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Program for Clubhouse Research  
Center for Mental Health Services Research  
Department of Psychiatry  
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**Education:**

MA, C.A.G.S., Rehabilitation Counseling, Assumption College May 1990  
BA, Psychology, Assumption College May 1988

**Professional Experience:**

2005 - Director, Program for Clubhouse Research, Center for Mental Health Services Research, Department of Psychiatry, University of Massachusetts Medical School, Worcester, MA  
2003- Research Instructor, Center for Mental Health Services Research, Department of Psychiatry, University of Massachusetts Medical School, Worcester, MA  
2000-2005 Program Director, Program for Clubhouse Research, Center for Mental Health Services Research, Department of Psychiatry, University of Massachusetts Medical School, Worcester, MA  
1989-2000 Business and Research Coordinator, Genesis Club House, Inc., Worcester, MA  
1989-2001 Emergency On-Call Support Staff, Genesis Club House, Inc., Worcester, MA

**Professional Organizations:**

American Evaluation Association  
American Public Health Association  
United States Psychiatric Rehabilitation Association  
Who's Who in Academia

**Primary Areas of Interest:**

Recovery, health promotion interventions, including tobacco cessation for adults diagnosed with severe mental illness (SMI), vocational rehabilitation, and employment outcomes of adults with SMI, and the Clubhouse Model of Psychosocial Rehabilitation.

**Grants & Awards:**

American Legacy Foundation, Incorporating Tobacco Cessation Activities in a Psychosocial Rehabilitation Clubhouse, December 1, 2008-November 30, 2009, Primary Investigator

Massachusetts Clubhouse Coalition, Employment Expansion Project, July 1, 2005 – June 30, 2010, Primary Investigator

**Publications:**

**Journal Articles:**

J.DiFranza, S. Ursprung, B. Lauzon, C. Bancej, R. J. Wellman, S. Kim, A. Gervais, B. Meltzer, C. E. McKay, D. Ziedonis, J. O'Loughlin, C. TC Okoli, L. R. Fortuna, & M. Tremblay. (2009). *Are the Diagnostic and Statistical Manual's Diagnostic Criteria for Nicotine Dependence Valid and Reliable?*

McKay, C.E. & Pelletier, J.R. (2007). *Health Promotion in Clubhouse Programs: Needs, Barriers, and Current and Planned Activities*. **Psychiatric Rehabilitation Journal**, 31(2), 155-159.

McKay, C., Yates, B., & Johnsen, M. (2007). *Costs of Clubhouses: An International Perspective*. **Administration and Policy in Mental Health and Mental Health Services Research**, 34 (1), 62-72.

McKay, C., Johnsen, M., Banks, S., & Stein, R. (2006). *Employment Transitions for Members of Massachusetts Clubhouses*. **Work: A Journal of Prevention, Assessment, and Rehabilitation**, 26(1), 67-74.

Pelletier, J., Ngyuen, M., Johnsen, M., McKay, C., & Bradley, K. (2005). *Integrating Structured Physical Exercise into an ICCD Certified Clubhouse Program: Results of a Pilot Study*. **Psychiatric Rehabilitation Journal**, 29(2), 89-96.

McKay, C., Johnsen, M., & Stein, R. (2005). *Employment Outcomes in Massachusetts Clubhouses*. **Psychiatric Rehabilitation Journal**, 29(1), 25-33.

Johnsen, M., Davis, M., Starrett, B, Koroloff, N., McKay, C., & Sondheimer, D. (2005). Exploring Gaps and Continuities within Transition Networks. In C. Newman, C.J. Liberton, K. Kutash & R.M. Friedman (Ed.) *17th Annual Proceedings, "A System of Care for Children's Mental Health: Expanding the Research Base, February 29 – March 3, 2004, Tampa, Florida"*, (pp. 520-524). Tampa: The Research and Training Center for Children's Mental Health, University of South Florida.

