Center) and the Rose Gordon building is directly on your right.

From the MassPike (I-90):

Westbound from Boston: Take Exit 11A to Route 495 North to Route 9 West.

Eastbound from Springfield: Take Exit 10 to Route 290 East.

From Route 9 West:

Westbound from Westboro: Proceed West past route 140 in Shrewsbury, continue to the second stop light. This is Oak Street, there will be a bowling alley on the right. Turn Right on Oak Street proceed until you reach a stop sign. This is Maple Avenue. The Hoagland-Pincus Conference Center is the first building on the right, take the next right (going behind the Hoagland Pincus Center) and the Rose Gordon building is directly on your right.

From Route 290:

Westbound from Marlborough: Proceed on Rte 290 West to Exit 22 - Main Street, Shrewsbury. Take Exit 22, at end of ramp take a left onto Main Street.

Eastbound from Auburn/Worcester: Proceed on Rte 290 East to Exit 22 - Main Street, Shrewsbury. Take Exit 22, at end of ramp take a right onto Main Street.

Once on Main Street, Shrewsbury: Proceed on Main Street through first set of traffic lights and up the hill. Take right onto Gage Lane (the first right after passing St. John's High School). Follow Gage Lane to the end and turn right onto Maple Avenue. Proceed one-half mile, turn right at the maroon sign for UMMS Worcester Foundation Campus. The Hoagland-Pincus Conference Center is the first building on the right, take the next right (going behind the Hoagland Pincus Center) and the Rose Gordon building is directly on your right.