



Manifestations of Trauma and Trauma Interventions for Justice Involved Men

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for Systemic Change for Justice-Involved People with Mental Illness

Gather information

Assessing what works

Interpreting the facts

Networking with key stakeholders

Stimulating change



Priorities

Promote development and implementation of EBPs with justice-involved populations;

Support systems transformation through planning with states and communities with technical assistance;

Expedite science to service approaches.



Technical Assistance and Policy Analysis Center (TAPA) for Jail Diversion

2002 CMHS TCE Programs

- Birmingham, AL
- Hartford, CT
- Hawaii County, HI
- Dubuque County, IA
- New York, NY
- Cumberland County (Portland), ME
- St. Louis, MO
- Tulsa County, OK
- Richland County (Columbia), SC
- Chesterfield County, VA

2003 CMHS TCE Programs

- Anchorage, AK
- Jackson County (Kansas City), MO
- Lancaster County (Lincoln), NE
- Shelby County (Memphis), TN
- Miami-Dade, FL
- New Britain/Bristol, CT
- Bexar County (San Antonio), TX

2004 CMHS TCE Programs

- Baton Rouge, LA
- Yakima County, WA
- Orange County (Orlando), FL

2005 CMHS TCE Programs

- Bronx, NY
- Montgomery County, VA
- Yolo County, CA
- San Francisco, CA
- Lafayette, LA
- Cook County (Chicago), IL

2006 CMHS TCE Programs

- Hartford, CT
- Hillsborough County, FL
- St. Louis, MO
- Grant County, NM
- Dauphin County, PA
- Nueces County, TX



GAINS Center

Men and Trauma Meeting

November 30, 2006

Participants:

Moss Group – NIJ contract for PREA

Corrections line and management staff

Justice Involved Consumers

Trauma and MH treatment experts-
community and corrections based



Meeting Objectives

- **Bring together experts in the trauma and criminal justice fields to review key principles of trauma-informed systems and trauma-specific services for men in criminal justice settings**
- **Discuss strategies for creating awareness of need for addressing trauma among men in correctional settings**
- **Make recommendations for the development/dissemination of specific tools, materials, and models to support trauma-informed correctional facilities**



Key Questions For Men and Trauma Workgroup

Best Practices for:

- **Violence reduction**
- **Trauma treatment**
- **Training**
- **Treatment-Security Coordination**
- **How to market benefits of trauma services**
- **Peer involvement**



Trauma Prevalence: Community Samples

- **National Comorbidity Survey: 61% of men (51% of women) reported at least one traumatic event**
- **Detroit Area Survey of Trauma: approximately 90% lifetime exposure; men reported 5.3 traumatic events (4.3 for women)**
- **Other community studies consistent with these: trauma is pervasive, not rare**

TAPA Jail Diversion Sites N=1251/21 Sites

| | <u>% Reporting Trauma Experience</u> | | |
|---|--------------------------------------|--------|-------|
| | Male | Female | Total |
| Lifetime Witness of Violence | 61.9% | 65.3% | 63.4% |
| Current Witness of Violence (Last 12 Months) | 31.5% | 31.9% | 31.7% |
| Lifetime Sexual Abuse | 32.7% | 75.1% | 51.5% |
| Current Sexual Abuse (Last 12 Months) | 24.4% | 35.5% | 31.6% |
| Lifetime Physical Abuse | 86.6% | 91.1% | 88.6% |
| Current Physical Abuse (Last 12 Months) | 61.3% | 66.7% | 63.8% |
| Any Lifetime Trauma | 90.2% | 96.0% | 92.8% |
| Any Current Trauma (last 12 months) | 58.8% | 64.7% | 61.4% |
| Any Lifetime Abuse | 88.2% | 94.9% | 91.2% |
| Any Current Abuse (last 12 months) | 55.5% | 62.9% | 58.8% |

Experiencing Abuse Before Sentence

| | Ever | | Before 18 | |
|-----------------------------|-------------|--------------|-------------|--------------|
| | Male | Female | Male | Female |
| Probationers | 9.3% | 40.4% | 8.8% | 28.2% |
| Jail inmates | 12.9 | 47.6 | 11.9 | 36.6 |
| Federal inmates | 7.2 | 39.9 | 5.8 | 23.0 |
| State prison inmates | 16.1 | 57.2 | 14.4 | 36.7 |

Bureau of Justice Statistics, (1999)
*Prior Abuse Reported by Inmates
 and Probationers*



Veterans in Prisons/Jails

225,700 in Prison or Jail

While the number of Veterans are decreasing nationally, the number of incarcerated veteran's is rising

| | |
|------------------|------|
| World War II | 1.3% |
| Korean Conflict | 2.9 |
| Vietnam War | 35.3 |
| Persian Gulf | 11.7 |
| Afghan/Iraqi War | ? |

Bureau of Justice Statistics
Veterans in Prison or Jail
January 2000



Tuesday, August 02, 2005

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**Iraq veteran arrested in killing:
20-year-old suspect in double shooting had
requested treatment for stress disorder**

When Matthew Sepi returned from Iraq a few months ago, he spoke to his family reluctantly of gunbattles and the "weird noises" children make when they die. He never told relatives whether he killed anyone during combat but said he recently had been diagnosed with post-traumatic stress disorder and had been placed on a waiting list for treatment.



Iraq veteran sentenced for shooting Hudson man

By **ANDREW WOLFE**, Telegraph Staff awolfe@nashuatelegraph.com

NASHUA – A decorated Iraq war veteran will serve at least five years in prison for shooting a friend's stepfather last year, disabling the Hudson housepainter and traumatizing his family.

Hileman's lawyer, Lee Graham of Haverhill, Mass., said Hileman developed a substance abuse problem after returning from service in the Iraq war in November 2004, after he was wounded by an improvised landmine.

Hileman suffered injuries to his face and head, and he may have sustained a brain injury as well, Graham said.



Iraq veteran's family say he's a victim of PTSD, not a criminal

By KYLE PEVETO
The Daily Sentinel

Monday, March 26, 2007

Serving in the National Guard in Iraq has put him where he is now, in jail, being punished by the government he once fought for, his family says.

Agents from the Federal Bureau of Alcohol, Tobacco, Firearms and Explosives found a bomb fashioned with PVC pipe and gunpowder in Paul's Nacogdoches apartment, last November. They also found marijuana and psychedelic mushrooms.

After a two-week stay in a mental-health facility, Paul was arrested and charged with six felonies, including arson, a charge connected with the September pipe-bombing of a statue of the Virgin Mary outside a Catholic chapel near the SFA campus.

His friends and family say the Paul who bombed the statue is not the same Paul who made Christian mission trips and handed out candy to Iraqi children.

His service in Iraq scarred him deeply. Their son needs treatment for that injury, not punishment for having been wounded, they say.



Veterans' PTSD RISK

--80% of post-deployed soldiers at risk for PTSD are not referred for care*

--approximately 50% of those diagnosed with a MH problem received care, but less than 10 percent were referred**