Johnsen, M., McKay, C., Henry, A., & Manning, T.D. November 2004. *What does competitive employment mean? A secondary analysis of employment approaches in the Massachusetts Employment Intervention Demonstration Project*. In Fisher, William (ed.) **Employment for Persons with Severe Mental Illness, Volume 13, Research in Community and Mental Health**. Oxford, UK: Elsevier

Bradley, K., Pelletier, J.R., Rettig, M., McKay, C., & Johnsen, M. August 2004. *Developing a Structured Physical Exercise Program for Clubhouse Members: The Genesis Wellness Project*. **The Clubhouse Community Journal**, 5, 14-21.

Henry, A., Barreira, P., Banks, S., Brown, J.M., & McKay, C. *A Retrospective Study of Clubhouse-Based Transitional Employment*. **Psychiatric Rehabilitation Journal** 24(4), 344-354, Spring 2001.

**Issue Briefs:**

McKay, C.E. (2007, August). *Issue Brief: Evidence Based Practices in Mental Health: Advantages, Disadvantages, and Research Considerations*. Center for Mental Health Services Research, University of Massachusetts Medical School.

McKay, C. (2005, October). *Issue Brief: Recent Research Findings from the Program for Clubhouse Research*. Center for Mental Health Services Research, University of Massachusetts Medical School.

**Reports:**

McKay, C. (May 2009). Results from the ICCD Board Survey. Worcester, MA: Report produced by the Program for Clubhouse Research at the University of Massachusetts Medical School for the International Center for Clubhouse Development.

McKay, C. (2008). A Comparison of Organizational Characteristics and Outcomes between ICCD Clubhouses in the Northeast and the United States. Report produced by the Program for Clubhouse Research at the University of Massachusetts Medical School.

McKay, C. (April 9, 2007). A Comparison of Organizational Characteristics and Outcomes between ICCD Clubhouses in New York and the Northeast. Report produced by the Program for Clubhouse Research at the University of Massachusetts Medical School.

McKay, C. (2005) ICCD Clubhouse Characteristics: Results from the 2002 International Survey of Clubhouses. Program for Clubhouse Research, Center for Mental Health Services Research, University of Massachusetts Medical School, Worcester, MA.

Davis, M., Johnsen, M., Koroloff, N., Starrett, B. E., McKay, C., Pullman, M. & Sondheimer, D. *Where are Bridges Needed? Relationships between Youth and Adult Services before Strengthening the Transition System*. Report on a Network Analysis of a Center for Mental Health Services Partnerships for Youth Transition grant site. Report produced by the University of Massachusetts Medical School, Worcester, MA.

Johnsen, M., Henry, A., & McKay, C. (2004) *Employment of Persons with Psychiatric Disabilities*. Center for Mental Health Services Research, University of Massachusetts Medical School, Worcester, MA.

Johnsen, M., McKay, C., Corcoran, J., & Lidz, C. (2002) *Characteristics of Clubhouses across the World: Findings from the International Survey of Clubhouses 2000*. Program for Clubhouse Research, Center for Mental Health Services Research, University of Massachusetts Medical School, Worcester, MA.

### **Selected Presentations:**

McKay, C. *Incorporating Tobacco Cessation with Health Promotion Activities in a Psychosocial Rehabilitation Clubhouse*. Renewable Resources, 2009 Alaska Mental Health Recovery Education Conference, Anchorage, AK. May 11, 2009. (Invited speaker).

McKay, C. *Employment Outcomes in ICCD Clubhouses*. Renewable Resources, 2009 Alaska Mental Health Recovery Education Conference, Anchorage, AK. May 11, 2009. (Invited speaker).

McKay, C. *An Update from the Program for Clubhouse Research: Recent Outcomes of European Clubhouses. Plenary Presentation*. The 10<sup>th</sup> European Clubhouse Conference, Glasgow, Scotland. December 8, 2008.

McKay, C. *Supporting Clubhouse Members in Long Term Employment: Lessons Learned from Recent Studies of Clubhouse Employment*. The 10<sup>th</sup> European Clubhouse Conference, Glasgow, Scotland. December 8, 2008.

