

Psychiatry Business & Research Meeting
MINUTES – March 2, 2011

12:00-1:00 in FACULTY CONFERENCE ROOM (S1-342)

ATTENDANCE: 96 signatures on file: Faculty 34 Residents 14; Admin & Research 19; Support 15; Other 14

Please be sure to sign in for each meeting. Our meetings begin promptly at 12:00 noon. In an effort to cover material on an anticipated full agenda, please be sure to mark your calendars and arrive early so we may begin the meeting as scheduled. Lunch is available starting at 11:45am. . All faculty, residents, and staff are encouraged to attend.

NEXT MEETING: Wednesday, April 6, 2011 (Note: Change in Location to AMPHITHEATER 1)

Faculty and Staff are encouraged to contact the Chairman's Office with agenda items for these meetings at 508-856-3066 or via email at Diana.langford@umassmemorial.org

Topic	Items for Presentation/Discussion	Reference & Contact Information
PRESENTATIONS	<ul style="list-style-type: none"> ✚ Wellness – Barb Grimes Smith gave an informative presentation on wellness with the results of a recent departmental wellness survey. Jean King recognized seven staff members of the department who were honored for their consistent and long-term commitment to healthy behaviors: Sue Alward, Val Buffone, Bob Carey, Teo-Carlo Straun, Ann Foley, Carol Puleo, and Cindy Snell. A copy of her presentation is attached. Health heart flyers were left on the tables for attendees. ✚ Program for Clubhouse Research – Colleen McKay, MA, CAGS, presented a power point entitled, “Incorporating Tobacco Cessation Activities in a Psychosocial Rehabilitation Clubhouse” which shared the results and products (toolkit) that emerged as part of a project funded by the Legacy Foundation. She thanked Dr. Ziedonis for his support and mentorship in this project. A copy of her presentation is attached here. Should you have questions or comments, please contact Colleen at colleen.mckay@umassmed.edu or visit the website at www.umassmed.edu/cmhsr/clubhouse_research.aspx ✚ High School Summer Internship Program - Teo-Carlo Straun, MD and Meghan Heffernan spoke about the UMass Summer Internship program and the interest that has been generated since the inception of the Neuroscience and Mental Health Program for High School students. Based on the responses they are getting from leaders, teachers and students from as far away as Ontario Canada, the need for more faculty to volunteer for the UMass Summer Internship program is loud and clear. Students are eager to be involved in research and benefit from the opportunity to spend time shadowing faculty for 3 weeks in the summer. The hope is to give as many students as possible an opportunity to participate in the highly successful program. If you are willing to volunteer for this upcoming summer, please contact Teo or Meghan. ✚ The recent Brain Bee was highly successful with much credit going to the faculty who participated and staff who helped with all the logistics. (Over 100 registered and despite the weather, there were 80 competitors from 13 local schools. The winner was Raashika Goyal, a junior at Advanced Math and Sciences Academy 	

ANNOUNCEMENTS

Charter School.)

