

One Wuss-taah Zealot's Restaurant List (2010-2011)

Michael Ennis M.D.
michael.ennis@umassmed.edu

"American" Bistros

86 Winter..... 65 Water Street, Worcester..... 508-459-5400..... \$\$\$ www.86winter.com

Armenian

Café International..... 344 Pleasant Street, Worcester..... 508-796-5387..... \$ (11:00 am to 6:30 pm)
 Shiraz Armenian Cuisine..... 259 Park Avenue, Worcester..... 508-767-1639..... \$\$

Asian-French Fusion

Haiku Sushi..... 258 Park Avenue, Worcester..... 508-459-3033..... \$\$\$½ www.haikusushi.com

Bagels

Bagel Time..... 194B Park Avenue, Worcester..... 508-798-0440..... \$ www.bageltimeUSA.com

Barbeque

Smokestack Urban Barbeque..... 90 Harding Street, Worcester..... 508-363-1111..... <http://www.bbgstack.com>
 West Side Barbeque..... 2 Richmond Avenue, Worcester..... 508-756-6328..... \$, BYOB

Brazilian

Qui Delicia..... 83 Hamilton Street, Worcester..... 508-459-4575..... \$, BYOB
 Pampas Churrascaria Rotisserie*..... 145 East Central Street, Worcester..... 508-757-1070..... \$, BYOB
 Ranch Cantina Churrascaria..... 329 Grafton Street, Worcester..... 508-792-3560..... \$ www.ranchcantina.com

Breakfast

Gold Star Restaurant..... 68 West Boylston St, Worcester..... 508-852-7900..... \$
 Shakers Café..... 296 Hamilton Street, Worcester..... 508-797-5550..... \$ www.shakerscafeandrestaurant.com
 Wendy's Clark Brunch..... 934 Main Street, Worcester..... 508-756-1550..... \$

Brunch (Sunday)

Armsby Abbey..... 144 Main Street, Worcester..... 508-795-1012..... \$\$ www.armsbyabbey.com
 Hamilton Diner & Bistro..... 83 Hamilton Street, Worcester..... 508-798-8200..... \$\$, BYOB
 Beechwood Hotel..... 363 Plantation St., Worcester..... 508-754-5789..... \$\$\$\$ www.beechwoodhotel.com
 Maxwell Silverman's..... Lincoln Square, Worcester..... 508-755-1200..... \$\$\$\$ www.maxwellmaxine.com

Cambodian

Apsara..... 264 Park Avenue, Worcester..... 508-752-2211..... \$\$

Chinese

Chopsticks..... 1083 Main Street, Worcester..... 508-755-1075..... \$
 Nancy Chang..... 372 Chandler Street, Worcester..... 508-752-8899..... \$ www.nancychang.com

Coffee Houses (each has some form of live entertainment, open-mike, poetry slams, etc. sometimes)

Bean Counter Coffee Bar..... 113 Highland Street, Worcester..... 508-754-3125 http://www.myspace.com/the_beancounter
 Express Yourself Coffee..... 2C Richmond Ave, Worcester..... 508-755-3300 (sidewalk seating)
 Acoustic Java..... 932A Main Street, Worcester..... 508-756-9446 (next to Clark U.) www.acousticjava.com
 NU Café..... 335 Chandler Street, Worcester..... 508-926-8800..... <http://www.nucafe.com/>

Dessert Bars / Coffee Bars

Caffé Dolce*..... 154 Shrewsbury Street, Worcester..... 508-754-3761..... www.caffedolceworcester.com
 Sweet*..... 305 Shrewsbury Street, Worcester..... 508-373-2248..... www.sweetworcester.com

Diners (what Worcester is famous for!)