McKay, C. *Incorporating Health Promotion Activities in the Clubhouse Model: A Clubhouse Health Promotion and Tobacco Cessation Project*. The 10<sup>th</sup> European Clubhouse Conference, Glasgow, Scotland. December 8, 2008.

Meyers, A., Yates, B., & McKay, C. *A Cost-Benefit Analysis of the Clubhouse Model of Psychosocial Rehabilitation*. The 22<sup>nd</sup> Annual Conference of the American Evaluation Association, Denver, CO. November 2008.

McKay, C., Fisher, W., & Torres Stone, R. *Using Survival Analysis to Examine Job Tenure among Clubhouse Members and How You Can Use it Too*. Brown Bag Presentation. Center for Mental Health Services Research, University of Massachusetts Medical School, Worcester, MA. March 18, 2008.

McKay, C. (Moderator), Hester, T., Maeda, E., Groneberg, V., Gingold, H., Stein, R., & Wormley, D. *Partnerships for our changing world: Research, coalitions, and one state's vision*. The 14<sup>th</sup> International Seminar on the Clubhouse Model, Milwaukee, WI. October 16, 2007.

McKay, C. *Objective evaluations of clubhouse effectiveness: An update of a review of the evidence base for the Clubhouse Model*. The 14<sup>th</sup> International Seminar on the Clubhouse Model, Milwaukee, WI. October 15, 2007.

Corcoran, J., Gunn, T. Emory, P., & McKay, C. *Medicaid and U.S.A. clubhouses (Part I): Forum for planning an ICCD clubhouse strategy for Medicaid advocacy*. The 14<sup>th</sup> International Seminar on the Clubhouse Model, Milwaukee, WI. October 14, 2007.

Corcoran, J., Gunn, T. Emory, P., & McKay, C. *Medicaid and U.S.A. clubhouses (Part II): Forum for planning an ICCD clubhouse strategy for Medicaid advocacy*. The 14<sup>th</sup> International Seminar on the Clubhouse Model, Milwaukee, WI. October 14, 2007.

McKay, C. *Characteristics of Contemporary Clubhouses: Results from International Clubhouse Surveys*. The United States Psychiatric Rehabilitation Association's 32<sup>nd</sup> Annual Conference, Orlando, FL. May 2007.

McKay, C. & Pelletier, J.R. *Health Promotion in the International Clubhouse Community: Needs, Barriers, and Activities*. The 17<sup>th</sup> Annual Conference on State Mental Health Agency Services Research, Program Evaluation, and Policy, Washington, DC. February 2007.

McKay, C. *Applied Research and Evaluation Outcomes to Enhance Mental Health Services: Results from an International Survey of Clubhouses*. The 17<sup>th</sup> Annual Conference on State Mental Health Agency Services Research, Program Evaluation, and Policy, Washington, DC. February 2007.

McKay, C. *Employment Outcomes in ICCD Clubhouses*. Mission Employment Conference II. Westborough, MA. September 2005.

McKay, C. *What is the Evidence Base for the Clubhouse Model?* (Plenary Presentation). The 13th International Seminar on the Clubhouse Model, Helsinki, Finland. June 2005.

McKay, C. *Clubhouse Research Projects - Recent Findings and Innovative Approaches to Member Recovery*. The 13th International Seminar on the Clubhouse Model, Helsinki, Finland. June 2005.

McKay, C. *Clubhouses as Evidence Based Practices - Objective Evaluations of Clubhouse Effectiveness*. The 13th International Seminar on the Clubhouse Model, Helsinki, Finland. June 2005.

McKay, C. & Johnsen, M. *Employment Outcomes in Massachusetts Clubhouses*. The United States Psychiatric Rehabilitation Association's 30<sup>th</sup> Annual Conference, Pittsburgh, PA. May 2005.

Johnsen, M., McKay, C., & Campbell, R. *Examining the Evidence Base for the Clubhouse Model*. The 15<sup>th</sup> Annual Conference on State Mental Health Agency Services Research, Program Evaluation, and Policy, Baltimore, MD. February 2005.

