PC Users: Please use the Submit button to send completed form to the CFM.

MAC Users: Use the 'File > Save As...' command to save a copy of the form, then email it to mindfulness@umassmed.edu.

10th Annual International Scientific Conference for Clinicians, Researchers and Educators—March 28 – April 1, 2012

Investigating and Integrating Mindfulness in Medicine, Health Care and Society

Submit Form

Check each session below for which you are registering.
Register by February 24, 2012 and receive a 10% early-bird discount on the cost of the full five-day registration which includes pre and post conference institutes, the Kluge Research Symposium and the main conference.

Wednesday, March 28, 2012	**Pre-Conference Institutes $165 *includes breakfast and lunch (Choose Only One Session)** ○ Teaching Mindful Yoga ○ Holding the Heart of MBSR: Reflection, Collaboration and Dialogue on Modification or Adaptation of the 8-Week Program ○ Being A Psychotherapist and MBSR Teacher – How One Influences the Other ○ Mindful Parenting in Mental Health: an institute for mindfulness trainers ○ The Mindfulness-Based Stress Reduction for Teens (MBSR-T) Program: Foundation, Inquiry and Practice Clear Selections	Or	**Pre-Conference Workshop** $82.50 *Includes Lunch only **Please note, the Morning Workshop has been canceled.** **Morning Workshops:** Being a Mindful Researcher or Doing Research on Mindfulness? Employing Qualitative Research Methods with First-Person Experiences in Mindfulness **Afternoon Workshops:** ○ Meeting Resistance: Teaching Mindfulness & Yoga to Challenging Youth Populations
Thursday, March 29, 2012	☐ **John and Tussi Kluge Research Symposium on Mindfulness $185** *includes Breakfast and Lunch ***Embodiment of Mindfulness: Neuroscience and Clinical Perspectives***		
Thursday, March 29, 2012	☐ **Welcome Reception: $30**		
Thursday–Saturday, March 29 – 31, 2012	☐ ***Investigating and Integrating Mindfulness-Based Interventions into Medicine, Health Care, and Society*** **10th Annual International Scientific Conference** **$605 fee includes breakfast, lunch and the Gala Evening dinner on Friday, and breakfast and lunch on Saturday** ☐ Yes, I will attend the Dinner on Friday evening ☐ No, I will not attend the Dinner on Friday evening		
Sunday, April 1, 2012	☐ **Shoulder to Shoulder : A day of mindfulness practice $165 *includes breakfast and lunch**		

Continuing Education Credits $25 (check which credits applied for): Pre-registration required.

MD ☐ **RN** ☐ **Psych** ☐ **SW** ☐ **LMHC** ☐ **EDU** ☐ **Others** ☐

Special Dietary Needs: ☐ **none** ☐ **vegetarian** ☐ **vegan**

Register with the Center for Mindfulness for the conference by:

- Phone: (508) 856-5493 or (508) 856-2656
- Email: mindfulness@umassmed.edu
- Mail: Center for Mindfulness, University of Massachusetts Medical School, 55 Lake Avenue North, Worcester, MA 01655-0267, USA
- Fax: (508) 856-1977
- Web site: www.umassmed.edu/cfm/conference

Name

Address City State Zip/Postal Code

Country E-mail address Telephone

Payment Method: ☐ Check enclosed (payable to UMMS-CFM)

Credit card:

☐ VISA ☐ MasterCard ☐ Discover ☐ American Express

Card number Expiration Date

Cardholder's name

Cancellation Policy: If you need to cancel you must do so before March 17th for a refund less a $25 processing fee. If you cancel after this date, no refund will apply.

Sheraton Four Points Norwood: Reservations may be made directly with the hotel at 781-769-7900. Rooms for the Annual International Scientific Conference have been reserved at a reduced rate. You must register by March 7th to take advantage of the discounted rate. When making your reservation you must reference "CFM ANNUAL CONFERENCE" to receive the discounted rate. Please check directly with the hotel regarding cancellation policies.

The Sheraton Four Points Norwood is an accessible, barrier-free location. Reasonable accommodations can be made for individuals with visual and/or hearing impairments if needed.

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Additional Comments: