

The Employee Assistance program offers personalized child care referral for employees and their families. One of the many important decisions you will make as a parent is to choose the right child care for you and your family. Many parents are apprehensive about starting a child care search. You may wonder where to begin and what to look for... the EAP can help!

First, check out our *Parent's Guide to Searching for Child Care*: you can download it and print it out to refer to as you proceed through your search. Second, call the EAP and request assistance in locating child care options. We will gather information about your needs and wishes and research child care options on your behalf.

Assistance through the EAP is free and confidential. Of course, no one knows your child better than you: important considerations usually include the child care's capacity to assure the health, safety and education of your child. The EAP can help you become informed about your options. Through your personal research, discussions and observations you can make a decision that will feel right for you and your family.