



Atkinson Family Practice



Naloxone and Opioid Overdose A Guide for Providers and Patients



Created by Jessica Fortin, UMass Medical School

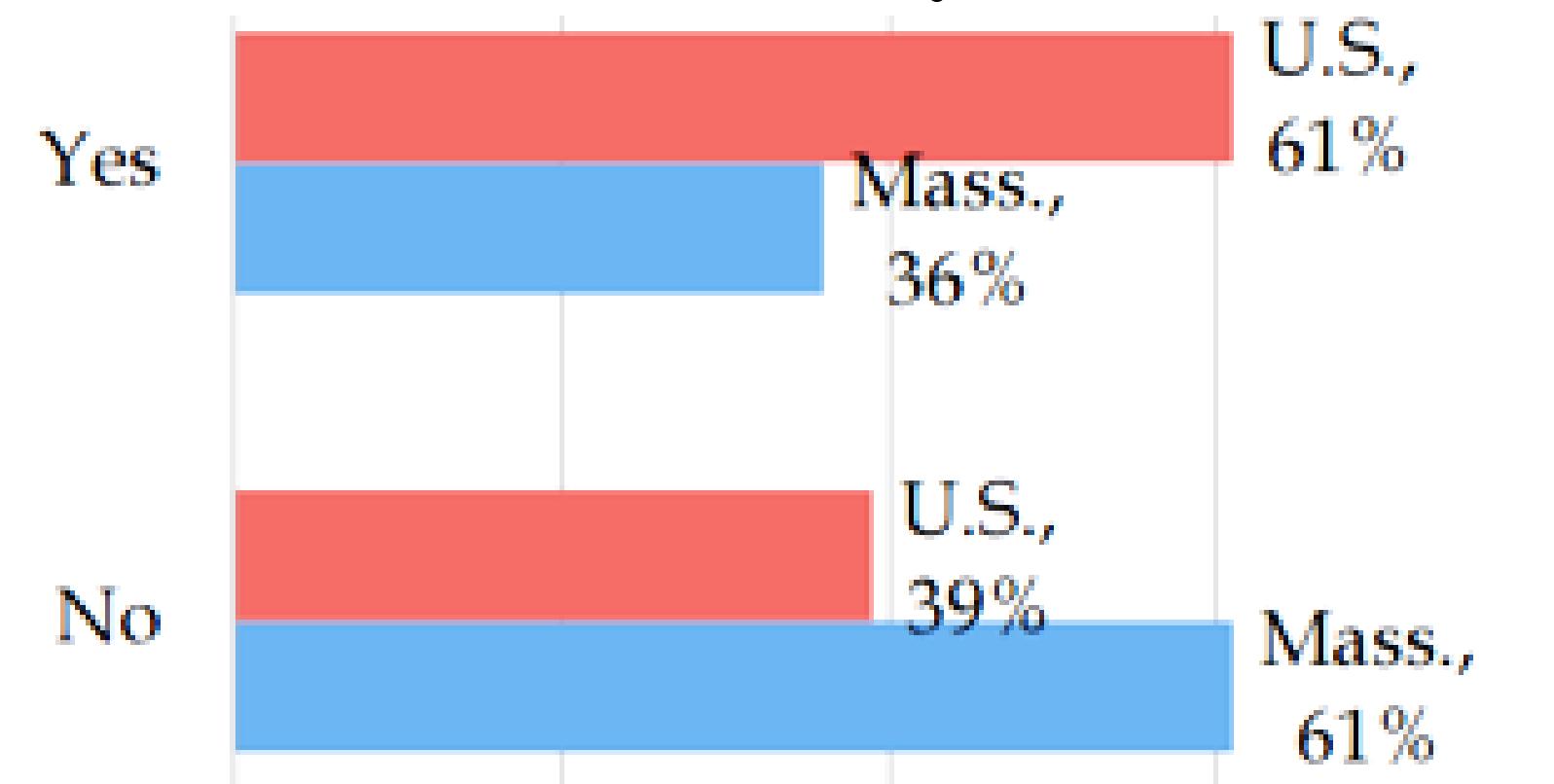
What Is Naloxone?

- Prescription medicine that reverses an opioid overdose
- Injectable or intranasal
- Wakes a person who is overdosing in 3-5 minutes and lasts 30-90 minutes
- Does not have psychoactive effects – does not make a person “high”, no street value
- No side effects, even if the person is not overdosing
- Used routinely by EMS & ERs
- Shelf life of 18 months, store out of sunlight, heat, cold

Naloxone can be prescribed to ANYONE

T Atkinson Family Practice Staff
H Massachusetts DPH
A Hampshire H.O.P.E. and Cherry Sullivan
N Learn to Cope
K Tapestry Health and Liz Whynott
P Prescribe to Prevent
D Dr. Alexander Walley
M Massachusetts TAPP
B Massachusetts BSAS
Y Praxis Center for Social Innovation

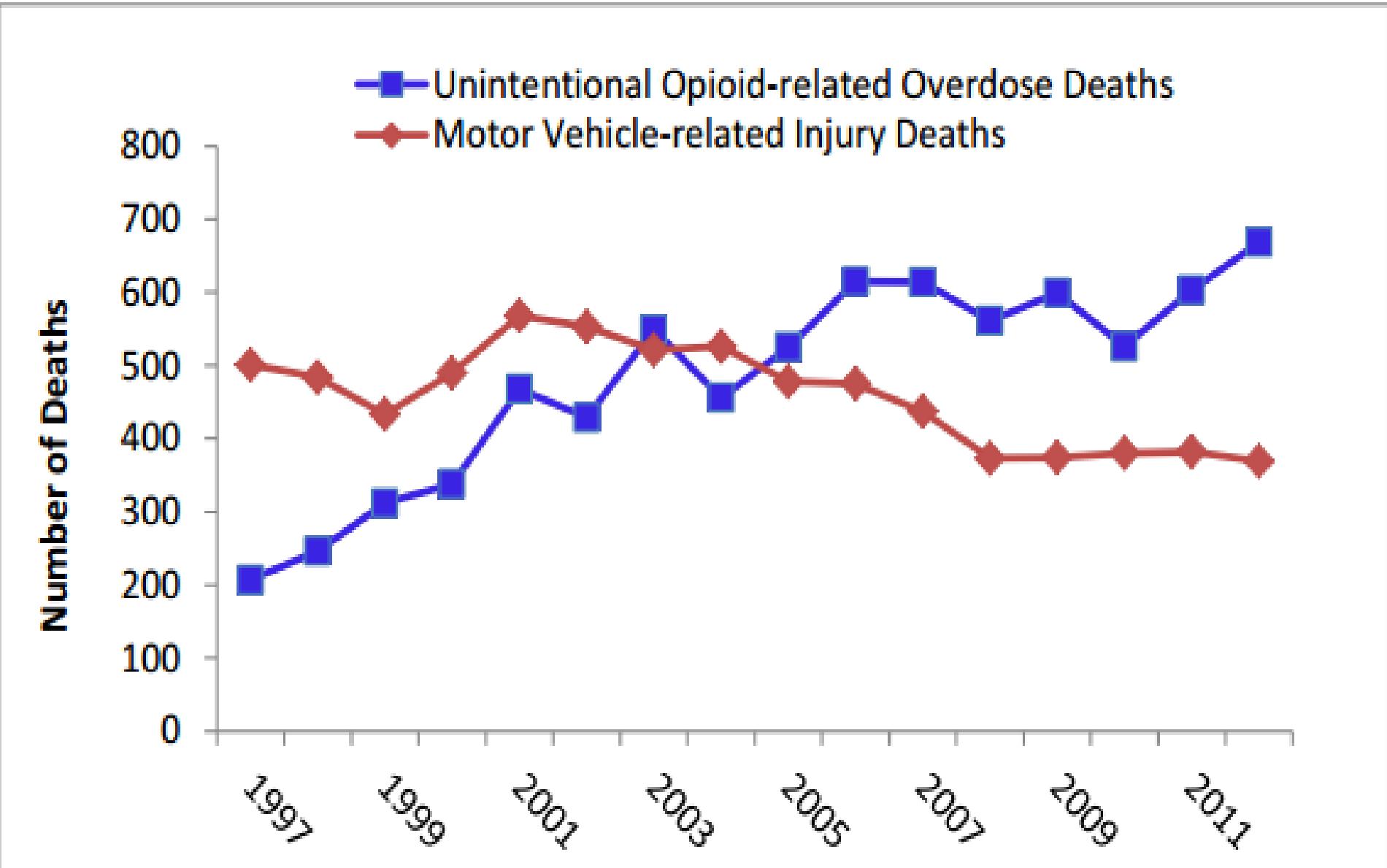
Did your doctor discuss the risks of addiction with you?



Massachusetts doctors discuss addiction with their patients **less than the US average**

Source: Boston Globe and Harvard T.H. Chan School of Public Health, Prescription Painkiller Abuse: Attitudes among Adults in Massachusetts and the United States

Figure 2: Unintentional Opioid-Related Overdose Deaths vs. Motor Vehicle-Related Injury Deaths, MA Residents, 1997-2012



Source: Registry of Vital Records and Statistics, MDPH

1. Recognize and Call

1

Call name loudly

2

Sternal rub:
rub knuckles hard up and down breast bone

No/Little Response?