- ✚ Time and Effort documentation process Jeff Adams, Academic Business Manager in Psychiatry, briefly discussed the upcoming time and effort reporting process which will be distributed via email the week of March 7. It will be the same form as used last year and providers will receive a copy of last year's completed form for reference. Significant changes from last year should be discussed with your Division Director or Vice Chair prior to submission (deadline Friday, April 15).
- ✚ Deb Field, MD and Yael Dvir, MD presented this year's teaching awards: Dr. Field presented this year's teaching award to **Ron Greene, DO**, Medical Director of the Psychiatric Treatment Center. The award was based on numerous evaluations from students including some of the following: "has a great approach to the teaching of psychiatry. He has a laid back demeanor which is very inviting of questions and discussions and never lets students get lost in the shuffle. Very understanding and compassionate with students. Good sense of humor. Treats students as colleagues and friends. His approach with patients is one to be emulated". The second award was presented by Dr. Dvir to **Teo-Carlo Straun, MD**. Excerpts from some of the evaluations described Dr. Straun as "dynamic, great energy and enthusiasm for teaching, easy to talk to and knowledge and able to engage students; took the time to teach; learned a lot about interviewing style; patients opened up to him easily; brought the material to a very real level for students whose thoughtful consideration for individual patient circumstances was contagious." Congratulations Ron and Teo!
- Yael Dvir, MD has been selected and she has accepted to participate in the 2011 Career Development Institute (CDI) for Bipolar Disorder, an exciting career enhancement opportunity that provides support around launching and maintaining a career in this important area of research. The CDI for Bipolar Disorder program consists of a three-day workshop in Pittsburgh, subsequent opportunities to reconnect with CDI colleagues at national psychiatric professional meetings, and participation in annual web-based reviews of your career progress. The 2011 Career Development Institute begins with a three-day workshop at the University of Pittsburgh in Pittsburgh, Pennsylvania on March 26 through March 29. The workshop consists of didactic lectures from CDI faculty, one-to-one consultations with faculty mentors, oral presentations by participants critiqued by CDI faculty, and an opportunity to submit one of your research proposals for review at a mock NIH study section. Congratulations on being selected to be a part of the 2011 CDI for Bipolar Disorder!
- Dr. Geller thanked everyone who supported his APA nomination. He encouraged residents to change the election statistics which show that only 25% of eligible voters participate in the process. Dr. Geller announced that Dan Breslin, MD has returned as senior psychiatrist in the DMH, North East-Suburban area. Drs. Geller and Langenfeld are working toward making grand rounds more of an educational event and getting as many rounds as eligible approved for risk management credits. The upcoming Grand Rounds on March 31, 2011 with speaker Ronald J. Diamond, MD has been approved for CEUs.
- Dr. Ziedonis read the following ANNOUNCEMENT FROM SHELDON BENJAMIN who was out of town at the time of this meeting:

"The residency seminar day will be moving from Wednesday to Thursday starting in July. You may recall we could not do this year even though we tried—there were several clinics that could not be moved at that time. The change is to allow us to optimize involvement of visiting grand rounds speakers in the curriculum and to get our seminar day OFF of our interview day for residency applicants and our med student teaching day as this has been a scheduling

nightmare this year.

We plan to move the case conference series to a spot immediately after grand rounds on Thursdays (grand rounds are 12-1 with gathering time at 11:30) and we are planning on having case conferences on University campus (all case conferences) from 1:15-2:30. The Biological Psychiatry Seminar would be just before grand rounds on Thursdays from 10:15-11:30. This arrangement would allow us to more fully utilize the grand round speakers since we are spending lots of money to bring them here.

With this plan, we can book rooms large enough for all interested faculty and trainees (from all disciplines) to attend either the bio seminar and/or case conference each week AND ask some visiting speakers to either serve as case conference discussant or biological psychiatry seminar lecturer in addition to grand rounds as appropriate. With rooms automatically booked it will make the whole visiting professor program much easier to plan for and I think really raise the quality of our seminars as well.

Our hope is that since we encourage the whole dept to come to grand rounds at lunch time on Thursday that it will be much easier for members of a given service to attend their case conference as well."

- Dr. Sujata Sriram, a Fulbright Scholar from India has been invited for a presentation which will be on April 14, 2011 at noon. Dr. Sriram was Dr. Minakshi Tikoo's major professor at University of Delhi who will be visiting UCSD on a Fulbright. She will speak to our faculty on the work that she is doing here and also back home. She is currently an Associate Professor at Tata Institute of Social Sciences (TISS) in Mumbai. This institute is one of the collaborators on Dr. Tikoo's India grants.
- NOTE: NEXT MONTH'S MEETING WILL BE IN AMPHITHEATER 1
- BE MENTALLY WELL LECTURE: UNDERSTANDING AND TREATING DEPRESSION – TUESDAY, MARCH 15, 2011 – AMPHITHEATER 1, 6:30-8:30 PM
- NAMI WALK Saturday, May 21, Artesani Park 9:00 am - 3:00 pm in Brighton, MA – This year's co-leaders will be: Faculty co-Leader, Jeffrey Geller, MD and co-leader, Adalia Jun, MD, Psychiatry Resident. They will be working with Barb Grimes-Smith to incorporate the Wellness Initiative into this year's walk. The 3-mile walk will take place along the banks of the Charles River in Boston, a lovely venue. With walks and other events to raise funds and call attention to a variety of disorders, including cancer, diabetes, AIDS, and others, it is great to see mental illness attracting similar attention. NAMI, which promise more adequate funding for treatment and research on mental illness, is certainly worthy of our support. For a walk like this to be successful, indispensable components are team leaders and walkers! John O'Brien has generously continued UMMC's support of this worthy cause and we are extremely grateful. More details will be forthcoming

