

Psychiatry Business & Research Meeting
MINUTES - JUNE 1, 2011

12:00-1:00 in AMPHITHEATER 3

ATTENDANCE: 94 signatures on file: 32 faculty; 18 residents; 31 Admin & Research, 5 Support; 5 Other

Please be sure to sign in for each meeting. Our meetings begin promptly at 12:00 noon. In an effort to cover material on an anticipated full agenda, please be sure to mark your calendars and arrive early so we may begin the meeting as scheduled. Lunch is available starting at 11:45am. All faculty, residents, and staff are encouraged to attend.

NEXT MEETING: Wednesday, July 6, 2011 – Faculty Conference Room (University campus). Agenda items for July include the introduction of our new adult and child residents, interns, and presentation by Invited Guest, Eric Dickson, MD, Interim President, UMass Memorial Medical Group as well as Gerardo Gonzalez, MD, in his new role as Director of the Division of Addiction Psychiatry. Please mark your calendars.

Faculty and Staff are encouraged to contact the Chairman's Office with agenda items for these meetings at 508-856-3066 or via email at Diana.langford@umassmemorial.org

Topic	Items for Presentation/Discussion		Reference & Contact Information
PRESENTATION	<p>After Opening and Welcoming Remarks and Announcements from Chairman, Dr. Doug Ziedonis, the following presentations were highlighted at today's meeting. Please review the remaining Minutes of this document for announcement details.</p> <ul style="list-style-type: none"> ◆ Congratulations Marie Hobart, MD – Dr. Doug Ziedonis honored Marie Hobart, MD, Chief Medical Officer and Director, Wellness Program Initiatives at Community Healthlink, Inc., for completion of her one-year term as outgoing President of the Massachusetts Psychiatric Society (MPS). Congratulations were also extended to this year's Psychiatry faculty elected to additional MPS posts and/or award recipients. For a complete listing of our 10-years of Psychiatry faculty MPS representation, please read on. <ul style="list-style-type: none"> - Award for Public Sector Service - Deb Field - President Elect - Alex Sabo - Treasurer - Sarah Langenfeld - Councilor - Sheldon Benjamin - Nominating Committee - Stuart Anfang 		Marie Hobart, MD

