

## Psychiatry Business & Research Meeting

### MINUTES – February 1, 2012 – Faculty Conference Room

**ATTENDANCE:** 94 signatures on file: Faculty 34; Residents 15; Admin & Research 24; Support 14; Other 7

**Please be sure to sign in for each meeting.** Our meetings begin promptly at 12:00 noon. In an effort to cover material on an anticipated full agenda, please be sure to mark your calendars and arrive early so we may begin the meeting as scheduled. **Lunch is available starting at 11:45am.** All faculty, residents, and staff are encouraged to attend.

### **NEXT MEETING: Wednesday, March 7, 2012 – Faculty Conference Room**

An agenda reminder will be sent for the meeting later in February. Faculty and Staff are encouraged to contact the Chairman's Office with agenda items for these meetings at 508-856-3066 or via email at Diana.Langford@umassmemorial.org

**Please review the minutes for information and announcement details that may not have been conveyed at today's meeting.**

Topic	Items for Presentation/Discussion	Reference & Contact Information
Welcome and Announcement	<p>Dr. Ziedonis opened today's meeting by announcing the selection of the UMass Department of Psychiatry to be profiled along with NYU at this year's APA Annual Meeting in Philadelphia, May 5-9th. Dr. Ziedonis was contacted by Mark Rose, Program Director of <b>APA-TV</b> whom we have now contracted with to feature the UMass Department of Psychiatry. Last year the APA profiled Departments of Psychiatry from Yale University and Stanford University. Their films are still live on <a href="http://www.psych.org/2011annual">http://www.psych.org/2011annual</a>.</p> <p>The production will be a five minute documentary feature in which we will be able to highlight our key programs, initiatives and best practices. Our department was selected since the key themes* the APA wants to highlight this year, dovetail so closely with our department's mission. (Integrated Care and Personalized Medicine; Advances in clinical and translational research: Schizophrenia, Alzheimer's Disease, Treatment Resistant Depression, Addiction and Medication Use (Treatment for Alcohol Use Disorders); Neuroimaging and other neurophysiological techniques; Military mental health including advances in PTSD and TBI diagnosis and treatment; Education, Training and Community Outreach; Psychopharmacology; Mindfulness-based Practices and Alternative Medicine in Treatment of Stress and Psychiatric Illness). Dr. Ziedonis will give future updates as the process moves forward.</p> <p>The production will</p> <ul style="list-style-type: none"> <li>▪ Produce a series of news programs at the 165th Annual Meeting of the APA on Television screens</li> <li>▪ Copies of the program will be available to delegates upon request</li> <li>▪ Stream and host the film online for 12 months after</li> </ul>	

