



Atkinson Family Practice



Naloxone and Opioid Overdose A Guide for Providers and Patients

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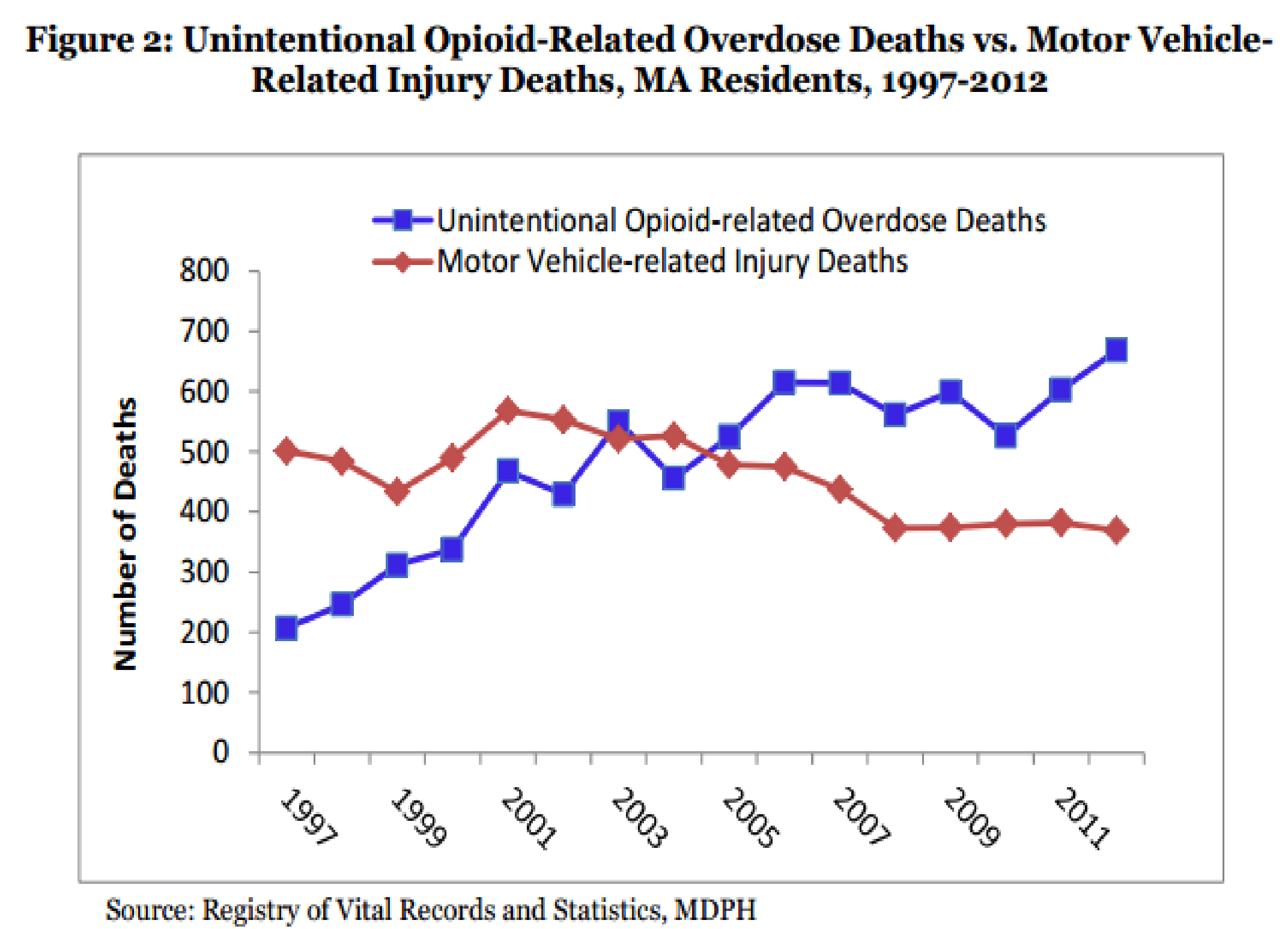
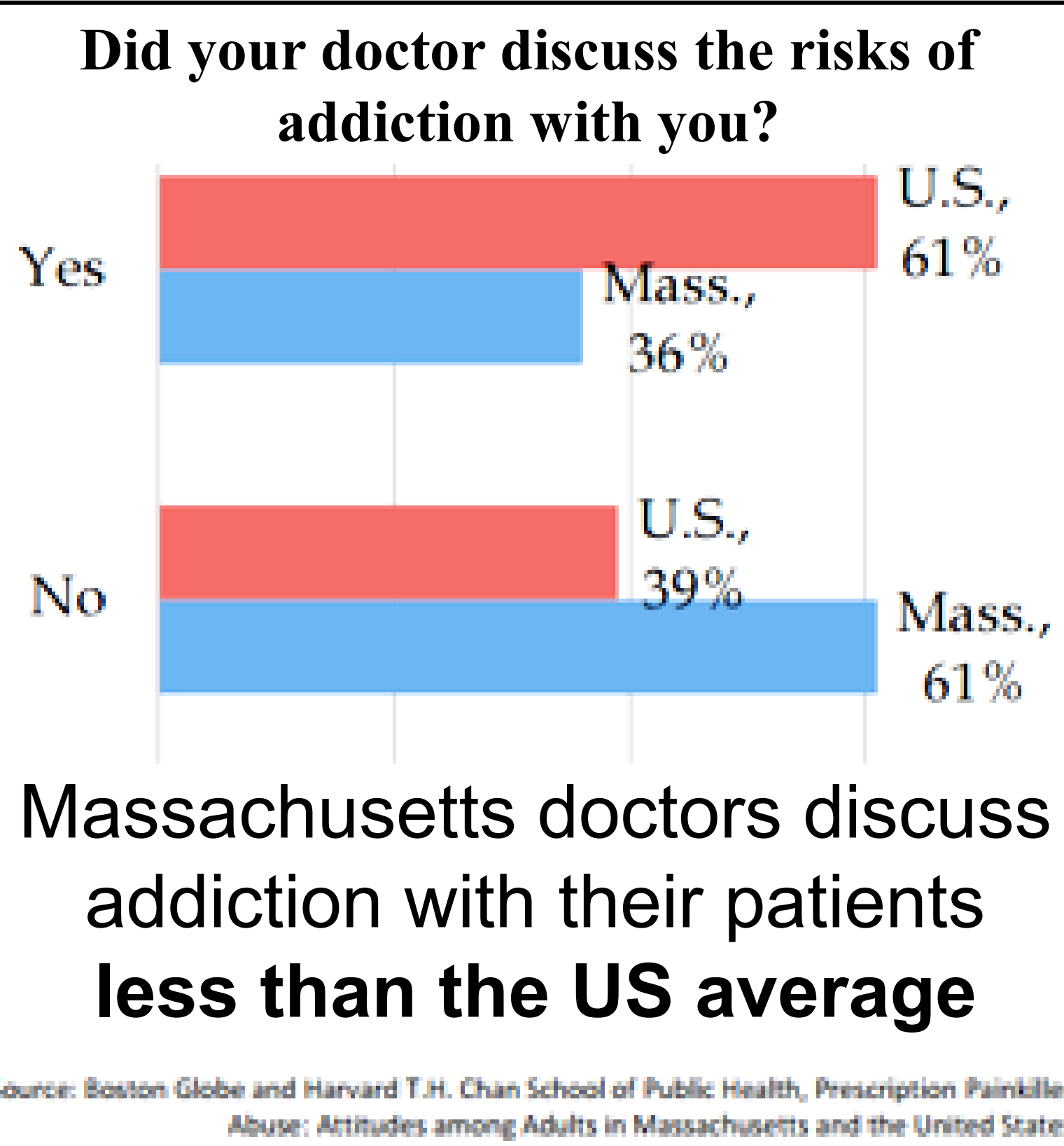
What Is Naloxone?

