

August, 2009

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Greetings from the Chair

Great things continue to happen around here. I encourage you to read about the tremendous achievements of our faculty and staff. We have several new employees in the department we would like to welcome. Check out the People section below and stop by to say hello! Please continue to show your support and recognition for our colleagues and keep the mentoring award nominations coming! In our first attempt for a global grant, the department submitted three pilot project proposals and three travel award proposals in response to the call from the Office of Global Health. We received one of the two pilot project awards thanks to the contribution of a great team. I thank the PI's who put together the proposals and those who helped in the process. One cannot help but feel proud of what we do. It is your excellence that makes us an outstanding department!

Doug

Calendar

Sep 2: Next department meeting. See you there!

Sep 7: Labor Day. Holiday for Medical School and Hospital employees.

Oct 21: Psychiatry Research Day

Nov 5: Psychology Day

Mar 1, 2010: DMH Centers for Excellence Research Conference—UMMS Campus

Headlines

JEAN FRAZIER MD discusses "Choosing Antipsychotics for Children with Schizophrenia: Evidence Plus Experience" in *Current Psychiatry Online*. For the full interview and article, click [here](#).

TATYANA P. SHTEINLUKHT MD PhD interviewed by *Worcester Telegram & Gazette* regarding her work with electroconvulsive therapy (ECT). ECT is the most powerful FDA approved treatment for disabling illnesses such as depression and schizophrenia. Tatyana states that ECT is underutilized because of stigma associated in part with prejudice and in part with the way ECT was done decades ago. Read the *T&G* article [here](#).



Bill Dube

BILL DUBE PhD, associate professor in Psychiatry at the Shriver Center, recently received tenure. Bill spends a great deal of his time working with children who have moderate to severe intellectual disabilities at the New England Center for Children. Bill's work focuses on translational behavioral analysis, treatment of problem behavior, and helping children in this setting learn to communicate. Bill's current work is funded by the National Institute of Child Health and Human Development. Bill has developed many strong relationships with research and clinical colleagues who serve as co-investigators on his grants. "You can't do this stuff alone and so I've been very lucky in that respect," said Bill of his collaborative research. Bill is passionate about what he does and he does it well. Bill's hidden talent is playing clarinet and saxophone as an amateur musician. Congratulations to a well-deserved tenure and thanks for the excellent work!

Recognitions

KRISTINA DELIGIANNIDIS MD as one of 17 new investigator award recipients at the 2009 New Clinical Drug Evaluation Unit (NCDEU) meeting in Hollywood, FL, Jun. 29-Jul. 2. Sponsored by the National Institute of Mental Health and American Society of Clinical Psychopharmacology, the NCDEU meeting offers a special program for new investigators in an effort to promote the education and training of junior investigators in psychopharmacology.
Pictured: Matthew Rudorfer MD (NIMH), Kristina Deligiannidis MD, and Philip Wang MD PhD (NIMH)



MARSHA ELLISON PhD MSW selected as a member of the Editorial Review Board for the **Psychiatric Rehabilitation Journal**. Marsha is senior project director for Center for Health Policy & Research, UMMS Commonwealth Medicine, and assistant professor in Psychiatry. The *Psychiatric Rehabilitation Journal* is co-published with Boston University as a quarterly journal featuring innovative psychiatric rehabilitation programming, research, best practices and abstracts of current literature.

ANREW TAPPER PhD, assistant professor in Psychiatry at BNRI, recently awarded an **American Recovery and Reinvestment Act grant** for his work on the role of nicotine receptors in nicotine withdrawal. The study focuses on withdrawal symptoms that occur after nicotine cessation and how they account for the high incidence of relapse in people attempting to quit smoking. The goal of the proposed project is to determine if a neuronal nicotinic acetylcholine receptor subtype previously linked to the acute, addictive properties of nicotine is also involved in withdrawal symptoms associated with smoking cessation. The results of this study should yield valuable insight into the molecular underpinnings of nicotine withdrawal.