Presentations	<ul style="list-style-type: none"> <li>▪ Stream the film at the Annual Meeting via a dedicated TV channel in selected delegate's hotels in the area;</li> <li>▪ Provide us with a link to the film for marketing purposes.</li> </ul> <p>Along the lines of upcoming productions, Dr. Ziedonis introduced <b>Anna Chinappi</b> from DMH. Anna relayed that her team (Will Smyth of <i>Vacilando Films</i>, and Pam Berard, both trained journalists with years of experience in developing content and publications, photography and videography), will be onsite doing shoots representing important work through centers and people of the department. The publication will tell the story of the Dept. of Psychiatry through its people, using interviews and a strong photography component.</p> <ul style="list-style-type: none"> <li>↳ Five Year Review Update – Dr. Ziedonis stated that much has been done to date with much left to do for the site visit scheduled for May 30-31, 2012 by outside peer reviewers. The draft of our five year report (self-study portfolio) is due to the UMass leadership on April 1st with a final version due on May 1st. Please be sure to respond to emails and deadlines from Marsha Addis for an updated CV due by February 3rd and requested information from your area. Dr. Ziedonis solicited input and suggestions from the floor for formats to engage groups and get input on identifying areas to address and clarifying future goals and challenges. Suggestions included smaller groups, contacting community partners, open houses and tying together themes seeing how it all fits together for direction prior to meetings. There will be an on-line form available for submitting individual input. A brief PowerPoint outlined the process and deadlines. <a href="#">To view click here</a>.</li> <li>↳ Resident Update – Dr. Ziedonis introduced <b>Josh Blum, MD</b>, Program Chief Resident. Dr. Ziedonis recently met with the residents at case conference and discussed what's going well and what needs improvement. One suggestion was to have more presence by residents at the monthly departmental meetings and highlight a resident each month. He asked everyone to reach out to the residents and psychology interns. Josh thanked Drs. Aaron Moore, Kate Sickorez, and Ed Caussade-Rodriguez for their support and everyone involved in making the successful interview season happen. They conducted 331 interviews, had 24 resident meals. Josh also shared that he has an interest in working in different settings internationally and discussed an exchange opportunity with Kenya and US psychiatry residents which he will be participating in this spring for the first time at Moi University. Josh also thanked EMH staff for a great job managing an incredibly busy time recently.</li> <li>↳ Update on Ex-smoker's Hall of Fame – <b>Tina Grosowsky</b>, Project Coordinator, Wellness Initiative and Central MA Tobacco-Free Community Partnership, gave a brief update on the recruitment efforts for ex-smokers still underway for the Ex Smokers' Hall of Fame /Tobacco-Free Campus Anniversary scheduled for April 25 in the Faculty Conference Room from 6:30-7:30pm If you know of anyone or could refer anyone who might be willing to share their story, please contact Tina via email at <a href="mailto:tina.grosowsky@umassmed.edu">tina.grosowsky@umassmed.edu</a> or 508-856-5067 if you would like more information on this campaign to help others stop smoking.</li> <li>↳ Farewell <b>Jennifer Wu</b> - Dr. Ziedonis thanked Jennifer for the important role she played in the department and for leading the way for global engagement and enhancement of the departmental website. The feedback from every department has been nothing but positive. Jennifer was presented with flowers and a gift and thanked the department saying she will remember especially</li> </ul>	*
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ANNOUNCEMENTS	<p>the people who defined her experience here.</p> <ul style="list-style-type: none"><li>○ Dr. Ziedonis relayed that Drs. Terry Flotte and Luanne Thorndyke have announced that the University of Massachusetts Medical School is participating in a national awards competition—the Alfred P. Sloan Award for Faculty Career Flexibility—sponsored by The Alfred P. Sloan Foundation in collaboration with the American Council on Education (ACE). An essential step in the award process is completion of a Questionnaire on Career Flexibility by the full-time, employed faculty of the School of Medicine. A letter from Dean Flotte describing the questionnaire was sent on Wednesday, January 25th. Faculty should expect to receive an email from ACE around February 1st with the subject header: <b>ACE Sloan Faculty Questionnaire – Please Respond</b>. This email will provide a link to the questionnaire, which will take approximately 20 minutes to complete. You may start and stop the questionnaire completion process as you see fit, preview your response and print out your answers. Reminder emails will be sent between now and the closing date of March 30th. For information on UMMS programs and policies that support flexibility in faculty careers, faculty can review the Office of Faculty Affairs webpage on Work-Life and Career Flexibility. <a href="http://www.umassmed.edu/dfa/equity/worklife.aspx">http://www.umassmed.edu/dfa/equity/worklife.aspx</a> To be considered for the award, there must be a minimum response of 40% to the questionnaire. A high response rate is essential to ensure a representative perspective on school policies and practices. In addition to helping secure funding for this grant for career flexibility (\$250,000), the survey will be an important source of information that will influence decisions on policies and procedures that provide career flexibility for our faculty. Flexibility is the strength of an institution and it is supported by Drs. Flotte and Thorndyke.</li><li>○ Mark your calendar for the upcoming spring, Be Mentally Well Event, Wednesday, March 28th 6:30-8:30 Amphitheater 1 with registration and exhibits starting at 5:30 in Old Medical School Lobby, “Managing the Impact of Alzheimer’s Disease.” Speakers: Gary Moak, MD, Director of the Moak Center for Healthy Aging, Robert Brown, MD, Professor and Chair of the Department of Neurology, and Brenda King, PsyD, Medical Home Care Advisor, Center for the Advancement of Primary Care. There will be more information on this event at the next department meeting. In the meantime, save the date and let people in your personal and professional network know about it.</li><li>○ Dr. Rothschild announces the start of The Deep Brain Stimulation study for Treatment-Resistant Depression. It is a clinical study of a device for depression. They are looking for appropriate patients -- Patients who have single or recurrent Major Depressive Disorder who have failed to respond to 4 or more treatments in the current episode. The BROADEN™ clinical study for severe major depressive disorder involves stimulating subgenual cingulate white matter area 25 (Brodmann Area 25) with a surgically implanted deep brain stimulator. If you would like to refer a patient, would like study-related materials, or have questions, please call 508-856-5928 or visit the study website at <a href="http://www.BroadenStudy.com">www.BroadenStudy.com</a></li><li>○ The UMass Department of Psychiatry is offering a four-week intensive Mindfulness-Based training program specially tailored for Mental Health Professionals—faculty, staff, residents, and addiction</li></ul>	