McKay, C. & Johnsen, M. *Employment Transitions for Clubhouse Members*. The 132<sup>nd</sup> Annual Meeting of the American Public Health Association, Washington, DC. November 2004.

McKay, C., Yates, B. & Johnsen, M. *Costs of Clubhouses: An International Perspective*. Evaluation 2004, the annual meeting of the American Evaluation Association, Atlanta, GA. November 2004.

McKay, C. *Clubhouse Employment Outcomes: Impact for Rehabilitation Counselors*. Rehabilitation Counseling Graduate Program, Assumption College, Worcester, MA. April 2004.

Johnsen, M., Davis, M., Starrett, B., Koroloff, N., McKay, C., & Sondheimer, D. *Exploring Gaps and Continuities within Transition Networks*. 17th Annual Research Conference, "A System of Care for Children's Mental Health: Expanding the Research Base", Tampa, FL. March 2004.

McKay, C., & Johnsen, M. *Employment Outcomes in Massachusetts Clubhouses* (Roundtable presentation). The 131st Annual Meeting of the American Public Health Association, San Francisco, CA. November 2003.

Johnsen, M. & McKay, C. *Social Capital and Mental Health Program Diffusion: Exploring the Relationship between Clubhouse Diffusion and Social Capital* (Roundtable presentation). The 131<sup>st</sup> Annual Meeting of the American Public Health Association, San Francisco, CA. November 2003.

Yates, B., Johnsen, M., & McKay, C. *Costs and Cost-procedure Relationships of Clubhouses in 17 Countries*. (Poster Presentation) The 131<sup>st</sup> Annual Meeting of the American Public Health Association, San Francisco, CA. November 2003.

McKay, C. & Johnsen, M. *Employment Transitions and Employment Outcomes Including A Secondary Analysis of data from the Worcester Employment Demonstration Project* (Plenary Presentation). The 12th International Seminar on the Clubhouse Model, Minneapolis, MN. October 2003.

Johnsen, M. & McKay, C. *Characteristics and Costs of Clubhouses: Results from an International Survey of Clubhouses* (Workshop Presentation). The 12th International Seminar on the Clubhouse Model, Minneapolis, MN. October 2003.

Johnsen, M. & McKay, C. *Results from the International Survey of Clubhouses 2000*. Annual Meeting of the American Public Health Association. Philadelphia, PA. November 2002.

McKay, C. & Johnsen, M. *Employment Characteristics of Massachusetts Clubhouses*. The Seventh European Clubhouse Conference, Edinburgh, Scotland. July 2002.

McKay, C. & Johnsen, M. *The Impact of Clubhouse Research Outcomes: Results from the International Survey of Clubhouses 2000*. The Seventh European Clubhouse Conference, Edinburgh, Scotland. July 2002.

Johnsen, M., McKay, C., & Dolan, D. *Results from the International Survey of Clubhouses 2000*. Presented at the 11th International Seminar on the Clubhouse Model. Chattanooga, TN. October 2001. Presented at the Center for Mental Health Services Research, University of Massachusetts Medical School. Worcester, MA. Spring 2002

McKay, C. & Rodriguez, D. *Tracking and Reporting Outcomes for Clubhouse Members: The Massachusetts Clubhouse Coalition Employment Survey*. Presented at the 11th International Seminar on the Clubhouse Model. Chattanooga, TN. October 2001.

Johnsen, M., McKay, C. *The Program for Clubhouse Research*. Annual Meeting of the International Association of Psychosocial Rehabilitation Programs. Houston, TX. June 2001.

McKay, C. *Models of Employment for Adults with Mental Illness*. Rehabilitation Counseling Graduate Program, Assumption College, Worcester, MA. March 2001.

Propst, R.N., Macias, C., Ruas, D., Cuda, M., McKay, C. *Benchmarks of Good Clubhouse Performance: What can you expect from an ICCD Certified Clubhouse*. Tenth International Seminar on the Clubhouse Model, Toronto, Canada. October 1999.