

**Integrating Mindfulness-Based Interventions
into Medicine, Health Care, and Society**
April 9 – 13, 2008
Crowne Plaza Hotel – Worcester, Massachusetts
Room Reservations 800-628-4240

Registration Information: (Register by February 18th and receive a \$50.00 early-bird discount on full registration)

(check which components you are registering for)

_____ **Pre-Conference Institutes (Choose Only One)**
_____ **Wednesday, April 9, 2008 \$150 *includes lunch**

- _____ More Joy, Less Burnout
_____ Mindfulness and the Energetics of Healing

_____ **Post-Conference Instructional Institute (Choose only one)**
_____ **Sunday, April 13, 2008 \$150 *includes breakfast and lunch**

- _____ Dying to this Moment: Joys and Obstacles in the Teaching of
Mindfulness-Based Interventions
_____ MBCT for Depression
_____ MB-EAT: An Introduction to Basic Concepts, Research and Clinical
Applications

_____ **Pre-Conference Research Seminar**
_____ **Thursday, April 10, 2008 \$150 *includes Lunch**

_____ **An Evening of Mindfulness Practice and Dialogue with Jon Kabat-Zinn**
_____ **Wednesday, April 9, 2008 \$25**

_____ **Welcome Reception**
_____ **Thursday, April 10, 2008 \$25**

_____ **6th Annual Conference for Clinicians, Researchers, and Educators \$450** *includes breakfast, lunch and dinner on Friday,
Integrating Mindfulness-Based Interventions into Medicine, Health Care, and Society and breakfast and lunch on Saturday
_____ **April 11 – 12, 2008**

_____ **Continuing Education Credits \$25 (circle which credits applied for) MD RN Psych SW LMHC EDU Others**
Pre-registration required.

Register with the Center for Mindfulness for the conference by ...

Dietary Restriction: _____ none _____ vegetarian _____ vegan

- Phone: (508) 856-5493 or (508) 856-2656
- Email: mindfulness@umassmed.edu
- Mail: Center for Mindfulness, University of Massachusetts Medical School,
55 Lake Avenue North, Worcester, MA 01655-0267
- Fax: (508) 856-1977

Name

Address City State Zip

Phone E-mail address

**Check here if you would prefer not to have your name appear on our list of conference attendees
which is shared for the purpose of networking:** _____

Payment Method

___ Check enclosed (payable to UMMS-CFM) Credit card: ___ VISA ___ MasterCard ___ Discover

Card number Expiration Date CVIP#

Cardholder's name Cardholder's signature

Cancellation Policy

If you need to cancel, you must do so before March 20th for a refund less a \$25 processing fee. If you cancel after this date, no refund will apply.

Crowne Plaza Hotel and Resort Reservations
Reservations for accommodations at the Crowne Plaza Hotel and Resort may be made directly with the Crowne Plaza 1-800-628-4240.
Rooms for the 6th Annual MBSR Conference have been reserved at a reduced rate. You must register by February 20th to take advantage of
the discounted rate. When making your reservation, call the number listed above and you must reference MBSR Annual Conference to
receive this reduced rate. Please check directly with the hotel regarding their cancellation policy