Jean Frazier, MD, introduced M. Bijoy Mathew, MD who is a child and adolescent psychiatrist. Dr. Mathew did his undergraduate studies at Johns Hopkins in molecular and cellular biology. He received his MPH from Tulane in Maternal and Child Health and then returned again to Johns Hopkins where he received his MD degree. Dr. Mathew joins us from Rhode Island where he was a full time child and adolescent psychiatrist. Dr. Mathew is eager to rejoin academics and get involved in teaching. He will be part time at the CCU and at CHL.

INTRODUCTIONS	<p>Lauren Charlot PhD, LICSW: Director, ID Service, Assistant Professor, UMMS introduced</p> <ul style="list-style-type: none"> • Kathleen Collins, PhD: Clinical Psychologist, ID Service, Assistant Professor, UMMS • Mary Crane, BA: Mileau Therapy Coordinator, ID Service • Kristen Weisberg, OTR/L: Occupational Therapist, ID Service <p>Dr. Ziedonis introduced Eric Mick, ScD, who has recently joined UMass and the Quantitative Health Sciences 80% and will support our CDRO 20%. He will be a great addition and we will benefit from his expertise in genetic research and ADHD in adults and children.</p>										
Awards and Recognition	<p>Congratulations to Matilde Castiel who has been chosen to receive the National Association of Social Workers – Massachusetts Chapters' 2011 Public Citizen of the Year Award.</p>										
Faculty and Staff News	<p>New Faculty:</p> <table border="0"> <tr> <td>Daniel Breslin, MD</td> <td>01/24/11</td> <td>DMH-North East-Suburban Area</td> </tr> <tr> <td>M. Bijoy Mathew, MD</td> <td>02/14/11</td> <td>BIRT/CHL</td> </tr> </table> <p>Faculty Terminations:</p> <table border="0"> <tr> <td>Joanna Poluha-O'Neil, MD</td> <td>01/21/11</td> <td>Health Alliance</td> </tr> </table>	Daniel Breslin, MD	01/24/11	DMH-North East-Suburban Area	M. Bijoy Mathew, MD	02/14/11	BIRT/CHL	Joanna Poluha-O'Neil, MD	01/21/11	Health Alliance	
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Important Dates for your Calendar!	<p>Tuesday, March 15 – Be Mentally Well Lecture Series (“UNDERSTANDING AND TREATING DEPRESSION”) – Amphitheater 1 – 6:30-8:30 pm</p> <p>Thursday, April 21 – Complementary and Alternative Medicine (CAM) AIG lecture series: David M. Eisenberg, MD., Bernard Osher Distinguished Associate Professor of Medicine at Harvard Medical School. 6:30pm, Amphitheater 1 “Integrative Medicine: Reflections on Past, Present and Future Challenges and Opportunities”</p> <p>Saturday, May 21 - <i>NAMI WALK</i> Artesani Park 9:00 am - 3:00 pm in Brighton, MA</p> <p>Wednesday, June 1 – 4:30 to 7:30 p.m. Event featuring Dr. Aaron Lazare who will give a lecture on shame, humiliation, and apology in the Faculty Conference Room, followed by a light reception and book signing at the new medical school lobby. CME credits will be offered</p> <p>Wednesday, June 15 – 27th Public Sector conference “Using Mindfulness for Improving Care of Patients with Serious Mental Illness and Clinicians’ Self-Care” All day event, Amphitheater III, University Campus</p>										