***GAO report of May 2006**

****Hoge et al. , March 2006 in JAMA**



Factors Discouraging Disclosure

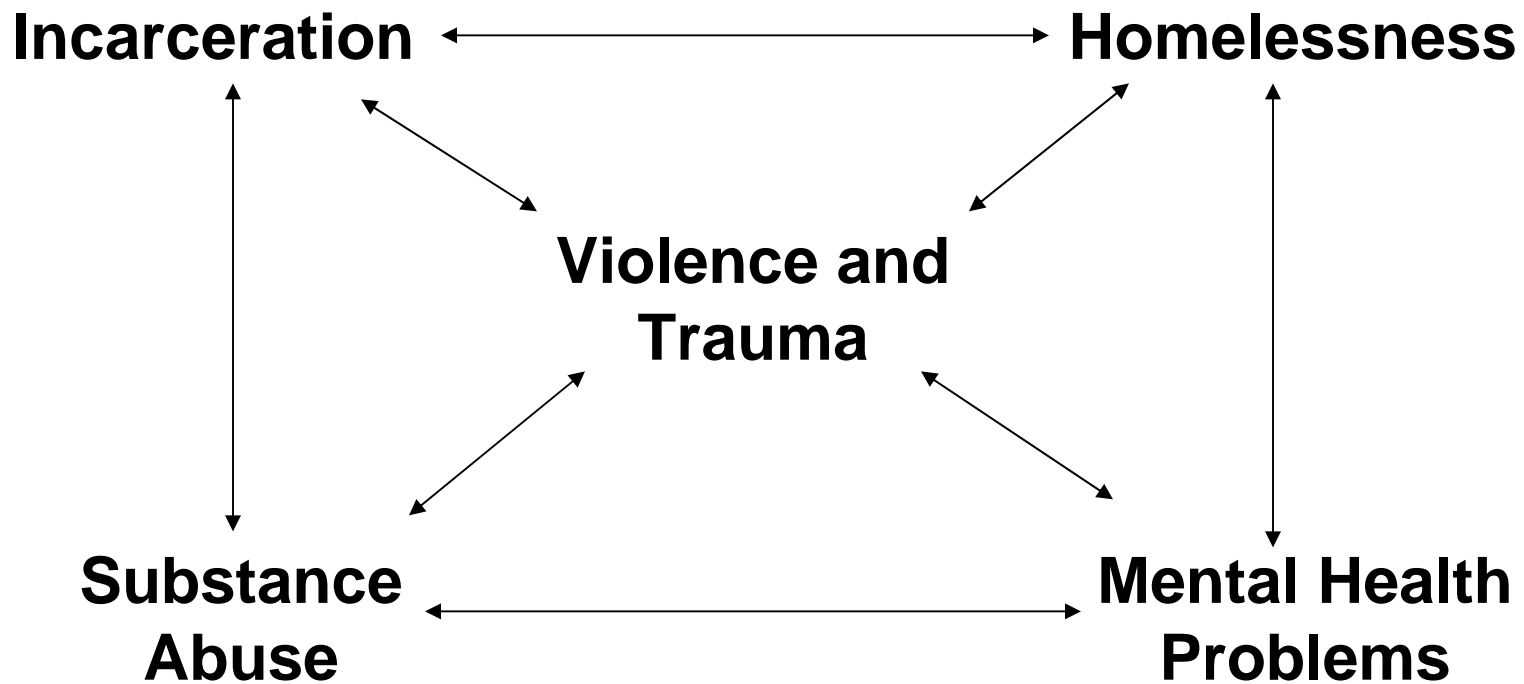
- **Myth: Male's Can't Be Victims**
- **Fear of stigma**
- **“Big Boys Don't Cry”**
- **“Suck it Up”**
- **“Brush it Off”**
- **“Don't get sad, get mad, or better still – get even.....”**



Why is Trauma so Important?

- Trauma is pervasive
- Trauma's impact is broad and diverse
- Trauma's impact is deep and life-shaping
- Trauma, especially interpersonal violence, is often self-perpetuating
- Trauma is insidious and differentially affects the more vulnerable
- Trauma affects how people approach services
- The service system has often been retraumatizing

A Vicious, Repetitive Cycle





Why Focus on Trauma Among Men?

- Exposure to different types of trauma
- Exposure to different characteristics of trauma (even if trauma is same type)
- Different attributions about trauma
- Different coping styles
- Different trauma sequelae
- Different “cultures”

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Gender and Trauma Exposure

■ Community samples

- Overall rates of exposure depend on definition
- Women report more sexual assault and child abuse
- Men report more physical assault, combat, life-threatening accidents

■ Individuals with severe mental disorders

- Women report more child sexual abuse and sexual assault in adulthood
- Men report more attacks with a weapon and witnessing a killing or serious injury



Gender and Child Sexual Abuse Trauma Characteristics

- **Women report more negative coercion (force and threats)**
- **Men report more positive coercion (rewards or promised rewards)**
- **Women more likely to report multiple victimizations**
- **Women more likely to report abuse by close family member**



Initial Impact of Trauma on Males

- **“Externalizing” behaviors**
 - **Aggression, delinquency, truancy**
 - **Substance abuse**
 - **Sexualized behaviors**
- **Physical and somatic complaints**
- **Emotional reactions**

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Longer-Term Impact of Trauma on Males

- **Low self-esteem and depression**
- **Work and school difficulties**
- **Relationship difficulties**
- **Substance abuse disorders**
- **Sexual problems**
- **Aggression and interpersonal violence**
- **High-risk/high-stimulation behaviors**

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M-TREM: A Group Intervention