PRESENTATIONS	<p>- Nominating Committee - Alan Brown - APA Representative - Tony Rothschild</p> <ul style="list-style-type: none"> ↳ American Foundation for Suicide Prevention Web-Based Outreach Project – Ruthann Rizzi, MD, Director of our Student Counseling Services (SCS), demonstrated a new web-based outreach for medical students. At the request of Medical School leaders, Dr. Rizzi was asked to establish additional outreach services for UMMS medical students in line with the American Foundation for Suicide Prevention. The AFSP web-based program has been in existence for 5 years and is now available in pilot form to selected UMMS medical students. Initially, 50 UMMS medical students were randomly selected to anonymously visit the site and asked to complete a brief survey regarding their current mental status. At UMMS, the program is currently being rolled out one student class at a time. Ideally, students would complete the survey, responses would be analyzed and teired in line with AFSP guidelines, and an invitation extended to open a dialogue between student and SCS clinicians. The ultimate goal of the program is for each student seeking assistance to make an appointment with and be seen by a clinician within a certain timeframe. At UMMS, 8 of the original 50 students have been in contact with SCS clinicians and to date 2 new appointments have been scheduled. ↳ APA/PsychSIGN – Margaret Tuttle, UMMS medical student and co-chair of our Psychiatry Interest Group, provided a brief update of her recent attendance at the national meeting of the American Psychiatric Association's Psychiatry Student Interest Group Network. Of note, Margaret was also elected Regional Chair of PsychSIGN for the coming year. The UMass Department of Psychiatry is pleased to have funded a portion of Margaret's attendance at this year's meeting and congratulates her on her new role in the APA organization. ↳ NAMI Walk – This year's NAMI Walk co-captains, Adalia Jun, MD and Jeffrey Geller, MD, provided a brief update on the success of this year's NAMI Walk, thanked those who provided donor, walker and/or administrative support, and announced the winners of this year's NAMI Raffle. Congratulations to all! <p>Hannover theater gift certificate: Sheldon Benjamin Itunes gift cards: Chris Conlan, Sarah Langenfeld, and Bill O'Brien Free meal card and t-shirt: Rosalie Torres Stone Bestbuy gift card: Katie Sickorez Dinner Gift Certificate: Kathy Nichols T-shirts: Diana Langford, Ankur Butala, Aaron Moore, Kathy Anderson, Rebecca Lundquist, Nancy Pratt, Sharon Kershaw, Marie Hobart, Paul Noroian, Dale Rauch, Monika Kolodziej, Ursula Drager, Lynn Dowd, Vickie White, and David Cochran</p> <p>Newest Issue Brief –Psychiatry Issue Briefs is a journal devoted to the dissemination of behavioral health information. Founded in 2004 by the UMass Department of Psychiatry Center for Mental Health Services Research, Issue Briefs focus on translating research findings into concise, user-friendly information that is accessible to all. In 2010 CMHSR partnered with the UMass Psychiatry Career Development and Research Office to expand the scope of the Issue Briefs to include all aspects of psychiatry, and to have a special focus</p>	<p>Ruthann Rizzi, MD, 508-856-3220 or Ruthann.rizzi@umassmed.edu</p> <p>Margaret Tuttle Margaret.Tuttle@umassmed.edu</p> <p>Adalia Jun, MD, adalia.jun@umassmed.edu</p>
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ANNOUNCEMENTS	<p>on outreach to providers of behavioral health services, and to consumers of these services and their family members. Our most recent Brief is Spirituality in HIV+ Patient Care, by Joni L. Utley, MA & Amy Wachholtz, PhD, MDiv. It can be accessed online using the following link or seen at the end of this document. http://escholarship.umassmed.edu/pib/vol8/iss3/1/</p> <p>Congratulations to Ann Foley and Child Division staff for winning the first Teddy Bear Clinic trophy for the "Beary" Best Teddy Bear Clinic booth at the recent Greendale Mall Teddy Bear Clinic on April 16th. After all the scorecards were tallied, the booth with the highest total score was CANDI (Child and Adolescent Neurodevelopment Initiative). Many thanks to Greg Hamann, MHA , Sr. Director, Children's Medical Center, who was on hand to present the trophy! Please watch our departmental newsletter for the group photo.</p> <p>Committee Assignments: Vice Chairs and Division Chiefs were sent a request asking for names of those interested in being nominated for appointment to select standing and elected University committees. Nominations were due (June 1st) and submitted to the Chair's office for consideration. Final selection is made by the University's Committee on Committees.</p> <p>Congratulations to Kristin ("Kris") McCutcheon, MBA , who has assumed the position of UMMS Academic Administrator for the Department of Psychiatry. Many thanks to Marti Dennis for leading an outstanding search process that included many excellent candidates. Kris has been the Division Administrator for the Brudnick Neuropsychiatric Research Institute (BNRI), the Center for Comparative NeuroImaging (CCNI), and the Child and Family Forensic Center (CFFC) for the past year. Previously she has been the lead administrator for the Communities of Care (COC). Kris will be responsible for the conduct of all research administration activities within the department, including oversight of fiscal operations and the responsible conduct of research (including the protocols protecting human and animal subjects), and timely reporting of conflict of interest and time and effort. She will serve as the department's representative to Commonwealth Medicine for activities managed through them. Her responsibilities will include approximately \$35M in basic and clinical research, as well as service contract activity, in addition to Med School Funds and Research Trust Funds. Kris will report to the Sr. Director, and her fiscal activity for the School will complement Carol DeCoursey's clinical expertise with the Group.</p> <p>Congratulations to Deb Field, MD, for her contributions as co-leader in the Flexible Clinical Experience Stage 1 (FCE) design team in promoting the goals and objectives of the Learner-centered Integrated Curriculum (LInC) for UMMS and her never-ending dedication to our students and our school!</p>	
INTRODUCTIONS	<p>➤ Ann Maloney, MD – Welcome Dr. Ann Maloney who joins us effective June 1st as a new Clinical Investigator and Attending Child Psychiatrist also providing clinical care on our Child Consultation/Liaison Service and at Burncoat Family Center, CHL's community-based Acute Treatment Program.</p> <p>Welcome additional new staff members –</p> <p>Kathy Trang, NIH Program Student working with Amy Wachholtz Malika Ali, NIH Program Student working with Monika Kolodziej and the ATTOC group led by Dr. Ziedonis Nhi Vo, WPI student working with Sun Kim on the translation of ATTOC material from Vietnamese to English</p>	
Awards and		

Recognition ➤	<p>➤ Schahram Akbarian has accepted an invitation from Center for Scientific Review to serve as a member of the Developmental Brain Disorders Study Section for the term beginning July 1, 2011 through June 30, 2013. Members are selected on the basis of their demonstrated competence and achievement in their scientific discipline as evidenced by the quality of research accomplishments, publications in scientific journals and other significant scientific activities, achievements and honors. Service on a study section requires mature judgment and objectivity as well as the ability to work effectively in a group. Congratulations, Schahram, on this unique opportunity to contribute to the national biomedical research effort which is of great value to medical and allied research in this country.</p> <p>➤ Jean King, PhD, professor and vice chair of the department of psychiatry, has been named a fellow of the Hedwig van Ameringen Executive Leadership in Academic Medicine (ELAM) Program for Women at the Drexel University College of Medicine in Philadelphia. The nation's only in-depth program focused on preparing senior women faculty at schools of medicine and dentistry to effect positive change, ELAM is a core program of Drexel's Institute for Women's Health and Leadership, and acceptance into the fellowship is highly competitive. Jean was recognized as the 2011-2012 ELAM Fellow at the May 24th University Campus Faculty Luncheon. Jean has demonstrated her ability to create productive, collaborative partnerships, coalescing common intersections across psychiatric disciplines into a center in neuroimaging and brain research serving the entire department. With no formal mandate, King has over the years broadened the reach of the psychiatry-based center so it now serves a number of investigators from departments across the institution," said Terence R Flotte, MD, the Celia and Isaac Haidak Professor of Medical Education, dean, provost and executive deputy chancellor. "Along with Chancellor Collins and the administrative leadership of UMass Medical School and UMass Memorial Medical Center, we are delighted to offer our congratulations and pledge our support to her as she begins this exciting program."</p> <p>➤ Congratulations to Tony Rothschild, MD, who has just received notification of his NIH grant award for <i>Sustaining Remission of Psychotic Depression</i>.</p>	
Service/Division Updates: Residency Training	<p>June 1st was the deadline for the nominations for the annual Briscoli Award for Faculty-Resident academic collaboration. Please contact Dr. Sheldon Benjamin for more information.</p> <p>Chief Residents 2011 – Congratulations to Kathryn Sickorez, MD, Chief Resident in Ambulatory Psychiatry; and to Eduardo Caussade-Rodriguez, MD, Chief Resident in Inpatient Psychiatry; and to Joshua Blum, Program Chief Resident</p> <p>Thursday, June 16 – Residency Graduation Banquet, Cyprian Keyes Golf Club, Boylston MA 6:00pm with Awards Ceremony to follow. 6:00-10:00pm. RSVP with payment due by Thursday, June 2nd.</p>	
Faculty and Staff News	<p><u>New Faculty:</u> Ann Maloney, MD – 6/1/11</p> <p><u>Faculty Terminations:</u> Bruce Meltzer, MD – Many thanks and best wishes to Bruce Meltzer, MD, as he resigns from his current position of Executive Medical Director of the UMass Adolescent Treatment Programs at the end of June after</p>	

	<p>7 years of dedicated service. Jean Frazier and Caroline McGrath invited all to celebrate Bruce's time in our department at a Goodbye Gathering on Wednesday, June 8th 3:00-5:00pm in the large conference room on the 2nd floor of the BNRI.</p>															
Important Dates for your Calendar!	<p>LOCATIONS AND DATES FOR NEXT ACADEMIC YEAR'S DEPARTMENT MEETINGS (Locations will be available soon)</p> <p>Dates for Next Academic Year's Department Meetings (Locations TBD) – Please mark your calendars</p> <table><thead><tr><th><u>2011</u></th><th><u>2012</u></th></tr></thead><tbody><tr><td>July 6 – FAC CONF ROOM</td><td>January 4 – FAC CONF ROOM</td></tr><tr><td>August 3 – FAC CONF ROOM</td><td>February 1 – FAC CONF ROOM</td></tr><tr><td>September 7 - AMP 1</td><td>March 7 – FAC CONF ROOM</td></tr><tr><td>October 5 - FAC CONF ROOM</td><td>April 4 – FAC CONF ROOM</td></tr><tr><td>November 2 - AMP 1</td><td>May 2 – FAC CONF ROOM</td></tr><tr><td>December 7 - FAC CONF ROOM</td><td>June 6 – FAC CONF ROOM</td></tr></tbody></table>	<u>2011</u>	<u>2012</u>	July 6 – FAC CONF ROOM	January 4 – FAC CONF ROOM	August 3 – FAC CONF ROOM	February 1 – FAC CONF ROOM	September 7 - AMP 1	March 7 – FAC CONF ROOM	October 5 - FAC CONF ROOM	April 4 – FAC CONF ROOM	November 2 - AMP 1	May 2 – FAC CONF ROOM	December 7 - FAC CONF ROOM	June 6 – FAC CONF ROOM	
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MPS Representation by UMass Department of Psychiatry 2001-2011