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INTRODUCTIONS ➤	<p>counselors. This program is a variation of the traditional Mindfulness-Based Stress Reduction (MBSR) and Mindfulness-Based Cognitive Therapy (MBCT) eight-week programs. The aim of this program is to highlight mindfulness meditation techniques and elements that have proven to be useful in one-on-one counseling, small educational groups, and as part of a psychiatric wellness program. Classes will take place at UMass Medical School on Mondays as noted below. Locations to be announced. Optimal class size will be 15 to 20 participants. If you are interested in participating in these classes or would like more information, please contact Fernando de Torrijos by email* (<a href="mailto:fernando.detorrijos@umassmemorial.org">fernando.detorrijos@umassmemorial.org</a>) or by calling 774-442-4375.</p> <p>Class 1 – Monday, February 6, 9:30-11:30 am Class 2 – Monday, February 13, 9:30-11:30 am</p> <hr/> <p>Class 3 – Monday, February 27, 9:30-11:30 am Class 4 – Monday, March 5, 9:30-11:30 am</p> <ul style="list-style-type: none"><li>○ The Brudnick Neuropsychiatric Research Institute (BNRI) at the University of Massachusetts Medical School will be holding its Sixth Annual Central Massachusetts Regional Brain Bee on Saturday, February 4, 2012. Fifty-five students, including one from Rhode Island and one from New Hampshire, will be participating this year. This is an opportunity for high-school students in grades 9-12 to learn about Neuroscience and the human brain, and to compete with other students in Central Massachusetts for an opportunity to represent our region in the U.S. National Brain Bee (NBB). Dr. Ziedonis asked Meaghan Heffernan and Marcy Kelley to speak briefly about the Brain Bee and the UMass Summer Internship program for Neuroscience and Mental Health for High School students. Meaghan spoke to the success the summer program has enjoyed since its inception stating that they are getting emails and phone calls from parents, teachers, and former participants asking for internships, including college students requesting summer internships! It is a great opportunity for high school kids to network after participating in this program. Meaghan solicited help from interested faculty to host kids this summer. The kids take it very seriously and it can be a wonderful experience for student and teacher alike. The dates for this year's summer internship group will be from July 14 to the end of July in order to avoid the popular vacation week of July 4th..</li></ul> <p>In an effort to showcase and get to know more people in the department doing exciting things and making a difference and to inform members of the department of the many contributions to research and other areas of academia the department offers, Dr. Ziedonis will be adding a new segment to future meetings. Today he introduced <b>Schahram Akbarian, MD</b>, Director of the Brudnick Neuropsychiatric Research Institute (BNRI). Schahram has been in the department 10 plus years and shared a little about himself, his research and the BNRI. Dr. Akbarian started as an assistant professor from MGH. Dr. Akbarian's contributions and research impact have been in molecular biology and epigenetics of schizophrenia, mood disorders, a subset of addiction disorders and autism. His laboratory undertook some of the first epigenetic studies in animal models for depression and addiction. Dr. Akbarian has been continually funded by extramural sources since coming to UMass and stated that half of the income for the department in research dollars come from BNRI. Dr. Akbarian lightheartedly commented that his research is almost as complex as real life psychiatry.</p>	
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	<p>➤ Dr. David Smelson introduced <b>Mariah Ackert</b>, Administrative Assistant to Dr. Gerardo Gonzalez and David Smelson. Mariah is temping as Administrative Assistant in support of Gerardo Gonzalez and the Division of Addiction Psychiatry, as well as David Smelson in his role as Vice Chair of Clinical Research, and his multiple projects, (VA National Center for Homelessness Among Veterans Activities and SAMHSA). Mariah is located at Biotech One and can be reached at 508-856-8266 or at Mariah.Ackert@umassmed.edu.</p>																					
<b>Awards and Recognition</b> ❖	<p>Dr. Ziedonis acknowledged and congratulated the following award recipients:</p> <ul style="list-style-type: none"> <li>❖ Congratulations to <b>Kristina Deligiannidis, MD</b> on being selected to be a part of the <i>2012 Career Development Institute for Psychiatry</i>. She will attend the CDI at UPitt, April 14-18, 2012.</li> <li>❖ <b>Constance Moore, PhD</b> has been selected to be the University of Massachusetts nominee for the <i>Dana Foundation Program</i> in Brain and Immuno-Imaging.</li> <li>❖ <b>Melissa Anderson</b>, Psychology Intern, UMass Medical School/Worcester State Hospital has received the <i>2012 APA/APAGS Award for Distinguished Graduate Student in Professional Psychology</i>. A formal presentation of this award will take place during the APA/APF Awards Ceremony at the 2012 APA Convention to be held in Orlando FL August 2-5, 2012. She will be presented with a citation highlighting her outstanding career contributions and an honorarium and travel expense reimbursement to attend the convention. She will be delivering an address to the members at the 2012 Annual Convention.</li> </ul>																					
Appointment and Promotion	<p>Congratulations to the following members of our faculty whose faculty appointments and/or promotions were recently approved by the Dean and the Vice Provost for Faculty Affairs. Promotion is dependent on professional academic achievement and is an honor within our institution:</p> <table> <tbody> <tr> <td>Nitigna Desai, MD</td> <td>Adjunct Assistant professor, Psychiatry, UMMS, October 1, 2001</td> </tr> <tr> <td>Richard Fletcher, PhD</td> <td>Assistant Professor, Psychiatry, UMMS, September 1, 2011</td> </tr> <tr> <td>Carl Fulwiler, MD, PhD</td> <td>Associate Professor, Psychiatry, UMMS, November 22, 2011</td> </tr> <tr> <td>Judith Haran, MD,</td> <td>Assistant Professor, Psychiatry, UMMS, September 27, 2011</td> </tr> <tr> <td>Ann Maloney, MD</td> <td>Assistant Professor, Psychiatry, UMMS, May 31, 2011</td> </tr> <tr> <td>Phoebe Moore, PhD</td> <td>Assistant Professor, Psychiatry, UMMS Nov. 1, 2011</td> </tr> <tr> <td>Zafar Naqvi, MD</td> <td>Assistant Professor, Psychiatry, UMMS, July 30, 2011</td> </tr> <tr> <td>Rupal Patel, PhD</td> <td>Adjunct Associate Professor, voluntary , Psychiatry, UMMS, July 1, 2010</td> </tr> <tr> <td>Cyril Peter, PhD</td> <td>Instructor, Psychiatry, UMMS, October 1, 2011</td> </tr> <tr> <td>Subha Thiagarajan, MD</td> <td>Assistant Professor, Psychiatry, UMMS, October 1, 2011</td> </tr> </tbody> </table>	Nitigna Desai, MD	Adjunct Assistant professor, Psychiatry, UMMS, October 1, 2001	Richard Fletcher, PhD	Assistant Professor, Psychiatry, UMMS, September 1, 2011	Carl Fulwiler, MD, PhD	Associate Professor, Psychiatry, UMMS, November 22, 2011	Judith Haran, MD,	Assistant Professor, Psychiatry, UMMS, September 27, 2011	Ann Maloney, MD	Assistant Professor, Psychiatry, UMMS, May 31, 2011	Phoebe Moore, PhD	Assistant Professor, Psychiatry, UMMS Nov. 1, 2011	Zafar Naqvi, MD	Assistant Professor, Psychiatry, UMMS, July 30, 2011	Rupal Patel, PhD	Adjunct Associate Professor, voluntary , Psychiatry, UMMS, July 1, 2010	Cyril Peter, PhD	Instructor, Psychiatry, UMMS, October 1, 2011	Subha Thiagarajan, MD	Assistant Professor, Psychiatry, UMMS, October 1, 2011	
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Service/Division Updates: Residency Training	Dr. Sheldon Benjamin thanked everyone for a very successful interview season.																					

