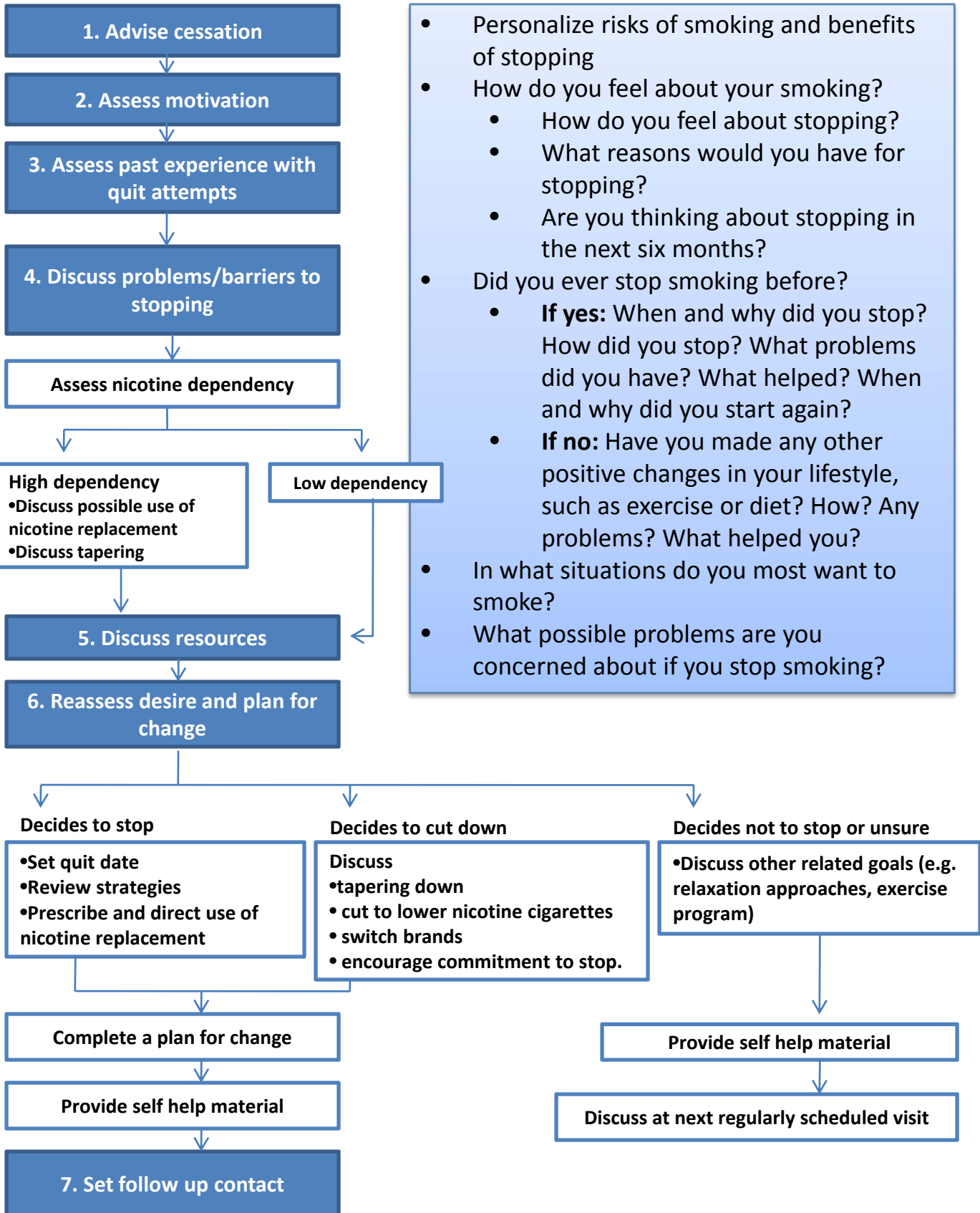


Algorithm for Physician-Delivered Smoking Intervention



- Personalize risks of smoking and benefits of stopping
- How do you feel about your smoking?
 - How do you feel about stopping?
 - What reasons would you have for stopping?
 - Are you thinking about stopping in the next six months?
- Did you ever stop smoking before?
 - **If yes:** When and why did you stop? How did you stop? What problems did you have? What helped? When and why did you start again?
 - **If no:** Have you made any other positive changes in your lifestyle, such as exercise or diet? How? Any problems? What helped you?
- In what situations do you most want to smoke?
- What possible problems are you concerned about if you stop smoking?