Boulevard Diner*..... 155 Shrewsbury Street, Worcester..... 508-799-4535..... \$
 Corner Lunch..... 133 Lamartine Street, Worcester..... 508-799-9866..... \$
 Lou Roc's diner..... 1074 West Boylston Street, Worcester..... 508-8526888..... \$
 Kenmore Diner..... 250 Franklin Street, Worcester..... 508-792-5125..... \$
 Parkway Diner*..... 148 Shrewsbury Street, Worcester..... 508-753-9968..... \$

Ecuadorian

La Cabana..... 181 Millbury Street, Worcester..... 508-755-6263..... \$\$, BYOB

"Family" Restaurant

Boylton Restaurant & Spirits..... 117 Highland Street, Worcester..... 508-756-8458..... \$\$

Ghanaian

Anokye Krom..... 687 Millbury Street, Worcester..... 508-753-8471..... \$
 Tropical Gardens..... 344 Chandler Street, Worcester..... 508-926-8787..... \$

Gourmet (meaning sort of fancy – i.e., where to go when your rich uncle visits Worcester)

Ceres*..... Beechwood Hotel, 363 Plantation St., Worc..... 508-754-2000..... \$\$\$\$ www.beechwoodhotel.com
 Sonoma..... Post Office Place, Route 31, Princeton..... 978-464-5775..... \$\$\$\$ www.sonoma-princeton.com

Hot Dogs

Coney Island Lunch..... 158 Southbridge Street, Worcester..... 508-753-4326..... \$

One Wuss-taah Zealot's Restaurant List (2010-2011).....Page 2

Ice Cream

Meola's..... 165 West Boylston Street, West Boylston..... 508-835-9747
 Pinecroft Dairy..... 555 West Prospect Street, West Boylston 508-853-0717

Indian (some have great, cheap luncheon buffets \$, dinners \$\$)

Bollywood Grille* 97 Boston Turnpike, Shrewsbury..... 508-793-9888.....\$\$ www.bollywoodgrill.com
 India Café* 84 Boston Turnpike, Shrewsbury..... 508-754-2200.....\$\$ www.indiacafeonline.com
 Surya* 299 Shrewsbury Street, Worcester..... 508-752-3700.....\$\$
 Udipi* 378 Maple Avenue, Shrewsbury..... 508-459-5099.....\$\$, BYOB (South Indian, vegetarian)

Irish

Emerald Isle 49 Millbury Street, Worcester 508-792-3830.....\$
 O'Connor's 1160 West Boylston Street, Worcester 508-853-0789.....\$\$ www.oconnorsrestaurant.com

Italian

Café Espresso..... 19 Wall Street, Worcester..... 508-767-1818.....\$\$, BYOB
 Chioda's Trattoria* 631 Franklin Street, Worcester..... 508-459-6035.....\$\$\$ www.chiodastrattoria.com
 Ciao Bella 402 Grove Street, Worcester..... 508-756-2426.....\$, BYOB <http://ciaobellarestaurant.biz>
 Dino's Restaurant* 13 Lord Street, Worcester 508-753-9978.....\$\$ www.dineatdinos.com
 Leo's Ristorante* 11 Brackett Court, Worcester 508-753-9490.....\$\$\$ www.leosristorante.net
 Mac's Diner* 185 Shrewsbury Street, Worcester 508-868-7508.....\$, BYOB
 Piccolo's* 157 Shrewsbury St. Worcester..... 508-754-9709.....\$\$\$ www.Piccolos157.com
 Ziti's Italian Trattoria 192 Harding Street, Worcester 508-898-2282.....\$\$\$ www.zitisitaliantrattoria.com

Jamaican

One Love Café 800 Main Street, Worcester..... 508-753-8663.....\$, BYOB

Japanese

Baba..... 309 Park Avenue, Worcester..... 508-752-8822.....\$\$\$\$ www.babasushi.com
 Haiku..... 258 Park Avenue, Worcester..... 508-459-3033.....\$\$\$½ www.haikusushi.com
 Sakura Tokyo 640 Park Avenue, Worcester..... 508-792-1078.....\$\$\$ www.sakura-tokyo.com
 Takara..... 10 Milbury Street, Worcester..... 508-791-1140.....\$\$\$½
 Zipango* 270 Shrewsbury Street, Worcester..... 508-754-8047.....\$\$\$ www.zipango-sushi.com

