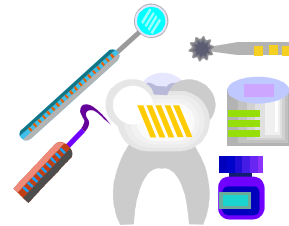


# Congratulations!

Your child's second grade class has been selected to participate in the Worcester KidSeal Project which takes place at Quinsigamond Community College Dental Hygiene School. The program will provide your child with a dental exam, dental cleaning, x-rays if needed, fluoride treatment and DENTAL SEALANTS. Your child's teacher will let you know the date and time of this field trip.

## What are Dental Sealants?

Sealants are thin plastic coatings that are put on the chewing surfaces of the back teeth and are a safe way to prevent cavities in these teeth.



## How do Dental Sealants Work?

Bacteria and food cannot easily be removed from the deep grooves of the back teeth even when we brush and floss. Dental sealants protect the teeth from the food and bacteria that cause cavities.

## How Long do Sealants Last?

Dental Sealants can protect your child's teeth from cavities for up to 10 years. Sealants should be checked regularly by a dentist and can be put on again if they are no longer in place.

## How do my Child's Teeth Look and Feel with the Dental Sealants?

Dental Sealants cannot be seen when your child talks or smiles. Sealants make the teeth feel smooth. Dental sealants can only be seen if you look very closely.

## How are Dental Sealants Applied?

- First the tooth is cleaned
- The tooth is dried and cotton is put around it to keep it dry
- The dental sealant liquid is put on the tooth and it is a little rough so it sticks to the tooth. It hardens in a few seconds
- The cotton is removed and the sealant is complete

