

July/August, 2010

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Greetings from the Chair

Welcome back from the wonderful summer we've been having. I would like to encourage you to attend the Grand Rounds kickoff on September 9 at our new time and location—noon-1 p.m. in the Lazare Auditorium. It's my great pleasure to welcome Visiting Professor Sangkeun Chung MD, PhD to the department. Read more about Dr. Chung below in the [Global](#) section of the newsletter.

Calendar

(Check the [announcements](#) section for more event info.)

Sep 1: Next department meeting noon-12:45 p.m., Amphitheater 1. See you there!

Sep 9: Grand Rounds kickoff—noon, Lazare Auditorium

Sep 22: CANDI TEA with MD's—6:30–8:30 p.m., Worcester Public Library, 3 Salem Square, Worcester, MA. Feature Dr. Mary Ahn on "Mood and Anxiety Disorders"

Sep 26: Walk to Cure Cancer

Sep 30: DUE DATE—E-Learning 4U 2010 Annual Required Education (Carol DeCoursey)

Headlines

KRISTINA DELIGIANNIDIS MD awarded a Worcester Foundation for Biomedical Science (WFBR) Annual Research Grant for "A Serological and Brain Spectroscopic Neurochemical Biosignature for the Prediction of Major and Minor Depressive Disorder in Postpartum Women." Information on her project was featured in the May 2010 issue of [Focus](#).

AMY WACHHOLTZ PhD, MDiv recently interviewed by Tracey Logan of the British Broadcasting Company (BBC) for two shows featuring her research on spirituality and health and on meditation, titled "Benefits of Religion on Health" and "Meditation" as part of *All Things Considered*.

Tapping the power of social networking sites such as **Twitter and Facebook** increases company visibility and creates a forum for information sharing, product recommendations and business referrals. At the Medical Center, the Marketing and Communications Department manages the hospital's Twitter presence. Rob Brogna, media and public relations manager, mentioned in a Telegram & Gazette interview that social networking tools would provide UMass Memorial a huge opportunity to better connect with patients. Read the [article](#).
Follow Psychiatry on Twitter: **UMassPsychiatry**

The verbal response of British Petroleum (BP) to the catastrophic oil spill in the Gulf of Mexico has been described as an apology. It is not an apology. Read the June 6 [Wall Street Journal article](#) by **AARON LAZARE MD**.

ELLEN MORE PhD contributed to the Op Ed piece, "Pill's role in women's lives", in June 11 [T&G](#).

TATYANA SHTEINLUKHT MD quoted in recent [T&G article](#) on transcranial magnetic stimulation, or TMS. "The studies I've read say that TMS is about 40 percent effective in treating depression," she said.

Read the June issue of the Medical School's monthly employee e-newsletter, [Focus](#), with its feature on the school's 10th annual Women's Faculty Awards Program, at which **REBECCA LUNDQUIST, MD** received the Excellence in Clinical Service Award for her contributions to patient care. She was interviewed on Postpartum Depression on "House Calls" at CBS 3 Springfield, June 24.

SHELDON BENJAMIN MD talks about the unique way to incorporate neurology and neuropsychiatry in our residents program in the July 2 [Psychiatric News](#). At UMass Psychiatry, we are "taking ownership of the brain."

MATHIEU BERMINGHAM MD heavily quoted in July 15 [The Bay State Banner](#) article, commenting on the wraparound approach in which the State offers services to children.

The August edition of the Massachusetts Medical Society's *Physician Focus* monthly educational health care program for patients examines the developmental disability of autism, one of three such disabilities along with Asperger Syndrome and Pervasive Development Disorder not otherwise specified. **JEAN FRAZIER MD** is a guest on the show along with Robin Adair MD, UMass Memorial Children's Medical Center. The program is being distributed to public access television stations throughout the state and will be available for viewing online in its entirety beginning in August at www.physicianfocus.org.

Recognitions

AMY WACHHOLTZ PhD, MDiv awarded the **American Behavioral Medicine Research Fellowship** for early investigators who show the most promise of contributing to the field of Behavioral Medicine Research. This fellowship provides additional research mentoring as part of a research "boot camp" that focuses on grant writing and research program development.

MARIE HOBART MD, chief medical officer of Community Healthlink (CHL), recently elected president of the Massachusetts Psychiatric Society (MPS). The MPS represents more than 1,700 psychiatric physicians and is a nonprofit organization for professional support, education, advocacy and practice development.

Congratulations to **PETER METZ MD** and **PAUL PLASKY MD, PhD** who have been named in the inaugural class of UMass Medical School's Learning Community mentors after a rigorous review process. The learning community mentors will dedicate their time to students' professional development through role modeling, clinical teaching and mentorship, as part of the new Learning Communities curriculum. [More...](#)

Yael DVIR MD and **Daniel Fallon MD** received an American Academy of Child and Adolescent Psychiatry (AACAP) Pilot Research Award, supported by Lilly USA, LLC.

Jessica Griffin PsyD and **Eugene Thompson MSW, MPH** presented a workshop, "Sustaining Evidence Informed Practice in System of Care Using Trauma-Focused Cognitive Behavioral Therapy: Training, Coaching, and Evaluation," at The Training Institutes 2010, New Horizons for Systems of Care, Effective Practice and Performance for Children and Youth with Mental Health Challenges and Their Families in Washington, DC.

Jessica Griffin PsyD to present "After the Evaluation: Trauma Focused Cognitive Behavioral Therapy, Evidence-Based Treatment for Traumatized Children" at the Association of Family and Conciliation Courts (AFCC) Ninth Symposium on Child Custody Evaluations in October, 2010, Cambridge, MA.