2011

- **Award for Public Sector Service - Deb Field**
- **President Elect - Alex Sabo**
- **Treasurer - Sarah Langenfeld**
- **Councilor - Sheldon Benjamin**
- **Nominating Committee - Stuart Anfang**
- **Nominating Committee - Alan Brown**
- **APA Representative - Tony Rothschild**

2010

- **Award for Clinical Psychiatry -Alex Sabo**
- **Award for Public Sector Service - Jeffrey Geller**
- **President - Marie Hobart**
- **APA Representative - Caroline Fisher/ Yael Dvir**
- **Nominating Committee - Paul Plasky**

2009

- **Award for Public Sector Service - Deb Pinals**
- **President Elect - Marie Hobart**
- **Nominating Committee - Deb Pinals**

2008

- **Award for Public Sector Service - David Hoffman**
- **APA Representative - Tony Rothschild**

2007

- **Award for Public Sector Service - Jeff Stovall**

2006

- **Councilor Sheldon Benjamin**

2005

- **Award for Clinical Psychiatry - Alan Brown**

2004

- **Award for Psychiatric Education - Peter Metz**
- **Award for Research - Tony Rothschild**
- **APA Representative - Caroline Fisher**

2003

- **Treasurer - Marie Hobart**
- **Councilor -Tony Rothschild**

2002

- **Award for Psychiatric Education - Edward Mason**
- **Award for Public Sector Service - Mary Ellen Foti**
- **APA Representative - Deb Pinals**

2001

- **Award for Psychiatric Education - Sheldon Benjamin**

Psychiatry Issue Brief



The image shows the cover of a Psychiatry Issue Brief. The title 'Psychiatry Issue Brief' is at the top, followed by 'A Publication of the Center for Mental Health Services Research' and 'A Major Institute Department of Mental Health Research, Center of Excellence'. The subtitle 'Spirituality in HIV+ Patient Care' is in the center. Below it, the authors' names 'Joni L. Utley, MA & Amy Wacholtz, PhD, MDiv' are listed. The date 'Volume 9, Issue 3, 2011' is on the left. The main article begins with a paragraph about a woman named Mela who was diagnosed with HIV and explored spirituality in therapy. A small photo of a person in a contemplative pose is on the right. The sidebar on the left is titled 'Spirituality in HIV+ Patient Care'.

Mela¹ was a 39 year old, mother of 2 young children. She was actively involved in her church and had strong Christian beliefs. Mela was married to her husband for 15 years when her husband left her for another woman, and Mela discovered that her husband had given her HIV as a result of his affairs. When she disclosed her HIV status, she was shunned by many of her friends and family members. She was devastated and isolated. In therapy, she and her psychologist explored the topics of healing, vowing, curing, holiness of the body, and using her spiritual resources as a source of strength and a means to begin rebuilding her life. These themes were woven into treatment alongside traditional cognitive behavioral therapy practices to reduce depression and social isolation. By the end of therapy, Mela was no longer depressed and isolated. She was able to view HIV as part of her, but not the only thing that defines who she is as a person. She was able to recognize her other strengths and use those strengths to deal with the daily challenges of being a single mother with HIV.

The expectancy after HIV infection has increased significantly due to highly active antiretroviral therapy, and changing care for HIV/AIDS patients from treatment of a terminal illness to ongoing management and monitoring of a chronic medical condition (Liwinszuk & Grob, 2007). Despite aggressive medical therapy, functioning continues to be dramatically compromised by HIV and can result in reduced quality of life, increased dependency on others,

¹Note has been changed to protect individual privacy

This Psychiatry Issue Brief provides an overview of the role of spirituality for individuals living with HIV, and offers recommendations for service providers.

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