Kosher-style Deli

Weintraub's Jewish Deli & Rest. 126 Water Street, Worcester 508-756-7870.....\$

Lebanese

El Basha* 424 Belmont Street, Worcester..... 508-797-0884.....\$\$ www.elbasharestaurant.com
 El Basha West..... 256 Park Avenue, Worcester..... 508-795-0222.....\$ www.elbasharestaurant.com
 Café International 344 Pleasant Street, Worcester..... 508-791-8566.....\$ www.bahnans.com
 Morocco Restaurant & Bar* 172 Shrewsbury St, Worcester..... 508-459-9660.....\$\$\$ not Moroccan (in spite of the name)
 Sahara Cafe 143 Highland Street, Worcester..... 508-798-2181.....\$\$, elegant atmosphere; entertainment

Mediterranean

Dante's Restaurant* 421 Shrewsbury Street, Worcester..... 508-791-1111.....\$\$\$

Mexican

Mezcal Tequila Cantina* 166 Shrewsbury St, Worcester..... 508-926-8308.....\$\$\$ www.mezcaltantina.com
 Tacos Acapulco* 344 Boston Turnpike, Shrewsbury..... 508-425-3593.....\$ www.tacosacapulco-restaurant.com
 Tacos Parilla Mexicana 138 Millbury Street, Worcester 508-798-3496.....\$, BYOB

Museum (inside Worcester Art Museum, pleasant venue, eclectic menu, open for lunch only – 11:30a-2:00p)

Museum Café 55 Salisbury Street, Worcester..... 508-799-4406.....\$ www.worcesterart.org/Services/cafe.html

Peruvian

Inka's Restaurant 169 Millbury Street, Worcester 508-762-9077.....\$\$, BYOB

Pizza

Corner Grille..... 806 Pleasant Street, Worcester..... 508-754-8884.....\$, BYOB www.cornergrille.com
 Wonder Bar Pizza* 121 Shrewsbury Street, Worcester..... 508-752-9909.....\$

Puerto Rican/Dominican

Brisa's Tropical Restaurant..... 976-A Main Street, Worcester 508-797-3900.....\$
 Maria's Kitchen..... 826 Main Street, Worcester..... 508-797-3380.....\$, (only Spanish spoken by management)
 Mi Sobroso Restaurant..... 256 Grafton Street, Worcester..... 508-752-5189.....\$
 Mofongos 118 Cambridge Street, Worcester 508-798-3190.....
 Sazon Latino 130 Chandler Street, Worcester 508-797-5645.....\$ www.myspace.com/sazonlatino130

Salvadoran

Conchagua..... 875-B Main Street, Worcester 508-890-8787.....\$
 La Salvadorená Pupusería 82 Pleasant Street, Worcester..... 508-756-5586.....\$

One Wuss-taah Zealot's Restaurant List (2010-2011).....Page 3

Seafood

Coral Seafood*	225 Shrewsbury St, Worcester	508-775-8331	\$\$\$	www.coralseafood.com
Sole Proprietor Seafood & Spirits	118 Highland Street, Worcester	508-798-3474	\$\$\$	www.thesole.com

Slow Food

Armsby Abbey	144 Main Street, Worcester	508-795-1012	\$	www.armsbyabbey.com
--------------	----------------------------	--------------	----	--

Steak Houses

One-Eleven Chophouse*	111 Shrewsbury Street, Worcester	508-799-4111	\$\$\$	www.111chophouse.com
-----------------------	----------------------------------	--------------	--------	--

Tapas (Spanish)

Bocado	82 Winter Street, Worcester	508-797-1011	\$\$\$	www.bocadotapasbar.com
--------	-----------------------------	--------------	--------	--