Gina Vincent PhD will be awarded a K01 grant from NIDA for "Neuroimaging Youth with Callous-Unemotional Conduct Disorder (CU-CD) and Co-morbid Substance Abuse". This 5-year plan will focus on the callous-unemotional traits and serious conduct disorder (CU-CD) population and blending neuropsychological and personality assessments with neuroimaging to better understand the early trajectory towards drug addiction to inform treatment for this population. Dr. Vincent has also been awarded a grant for "Youth Risk Assessment Guidelines for Juvenile Justice Project" funded by the MacArthur Foundation. **Tom Grisso PhD** is a Co-Investigator. This will be a 2-year project aimed at creating a workgroup to develop a published set of guidelines for implementing risk-needs assessment tools in juvenile justice, including how these assessments can be used in sentencing and case management decisions.

Joanne Nicholson PhD was a recent invited plenary panel speaker at the MHA annual conference in Washington, DC. The conference, entitled "Get Connected: Social Inclusion in Wellness and Recovery", brought together hundreds of advocates, mental health experts, organizations and researchers to explore the importance of meaningful social roles and connections in maintaining health and achieving recovery.

Sheldon Benjamin MD has been designated as the point person in Psychiatry to be part of the program planning process for the Center for Experiential Learning and Simulations (CELS). The CELS program will be located in the Albert Sherman Center. To learn more about the program, please visit the CELS [website](#).

Announcements

The July department meeting minutes are now [online](#) in pdf format.

September

The New England Council of Child & Adolescent Psychiatry will have a presentation and town hall meeting which will include **Jean Frazier MD** speaking on Autistic Disorder/Asperger's Disorder on Saturday, **Sept. 25**. Please visit their [website](#) for more information and to register.

People



WE HAVE ARRIVED! Here's to a successful move from Westborough to Worcester!

Read about the Westborough State Hospital closing ceremony in the July issue of [DMH Connections](#).

Global



We are excited to welcome **SANGKEUN CHUNG MD, PhD**, professor and chair of the Department of Psychiatry at Chonbuk National University Medical School in Korea, as visiting professor in our department beginning Monday, Aug. 16, 2010 (through Jan. 31, 2012). Currently on sabbatical from his Chair's position, Professor Chung joins our department working with Dr. Doug Ziedonis on their mutual interests in tobacco addiction and smoking cessation as well as collaborative research efforts with Dr. Sun Kim and other members of our faculty on culturally-tailored treatment of tobacco dependence in native Korean and American-Korean smokers. His research interests include mood disorders, tobacco dependence, and cultural psychiatry.

Professor Chung is extremely accomplished in the psychiatry field in Korea. Among the many high-impact positions he's holding are president of Korean Bipolar Forum, vice president of Korean Society for Depressive and Bipolar Disorders, director of the Planning Committee of Korean Academy of Anxiety Disorders, secretary general of Jeonju Schoolroom for Smoking Cessation, Jeonju, Korea, and regular member of Korean Academy of Addiction Psychiatry. He likes power walking and plays 'Sogeum,' a small bamboo transverse flute. He has an office in Biotech One and can be found in the global address.

In September, **TOM GRISSO PhD** and **LAURA GUY PhD** will chair a symposium they developed for a conference in Basel, Switzerland (the Second International Congress of the European Association for Forensic Child and Adolescent Psychiatry). The six participants (from Netherlands, Spain, Switzerland, Italy, Turkey, Belgium) will describe their research on mental health problems of juvenile offenders in their countries using the MAYSI-2 (a mental health screening tool developed in Grisso's lab). Drs. Grisso and Guy will also meet with these researchers at the conference to begin planning a proposal for a collaborative, multi-national research study on mental health screening in juvenile justice facilities.

The **Open Society Institute Global Drug Policy Program** welcomes drug policy related proposals from organizations worldwide. The program supports a broad range of institutions

working in different fields, such as economics, policy, public health, human rights, and the media. Please follow this [link](#) for more information on the program and how to submit a proposal. Deadline for submissions is **October 1st**.

SCHAHRAM AKBARIAN MD, PhD was invited to lecture for the 2010 Summer Program of the RIKEN Brain Science Institute in Tokyo, Japan. This is a prestigious lecture series organized by the RIKEN BSI Director, Dr. Susumu Tonegawa, who received the Nobel Prize in Physiology or Medicine in 1987. This year's lecture list included many prominent names in the field of basic and translational neuroscience (Dr. Robert Malinow, Dr. Alcino Silva, Dr. Karl Deisseroth, Dr. Norman Geschwind, Dr. Marcus Raichle and others). The students of the course reflect an international audience, and included many of the prestigious PhD or MD graduate programs in the United States. Dr. Akbarian lectured on the epigenetic approach to psychiatric disorders, toured the RIKEN BSI Institutes, and networked with several of their basic neuroscientist and psychiatrist faculty including Dr. Tadafumi Kato and Dr. Takeo Yoshikawa.

Wellness

Mental health and physical health are inextricably linked. Good nutrition, regular physical activity, tobacco cessation and stress management can all improve mental health, as well as physical health. Small changes over time can add up to major benefits. The purpose of the Wellness Initiative is to provide you with resources that will support wellness interventions with your patients/clients. Visit the Wellness Webpage at www.umassmed.edu/Psychiatry and click on "resources" to access patient handouts, wellness manuals, and web resources. This information is also helpful for your personal wellness. Your personal wellness also benefits your patients/clients. People that engage in healthy behaviors are more likely to encourage/counsel others to do the same. Patients/clients are also more likely to follow the advice if given by someone that engages in the healthy behavior. If you have questions about a wellness topic please contact Barb Grimes-Smith, Wellness Initiative Program Director at Barbara.Grimes-Smith@umassmed.edu.



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