

**Psychiatry Business & Research Meeting**  
**MINUTES – April 4, 2012 – Faculty Conference Room**


**ATTENDANCE:** 99 signatures on file: Faculty 30 Residents 16; Admin & Research 25; Support 17; Other 11

**Please be sure to sign in for each meeting.** Our meetings begin promptly at 12:00 noon. In an effort to cover material on an anticipated full agenda, please be sure to mark your calendars **and arrive early** so we may begin the meeting as scheduled. **Lunch is available starting at 11:45am.**  
All faculty, residents, and staff are encouraged to attend.

**NEXT MEETING: Wednesday, May 2, 2012 – Faculty Conference Room**

An agenda reminder will be sent for the meeting later in April. Faculty and Staff are encouraged to contact the Chairman's Office with agenda items for these meetings at 508-856-3066 or via email at Diana.Langford@umassmemorial.org

**Please review the minutes for information and announcement details that may not have been conveyed at today's meeting.**

Topic	Items for Presentation/Discussion	Reference & Contact Information
PRESENTATIONS	<p>After welcoming everyone, Dr. Ziedonis turned the program over to Caroline McGrath, RN, BSN, Executive Director, UMASS Adolescent Treatment Unit, and Peter Metz, MD, Director of Communities of Care, and kids from the Worcester Adolescent Unit who had prepared a program for today, honoring the retirements of longstanding and beloved Psychiatry employees, <b>Mary Handley</b> and Kevin <b>MacDonald</b>.</p> <p> Several wonderful youth from the Adolescent Unit presented a lively five act performance including, Basketball Wizardry, a poem read entitled, "Reflections", a Hula Hoop Extravaganza, Houdini Card Trick, and a lively Hip Hop Finale called, "Get Your Umbrellas Ready" The kids received a standing ovation from a very appreciative audience!</p> <p>Following the performance, <b>Mary Handley</b> gave the following remarks:</p> <p><i>"When I first heard about today's recognition, I was surprised &amp; touched. Then, I came to view Doug's invitation as a quasi "curtain call" -- the way stage actors are recognized for a good performance or a lengthy run.</i></p> <p><i>My first act in the Department of Psychiatry ran from November 1989 - October 1998. Parenthetically, these were among the best years of my working life. Energy was high. "Excellence" was the goal. Creativity ran rampant.</i></p> <p><i>My fiscal philosophy was simple &amp; was the basis for state contract decision-making: the program runs the budget; the budget does not run the program!</i></p> <p><i>From those magical days, I moved to the chorus -- always part of the show but no longer involved in the day-to-day management of state contracts. Eydie Cullen &amp; her "troupe" in Commonwealth Medicine took over that role while I monitored things behind the scenes.</i></p> <p><i>Now that I have center stage one last time, I'd like to close with a quote from one of today's best-known actors, Meryl Streep. She said: "Acting is not about being someone different. It's finding the similarity in</i></p>	

*what is apparently different...." I don't know if that's the secret to acting, but I do know that it's one of the secrets to working in the Department of Psychiatry. No where have I ever experienced more collaboration between faculty & among faculty & staff than in Psych state contracts. I thank you all for collaborating with me & for sharing your support & goodwill. Your example will inform what I do in my retirement years, & I hope to make you proud with the choices I make -- one of which will be to apply to be a mentor on the kid units."*

Peter Metz, MD introduced **Kevin MacDonald** who read a poem from a former patient at Worcester State Hospital which had held significant meaning to him through the years. Text follows:

*To those of you who knew me when  
My life was such a mess.  
Now is now and then was then.  
I am really at my best!*

*To all of you who saved my life  
When I just wanted to die  
You put an end to all my strife  
About that, I would not lie.*

*You stuck with me through thick and thin  
And gave my life some hope  
Showing me where to begin  
Saying "yes", when I said "Nope"!*

*I want to say, to you, my friends  
To my true friends, I know,  
You made me see beginnings not ends  
I love you, dear Westborough.*

- **Mary** and **Kevin** thanked the department for the recognition they received today and summed up their view of the value and strength of the Department of Psychiatry.

Dr. Ziedonis next thanked the residents for their ongoing participation in the "**Getting to Know Your Resident**" segment and introduced **Kathryn (Katie) Sikorez, MD**, Chief Resident in Ambulatory Psychiatry who will also be joining the Psychiatry faculty. Katie reported the following:

- Residents are now part of the OPD treatment teams, which has improved care coordination and communication between prescribing providers and therapists, especially for patients receiving split medication & therapy treatment
- We added formal experiences in the Depression Specialty Clinic with Drs. Deligiannidis & Rothschild, giving residents more expertise in diagnosing and treating treatment-resistant depression
- Dr. Gonzalez was able to secure another SAMHSA grant (he did this 2 or 3 years ago, too) to offer a buprenorphine prescribing and certification course to the OPD residents, as well as some family medicine and internal medicine residents. We now have 13 psychiatry residents fully trained and eligible for the additional certification to prescribe buprenorphine for the treatment of opioid dependence.