- Prescription medicine that reverses an opioid overdose
- Injectable or intranasal
- Wakes a person who is overdosing in 3-5 minutes and lasts 30-90 minutes
- Does not have psychoactive effects – does not make a person “high”, no street value
- No side effects, even if the person is not overdosing
- Used routinely by EMS & ERs
- Shelf life of 18 months, store out of sunlight, heat, cold

Naloxone can be prescribed to ANYONE

T H A N K Y O U

Atkinson Family Practice Staff
Massachusetts DPH
Hampshire H.O.P.E. and Cherry Sullivan
Learn to Cope
Tapestry Health and Liz Whynott
Prescribe to Prevent
Dr. Alexander Walley
Massachusetts TAPP
Massachusetts BSAS
Praxis Center for Social Innovation



Massachusetts Substance Abuse Information and Education Helpline
1-800-327-5050 or www.helpline-online.com

Youth Central Intake and Care Coordination
1-866-705-2807

MA Statewide Overdose Prevention Information
1-800-383-2437

Learn2Cope Support Group (for families)
www.learn2cope.org

1. Recognize and Call

1
Call name loudly

2. Rescue Breaths

Make sure there is nothing in the mouth

Tilt head back, lift chin, pinch nose

Give a breath every 5 seconds.

No/Little Response?

Call 911 right away

3. Give Naloxone

- 1 Pull or pry off yellow caps
- 2 Pry off red cap
- 3 Grip clear plastic wings
- 4 Gently screw capsule of naloxone into barrel of syringe
- 5 Insert white cone into nostril; give a short, hard push on end of capsule to spray naloxone into nose: one half of the capsule into each nostril.
- 6 If no reaction in 2-5 minutes, give the second dose

Where to get Narcan

Prescription? →	No	Yes
Tapestry Health	\$0	Coverage + co-pay varies by insurance (MassHealth = \$0)
CVS (1 dose)	\$20	
Walgreens (2 doses)	\$50	
Chicopee/Holyoke Health Center (2)	\$50	
WalMart, Target*	X	
Big Y, Stop and Shop*	X	
Amherst Pharmacy*	X	

* = Ask provider to call ahead so pharmacy can stock it