

**Our Mission**

The University of Massachusetts Employee Assistance Program assists organizations in managing and minimizing the impact of stress on the workforce.

**Our Commitment**

We are committed to promote the health and well-being of employees through the prevention, identification, and treatment of personal problems in the workforce.

**Our Service**

We serve our clients by providing confidential, personal assistance for employees and their families, consultation for managers and Human Resource staff, and educational training.