Thai

Racha Thai	545 Southwest Cutoff, Worcester	508-757-8884	\$	
Pho 2000	1394 Main Street, Worcester	508-754-1755	\$\$	(serves Vietnamese and Thai food)
Thai Place*	50 Boston Turnpike, Shrewsbury	508-425-3595	\$	www.thaiplacerestaurant.net

Vegetarian

Belmont Vegetarian	157 Belmont Street, Worcester	508-459-0367	\$	(Mainly take out; Jamaican vegan)
Evo	234 Chandler Street, Worcester	508-459-4240	\$	www.evodining.com
(attached to Living Earth natural food store, vegetarian friendly, has gluten-free options, etc.)				
Loving Hut	56 Hamilton Street, Worcester	508-831-1332	\$	http://lovinghut.us/worcester/
Loving Hut	415 Chandler Street, Worcester	508-459-0367	\$	http://lovinghut.us/worcester_02/

Vietnamese

Anh Thu	439 Park Avenue, Worcester	508-752-1330	\$	BYOB
Dalat Restaurant	425 Park Avenue, Worcester	508-753-6036	\$	BYOB
Pho Dakao	593 Park Avenue, Worcester	508-756-7555	\$	
Pho 2000	1394 Main Street, Worcester	508-754-1755	\$	
Saigon Restaurant	976-B Main Street, Worcester	508-799-5250	\$	BYOB

Wine & Cheese Bar

The Citizen	1 Exchange Place, Worcester	508-459-9090	\$	www.thecitizenwinebar.com
-------------	-----------------------------	--------------	----	--

Establishments marked with an * are within <1 mile from UMass (e.g., possibly walking distance for some).

Approximate pricing:

\$	- average entrée =	< \$10
\$\$	- average entrée =	\$10 - \$15
\$\$\$	- average entrée =	\$15 - \$20
\$\$\$\$	- average entrée =	>\$20

For those times when you'd rather stay home and cook or eat take-out.....

One Wuss-taah Zealot's Market/Bakery List (2010-2011)

(All are in Worcester unless otherwise specified)

African

Central Market..... 241 Lincoln Street 508-753-4084
Peace African Market 1104 Main Street..... 508-753-5950

South East Asian

Binh-An Oriental Market 64 Green Street 508-798-6960
Ha-Tien Oriental Market 892 Main Street 508-831-7413
Mekong Market..... 747 Main Street 508-755-4843

European (mainly Eastern European)

European Café and Deli 23 Millbury Street 508-797-1606
Golemo's Market 43 Millbury Street 508-756-0086
Moscow Nights 809 Pleasant Street..... 508-799-0751
Tom's International Deli..... 118 Water Street 508-755-7295

Health/Natural Food

Artichoke Food Coop..... 800 Main Street 508-752-3533
Living Earth 232 Chandler Sreett 508-753-1876

Indian

India Food & Gifts..... 264 Boston Turnpike (Rte 9 East), Shrewsbury . 508-755-5632
Patel Brothers..... 504 Boston Turnpike (Rte 9 East), Shrewsbury . 508 842-9600

Latin/Caribbean

Santiago's Plaza..... 1000 Main Street..... 508-438-3663 (a truly amazing place, they carry American groceries as well; definitely worth a visit)

Mexican

Sol of Mexico Tortilleria 538 Pleasant Street..... 508-756-2660

Middle Eastern

Bahnan's Bakery 344 Pleasant Street..... 508-791-8566
Ed Hyder's Mediterranean Market Place.... 408 Pleasant Street..... 508-755-0258
George's Bakery..... 308 Grafton Street..... 508-752-0762
Lee's Bakery 98 Hamilton Street..... 508-755-7014

Scandinavian

Crown Bakery..... 133 Gold Sar Blvd. 508-852-0746 www.thecrownbakery.com