

The Employee Assistance Program

*has a natural home at the University of
Massachusetts Medical School, an institution
dedicated to health sciences education and
research, as well as service to the citizens
of the Commonwealth.*

*The Medical School's clinical partner,
UMass Memorial Health Care,
is central Massachusetts' largest
not-for-profit health care delivery system,
covering the complete health care continuum.*



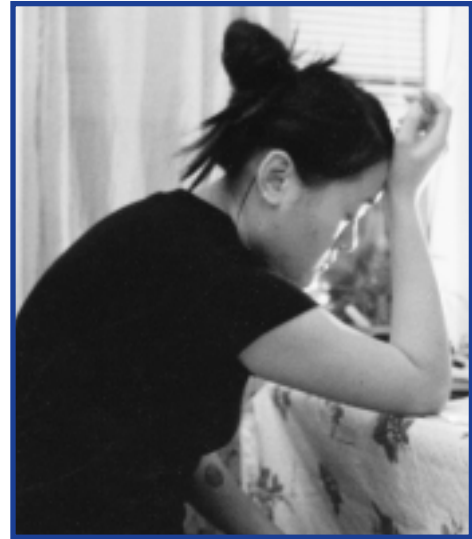
Employee Assistance Program

Here to Listen...Here to Respond

The Employee Assistance Program (EAP)

Your first step toward the help you need.

Why call the EAP? Because you don't have to struggle with your concerns alone. Whether your concern stems from a work issue or a personal one; whether it affects you or a household member, the Employee Assistance Program at the University of Massachusetts Medical School is able to assist.



The EAP provides information:

Professional evaluation, brief counseling and referral; help when you need it. With a single phone call, you can reach the EAP and its qualified personnel—fully licensed clinicians—who will discuss with you, confidentially and at no cost, the best method to address and resolve your concern.

The EAP can assist you with:

- job-related stress
- marital conflicts
- separation and divorce
- financial difficulties
- family and parenting issues
- elder care needs
- child care
- depression
- anxiety
- grief
- emotional trauma
- domestic violence
- legal concerns
- drug and alcohol misuse



Call the EAP at 1-800-322-5327

to schedule an appointment or to simply ask for information. A counselor is on call 24 hours a day, 7 days a week.