<p>ANNOUNCEMENTS ➤</p>	<p>THANKS KATIE AND WELCOME TO THE PSYCHIATRY FACULTY!</p> <ul style="list-style-type: none"> <li>✚ Dr. Ziedonis gave a brief update on the <b>5 Year Review</b> process focusing on the area of research. He gave a number of statistics which will be available in the review. Highlights included 5 funded research centers, 13 research career awards to which credit goes to the CDRO office, expansion of the CMHSR from \$2.9M to \$5.1M; NIH funding has doubled from \$6.5M to \$13M per year; NIH funding ranking in the country has gone from 47th to 35th.</li> <li>✚ <b>NAMI Update:</b> Allison Beckler, DO, Resident, reminded everyone about the upcoming NAMI WALK on Saturday, May 12th at Artesani Park, Brighton (Boston) – 3 miles (5K)</li> <li>✚ <b>HEART WALK Update:</b> <b>Bob Carey, PhD, and Marie Paquette</b> are looking for walkers (but primarily donations) for the upcoming Heart Walk on Saturday, May 5 at Cristoforo Columbus Park (East Park) on Shrewsbury Street in Worcester. Denise and Diana are helping us out again on the 7th floor with selling hearts and pins. There's Still Time! The Central MA Heart Walk celebrates those who have made lifestyle changes and encourages many more to take the pledge to live healthier lifestyles. It also raises much-needed dollars to fund life-saving research and initiatives. Register online by Friday, April 6th, 2012 to be entered to win a \$50 gift card that can be used at The Sole Proprietor, 111 Chophouse, or Via Italian Table</li> <li>✚ Tina Grosowsky invited everyone to attend the <b>Ex-Smokers Hall of Fame</b> reception, scheduled for Wednesday, April 25 from 6:30-7:30pm in the Faculty Conference Room. This event is sponsored by the UMass Tobacco-Free Initiative, Central MA Tobacco Free Community partnership and the UMass Department of Psychiatry.</li> <li>➤ Dr. Ziedonis announced the death of Denise Barrett's father on Tuesday, April 3rd. We all join in wishing Denise and her family our deepest sympathy during this difficult time.</li> <li>➤ Dr. Ziedonis announced the upcoming departure of <b>Shahram Akbarian, MD, PhD</b>, who has just accepted an outstanding offer to become the Director of the Psychiatric Epigenomics Division of the Friedman Brain Institute which is led by his long-time mentor and international leader in neuroscience, Eric Nestler. Schahram's transition is obviously sad for us, in that he will be leaving as the BNRI Director and will no longer be working on campus at UMass; however, he will continue to be an adjunct faculty member in our UMass Department of Psychiatry and his current projects will continue at UMass. Although this is a loss for our team, we congratulate Schahram on this wonderful opportunity!</li> <li>➤ Jack Grillo, Chair of MHE &amp; YOU Advisory Council announces that MHE &amp; YOU Advisory Council will be observing Mental Health Awareness Month by helping to fight issues of stigma about mental illness. Daily throughout the month of May new stigma busting video statements on mental illness</li> </ul>	
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	will be posted on our websites (see below for list of website addresses). Please help contribute to our pool of statements. If everyone could pass along at least one stigma busting statement on mental health issues, it would make this campaign a success. Please submit statements to johnjack.grillo@umassmed.edu along with citation by May 1st 2012. Two ways to win \$10 Dunkin Donuts gift card. Each entry will be entered into a drawing to be held during May's CMHSR Business Meeting.	
Awards and Recognition	Dr Ziedonis congratulated David <b>Cochran, M.D., Ph.D.</b> a second-year child and adolescent psychiatry fellow at the UMMS who was recognized by The American College of Psychiatrists as one of ten 2012 recipients of its prestigious Laughlin Fellowship at The College's Annual Meeting in Naples, Fla. on February 25. Named after College founder, Henry P. Laughlin, M.D., the Fellowship program was launched in 1976 to recognize outstanding accomplishments by psychiatry residents in the United States and Canada. Each year, The College selects ten residents deemed most likely to make a significant future contribution to the field of psychiatry. The College provides a stipend for the Laughlin Fellows to attend The College's Annual Meeting and participate in all educational functions, allowing them to interact with College Members, as well as their peers in other residency programs. Sidney Zisook, M.D., Chair of the Laughlin Fellowship Selection Committee, introduced the Fellows at the Annual Meeting. "These ten outstanding psychiatrists represent the future of the specialty," he said. "We're proud and honored to welcome them to The College."	
Faculty and Staff News	<b>New Faculty:</b> Aaron Frenz, MD                      05/31/12                      OPD Daniel Rowe, MD                      07/23/12                      8 East  <b>Faculty Terminations:</b> David Morin, MD                      03/04/12                      Worcester State Hospital	
Appointment and Promotion	Congratulations to the following members of our faculty whose faculty appointments and/or promotions were recently approved by the Dean and the Vice Provost for Faculty Affairs. Promotion is dependent on professional academic achievement and is an honor within our institution  <b>Ann Maloney, MD,</b> Assistant Professor, Pediatrics (secondary joint appointment/primary Psychiatry), UMMS November, 2011. <b>David Ayer, PhD</b> Assistant Professor, Voluntary, Psychiatry, UMMS, February 2012 <b>Jieun Lee, PhD</b> Instructor, Psychiatry, UMMS, October, 2011	
Important Dates for your Calendar!	<b>May 5 – Heart Walk, Cristophoro Columbus Park</b> <b>May 12 – NAMI WALKS, Artesani Park, Brighton (Boston) – 3 miles (5K)</b> <b>September 23, 2012 ~ 14th Annual UMass Medicine Cancer Walk</b>  LOCATIONS AND DATES FOR NEXT ACADEMIC YEAR'S DEPARTMENT MEETINGS  5/2/2012                      12:00-1:00pm                      FACULTY CONF ROOM (S1-342) 6/6/2012                      12:00-1:00pm                      FACULTY CONF ROOM (S1-342)	