8th Annual International Scientific Conference for Clinicians, Researchers and Educators—April 7-11, 2010

Investigating and Integrating Mindfulness in Medicine, Health Care and Society

Check each session below for which you are registering.
Register by February 24, 2010 and receive a $50 early-bird discount on the cost of the full five-day registration.

Wednesday, April 7, 2010	☐ **Pre-Conference Institutes $160 *includes lunch (Choose Only One Session)** ☐ Integrating mindfulness and self-compassion ☐ Developing our teaching and our teaching community	Or	☐ **Pre-Conference Workshops $160 *includes lunch (Choose one morning workshop and one afternoon workshop)** **Morning Workshops:** ☐ Applying Mindfulness to Adolescents: Meeting Teens Where they are at. ☐ Is this Raisin Kosher? Cultural Competence and Teaching MBSR **Afternoon Workshops:** ☐ Mindfulness in Caring for Infants and Toddlers ☐ Animal Being: A Mindfulness Approach to Human and Animal Connection
Wednesday, April 7, 2010	☐ **An Evening with Jon Kabat-Zinn: $25**		
Thursday, April 8, 2010	☐ **Research Symposium $175** *includes Breakfast and Lunch ***Neural Mechanisms of Mindfulness: Basic and Clinical Applications***		
Thursday, April 8, 2010	☐ **Welcome Reception: $25**		
Thursday–Saturday, April 8-10, 2010	☐ ***Investigating and Integrating Mindfulness-Based Interventions into Medicine, Health Care, and Society*** **8th Annual International Scientific Conference** **$525 fee includes breakfast, lunch and dinner on Friday, and breakfast and lunch on Saturday** ☐ Yes, I will attend the Dinner on Friday evening ☐ No, I will not attend the Dinner on Friday evening		
Sunday, April 11, 2010	☐ **Post-Conference Instructional Institute $160 *includes breakfast and lunch (Choose only one session)** ☐ Taking Your Seat: A Day of Mindfulness Meditation ☐ Statistics Don't Tell The Whole Story: Understanding & Applying Qualitative Research Methodologies to Mindfulness	Or	☐ **Post-Conference Workshops: $160 *includes breakfast and lunch. (Choose one morning workshop and one afternoon workshop)** **Morning Workshops:** ☐ Preaching to the unconverted: introducing mindfulness into the training of healthcare professionals ☐ Teaching MBSR to women with complex trauma histories **Afternoon Workshops:** ☐ When you can't fix it: MBSR and chronic conditions ☐ In the Eye of the Storm: Inner- City Mindfulness-based Programs

☐ **Continuing Education Credits $25 (check which credits applied for): ☐MD ☐RN ☐Psych ☐SW ☐LMHC ☐EDU ☐Others**
Pre-registration required. *Please note that Psychologist credit is not offered for Pre and Post Conference activities on Wednesday and Sunday and you must attend the Research Symposium on Thursday and the Main Conference activities on Friday and Saturday. No partial credit will be given.

Special Dietary Needs: ☐ **none** ☐ **vegetarian** ☐ **vegan**

Register with the Center for Mindfulness for the conference by:

- Phone: (508) 856-2656
- Email: mindfulness@umassmed.edu
- Mail: Center for Mindfulness, University of Massachusetts Medical School, 55 Lake Avenue North, Worcester, MA 01655-0267, USA
- Fax: (508) 856-1977
- Web site: www.umassmed.edu/cfm/conference

Name

Address City State Zip/Postal Code

Country E-mail address Telephone

☐ **Check here if you would prefer *not* to have your name appear on our list of conference attendees, shared for networking purposes.**

Payment Method: ☐ Check enclosed (payable to UMMS-CFM)

Credit card: ☐ VISA ☐ MasterCard ☐ Discover

Card number Expiration Date

Cardholder's name Cardholder's signature

Cancellation Policy: If you need to cancel you must do so before March 17th for a refund less a $25 processing fee. If you cancel after this date, no refund will apply.

Crowne Plaza Hotel Reservations: Reservations at the Crowne Plaza may be made directly with the hotel at 877-227-6963. Rooms for the Annual International Scientific Conference have been reserved at a reduced rate. You must register by March 16th to take advantage of the discounted rate. When making your reservation you must reference "CFM ANNUAL CONFERENCE" to receive the discounted rate. Please check directly with the hotel regarding minimum stay and cancellation policies.

The Crowne Plaza Hotel and Resort is an accessible, barrier-free location. Reasonable accommodations can be made for individuals with visual and/or hearing impairments if needed.