- **History and development of TREM and M-TREM**
- **Theoretical approach**
- **Group format and structure**
- **Key group leader behaviors**

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M-TREM Part One

■ Goals

- To facilitate a sense of safety and trust in the group
- To develop a shared emotional vocabulary
- To introduce key relationship themes
- To discuss the importance of gender roles
- To begin preliminary discussion of the role of violence and abuse in members' lives



M-TREM Part One Topics

- Introduction
- Male Messages
- Trust
- Anger and Behavior
- Anger and Thinking
- Fear
- Hurt and Loss
- Hope
- Shame
- Sex
- Intimacy

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M-TREM Part Two

■ Goals

- To help members deepen an understanding of trauma and its broad-ranging impact
- To identify characteristic ways of coping with traumatic events
- To help members understand the connections among trauma and other life difficulties
- To reframe certain problem behaviors or symptoms as coping attempts
- To build on personal strengths in developing alternative coping methods

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M-TREM Part Two Topics

- **Gaining an Understanding of Trauma**
- **What is Emotional Abuse?**
- **What is Physical Abuse?**
- **What is Sexual Abuse?**
- **Abuse and Psychological or Emotional Symptoms**
- **Trauma and Addictive or Compulsive Behavior**
- **Abuse and Relationships**

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M-TREM Part Three

■ Goals

- **To apply an understanding of trauma's impact to a variety of life domains**
- **To develop, practice, and consolidate recovery skills**
- **To deepen the mutual help functions of the group**

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M-TREM Part Three Topics

- **Revenge, Acceptance, and Forgiveness**
- **Negotiating Family Relationships**
- **Communication Skills**
- **Positive Problem-Solving**
- **Managing Feeling Out of Control/Self-Soothing**
- **Realistic Goals and Empowerment**

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Framework for Response

Primary

- Safe Jails/Prisons

Secondary

- Policies for reporting and investigation

Tertiary

- Training
- Programs
- Marketing
- Best Practices



Prison Rape Elimination Act of 2003

- **requires Bureau of Justice Statistics to develop new national data collections on the incidence and prevalence of sexual violence within correctional facilities.**
- **1st survey completed in 2004 and questions expanded in 2005**
- **100% of federal and state prisons included; jails and other adult facilities sampled.**
- **the development of guidelines for states about how to address prisoner rape**
- **the creation of a review panel to hold annual hearings; and the provision of grants to states to combat the problem**



Challenges to Safe Prisons

- **Hesitancy to report/Timely reports**
- **Distinguishing coerced from willing sex**
- **Ignorance about reporting procedures**
- **Lack of evidence**
- **Lack of sanctions and punishments**
- **Prosecutor refusal to prosecute**
- **False claims**



Findings for Safe Prisons

- **Clear policy and procedure**
- **Staff training**
- **Facility cross training and departmental collaboration**
- **Inmate orientation and education programs**
- **Enhance and publicize reporting mechanisms**
- **Establish a safe prisons officer**



Trauma Informed Program Domains

- 1. Safety**
- 2. Formal Service Policies**
- 3. Trauma Service and Assessment**
- 4. Administrative Support for Facility-Wide Trauma Informed Services**
- 5. Staff Trauma Training and Education**
- 6. Human Resource Practices**

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Prison Rape Elimination Act (PREA) Considerations for Policy Review

Questions to Consider

- Policy Organization**
- Definitions**
- ZeroTolerance**
- Staff/Offender Duty to Report**
- Prevention**
- Investigations - General**
- Investigations – Selection and Training of Investigators**
- Investigations – Protocols**
- Investigations – Aftermath**



Summary

- **Male trauma exposure is widespread**
- **Men bring unique strengths and vulnerabilities to each stage of trauma recovery**
- **Clinicians need to be flexibly attuned to gender roles in relation to trauma and recovery**
- **Systems must be trauma informed**
- **Safe prisons are possible**

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Resources

- **Community Connections**

www.communityconnectionsdc.org

- **Bureau of Justice Statistics**

<http://www.ojp.usdoj.gov/bjs/>

- **GAINS**

www.gainscenter.samhsa.gov

- **National Institute of Justice**

<http://community.nicic.org/blogs/prea/default.aspx>

- **The Moss Group Inc.**

http://www.prisoncommission.org/public_hearing_1_witness_moss.asp