JEAN FRAZIER MD and **DAVID KENNEDY PhD** awarded a grant for their research project "A Knowledge Environment for Neuroimaging in Child Psychiatry." This project will develop a set of cohesive neuroinformatics resources for neuroimaging and neuroanatomic analysis in the

pediatric population that will help to integrate research efforts to advance the diagnosis and treatment of the numerous psychiatric disorders that can plague the development of children.

Announcements

August

DR. ALEXIS HENRY Sc.D. OTR/L, senior research scientist, Center for Health Policy and Research, to speak on Work Without Limits: A Massachusetts Disability Employment Initiative in the CMHSR Brown Bag Seminar Series on Thursday, **Aug. 20**, in 8C-2 Steve Banks Memorial Conference Room, WSH.

Content Manager/Design Forum Discussion Group meeting to be held **Aug. 20**, 3-4 p.m., Room S3-402. Please let Sharon Kershaw know if you are interested in attending.

September

Douglas M. Ziedonis Mentoring Award nominations due, **Sep. 1**. This award has been established to recognize someone in the department who has mentored and made a difference in one's professional career. Nominations should come from persons who have been the beneficiaries of such mentoring. For more info contact Nicki Fox PhD.

Suicide Intervention/Prevention (SIP) as a new Academic Interest Group (AIG). The first meeting will be held **Sep. 16**, 3:30-5 p.m., Biotech I Conference Room. For more information and to RSVP, please contact Paula Nims at paula.nims@umassmed.edu.

HUMANITIES IN MEDICINE to host a speaking event **Sep. 16**, 5-7 p.m. (location TBD). Guest speaker from Harvard, **Jeremy Greene MD PhD** is a historian and pediatrician who will be speaking about the history of the allure of new drugs to physicians and the encroachments of the pharmaceutical industry starting around the 1950s. More information to come.

Global

CULTURE, HEALTHCARE AND MEDICAL TRAINING OPPORTUNITIES IN CHINA to be held **Aug. 24, 4:30 p.m., Physiology Seminar Room, S4-325**. Sponsored by the Office of Global Health, this forum is jointly hosted by the UMMS-China Program, International Medical Education Program and the Office of Global Health. Click [here](#) for agenda.

DOUG ZIEDONIS MD as one of two recipients of UMMS's **2009 Global Health Pilot Project Award** for his "Addressing Tobacco through Organizational Change (ATTOC) in China" grant. The award is given to pilot projects that catalyze the development of translational research projects that provide a firm scientific basis for clinical practice and public health policy in global settings. The ATTOC in China grant will help West China Hospital become one of the first smoke-free hospitals in China. Congratulations to Doug on the award and on the great potential of expanding the project globally!

FERNANDO deTORRIJOS to teach "The Science and Clinical Applications of Mindfulness and Other Self-Awareness Disciplines" at the Instituto Hipócrates, Clínica Montanyá, Seva, Barcelona, Spain, Aug. 23-29. This private institute was created in 2004 by Dr. Angel Rubio,

director for the treatment of addictions. Since then, the services have been expanded to many cities and towns in Spain where patients undergo initial evaluations and follow-up treatments.

2010-2011 HARKNESS FELLOWSHIPS open to applicants. The Harkness Fellowships in Health Care Policy and Practice provide a unique opportunity for mid-career professionals to spend up to 12 months in the U.S. conducting a policy-oriented research study, working with leading U.S. health policy experts, and gaining in-depth knowledge of not only the U.S. health care system, but also the health care systems in the fellows' home countries. **Each fellowship provides up to US \$107,000 in support.** If you know someone from Australia, Germany, the Netherlands, New Zealand, Norway, Switzerland, or the United Kingdom who might be interested, please send them to this [link](#) for more information. Deadline: **Sep. 15.**

People

New Faculty and Staff

MARIO CHEN MD, new and first Addiction Psychiatry Fellow.

PAUL CHRISTOPHER MD, fellow with Dr. Carl Fulwiler and Dr. Debra Pinals in Forensic Research and Policy. He recently completed psychiatry residency at Brown and is a graduate from UMMS.

RASHAD HARDAWAY, medical student doing summer research fellowship with Dr. Carl Fulwiler and Dr. Jean King.

DUNCAN MacCOURT JD MD, associate director of Forensic Psychiatry, Worcester State Hospital

LEON SAWH MPH, research/project coordinator for Doug Ziedonis MD MPH.

KELLY CHABOT, care coordinator for MCPAP Program. **MICHELLE GREENIDGE**, care coordinator for Geriatric Consultation Service. Both are located in S7-827. Kelly can be reached at 508-334-3240, e-mail Chabotk@ummh.org. Michelle can be reached at 508-334-0637, e-mail GreenidM@ummh.org.

New Docs

Bruce Meltzer MD, executive medical director, and Caroline McGrath, RN, BSN, executive director of the UMass/DMH Adolescent Continuing Care Programs, happy to announce the arrival of two extremely talented new child psychiatrists to their wonderful clinical team.



JOE COCOZZOLLA MD grew up in the Worcester Area. He attended Clark University in beautiful downtown Worcester before going to Washington, DC and medical school at George Washington University. Joe completed both his general psychiatry residency and child and adolescent psychiatry fellowship at Johns Hopkins University in Baltimore, MD. Joe is the new medical director of the UMass/DMH Adolescent Behavioral Intensive residential Treatment Program (BIRT). He loves baseball. He practically lived next door to Camden Yards, home of the Baltimore

Oriels, and continues to play baseball. He will be a key player for the Red Psychs and definitely be the bat that carries us to post-season play in the interdepartmental World Serious. Joe has returned to the area to be close to his family.

BORIS LORBERG MD grew up and finished high school in Kiev, Ukraine, Russia. He attended Hunter College of the City University of New York, Stony Brook Medical School of the State University of New York. He did his general psychiatry residency at Yale University and completed his child psychiatry fellowship at Harvard University/MGH. Boris is the new medical director of the U Mass/DMH Adolescent Intensive Residential Treatment Program and also shares his time with Jean Frazier's lab. Some of the clinical areas he is interested in besides psychopharmacology include: mentorship, mindfulness/meditation, and healthy life styles (nutrition, physical activity, sobriety, etc). Boris loves ice cream and literature.

Pictured: Joe (left) and Boris (right) share a slice of American life outside Fenway Park after Boris' first ever baseball game.

High School Summer Interns

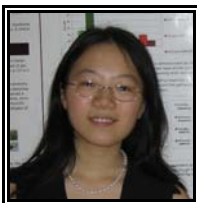
Four high school summer interns worked in the department this summer. Check them out!



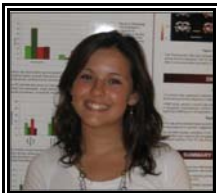
SASHA Y. BENITEZ, senior at Holy Name High School, intern in CCNI. Sasha thought this was a cool new experience that gave her an insight on how the brain works and shows how the research could be so interesting and intriguing. Her biggest challenge was looking for information on the lungs and how nicotine affects the lungs. The most interesting thing was learning that “women who smoke are 600% more likely to get lung cancer or later to get worsened symptoms of lung cancer.



DEMETRIA ODOM, senior at North High, intern for Dr. Jennifer Wu's Communications program. Demetria is interested in health care and technology. She assisted with research in social media networks, collecting information, and creating flyers. She also interviewed the other three high school interns



VICTORIA J. WANG, senior at Shrewsbury High School, intern in CCNI. Victoria found different resources for her project. Her biggest challenge was learning the concepts of the brain. Victoria learned that working with your supervisors can be fun at times. She really enjoyed presenting the result at the end of the project



MICHELLE P. ZIEDONIS, sophomore at Westborough High School, an intern in CCNI. Michelle did quite a bit of research and presented the result. She feels privileged to try this new experience. The biggest challenge was to learn about the cells that she didn't know before. Michelle also learned that meeting deadlines is really important and that it's a lot of pressure to work in. Presentations were most interesting to her since she got to put all the information together and do public speaking

Did U Know?

The **CONTENT MANAGER FORUM LISTSERV** has been created. The address is contentmanagerforum@list.umassmed.edu. Please use this email address to send out questions to the group or to offer tips and tricks you have come across that others may benefit from. Also, if you would like to be added to the list, please send a note to Sharon Kershaw.

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To submit an item for publication or to be added to the distribution list, e-mail Jennifer.Wu@umassmed.edu.