<b>Important Dates for your Calendar!</b>	<p>The Brudnick Neuropsychiatric Research Institute (BNRI) at the University of Massachusetts Medical School will be holding its Sixth Annual Central Massachusetts Regional Brain Bee on <b>Saturday, February 4, 2012</b>. This is an opportunity for high-school students in grades 9-12 to learn about Neuroscience and the human brain, and to compete with other students in Central Massachusetts for an opportunity to represent our region in the U.S. National Brain Bee (NBB).</p> <p><b>Wednesday, March 28</b> Be Mentally Well Lecture Series, "Managing the Impact of Alzheimer's Disease." 6:30-8:30 Amphitheater 1. (Exhibits 5:30-6:30 Old Medical School Lobby).</p> <p><b>LOCATIONS AND DATES FOR REMAINING 2011-2012 ACADEMIC YEAR'S DEPARTMENT MEETINGS</b></p> <table><tbody><tr><td>3/7/2012</td><td>12:00-1:00pm</td><td>FACULTY CONF ROOM (S1-342)</td></tr><tr><td>4/4/2012</td><td>12:00-1:00pm</td><td>FACULTY CONF ROOM (S1-342)</td></tr><tr><td>5/2/2012</td><td>12:00-1:00pm</td><td>FACULTY CONF ROOM (S1-342)</td></tr><tr><td>6/6/2012</td><td>12:00-1:00pm</td><td>FACULTY CONF ROOM (S1-342)</td></tr></tbody></table>	3/7/2012	12:00-1:00pm	FACULTY CONF ROOM (S1-342)	4/4/2012	12:00-1:00pm	FACULTY CONF ROOM (S1-342)	5/2/2012	12:00-1:00pm	FACULTY CONF ROOM (S1-342)	6/6/2012	12:00-1:00pm	FACULTY CONF ROOM (S1-342)	
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