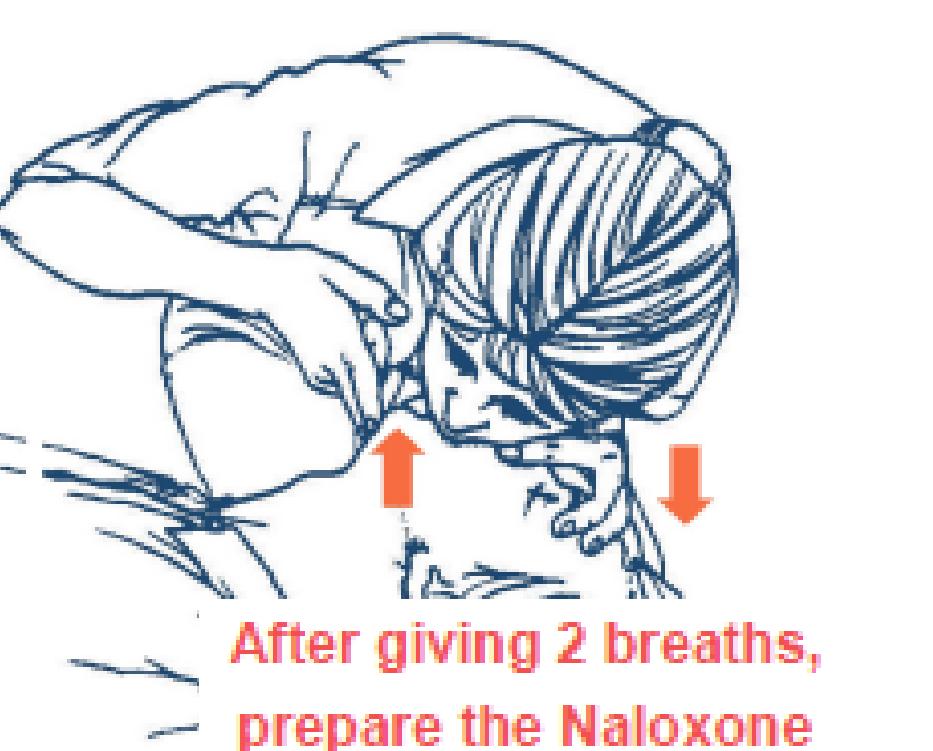
Call 911
right away

2. Rescue Breaths

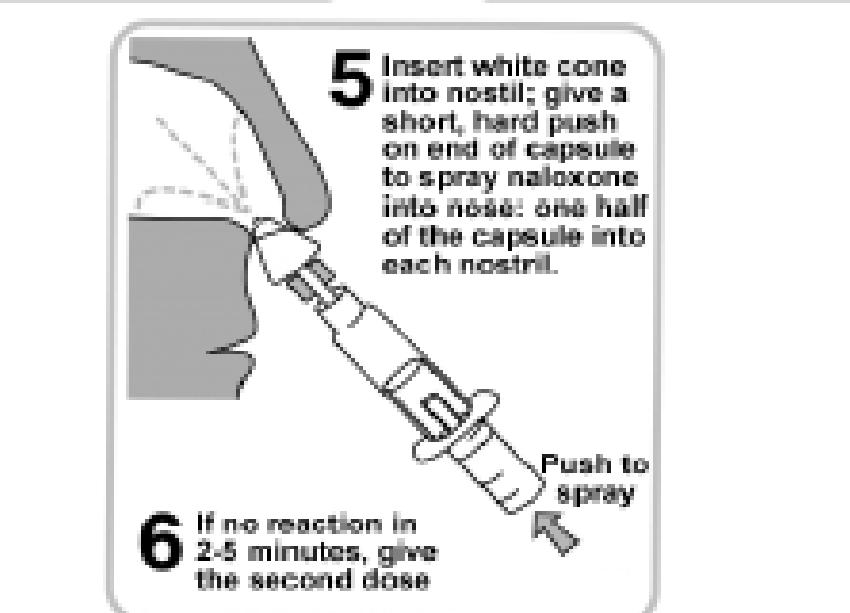
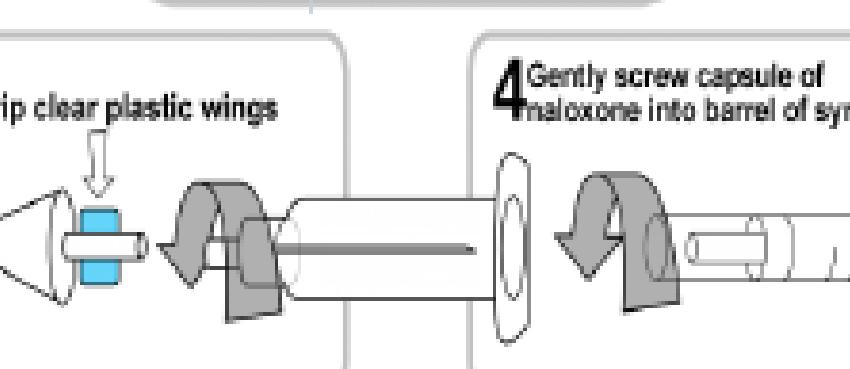
Make sure there is nothing in the mouth

Tilt head back, lift chin, pinch nose

Give a breath every 5 seconds.



3. Give Naloxone



Where to get Narcan

Prescription? →	No	Yes	Insurance + co-pay varies by (MassHealth = \$0)
Tapestry Health	\$0		
CVS (1 dose)	\$20		
Walgreens (2 doses)	\$50		
Chicopee/Holyoke Health Center (2)	\$50		
WalMart, Target*	X		
Big Y, Stop and Shop*	X		
Amherst Pharmacy*	X		

* = Ask provider to call ahead so pharmacy can stock it