STATE WITHOUT STIGMA RESOURCES

- Massachusetts Substance Abuse Information and Education Helpline
  Free, confidential information and referrals for alcohol and drug problems
  1-800-327-5050 (TTY: 1-800-439-2370)
  http://helpline-online.com/

- State Without StigMA
  Keep updated about Governor Baker’s Opioid Addiction Working Group; sign the pledge!

- Learn to Cope: a peer-led support network for families dealing with addiction and recovery;
  http://learn2cope.org/

- Narcotics Anonymous: 1-866-624-3578
  New England Region of Narcotics Anonymous: https://www.nera.org/
  Central Massachusetts: http://www.centralmassna.org/
  Pioneer Valley: https://www.nera.org/
  Western Massachusetts: http://www.wmacna.org/

- Alcoholics Anonymous:
  Boston: 617-426-9444; http://www.aaboston.org/
  Worcester Area Intergroup: 508-752-9000; http://www.aaworcester.org/
  Western Mass Intergroup: 413-532-2111; https://www.westernmassaa.org/

- Al-Anon Family Groups: http://www.al-anon.alateen.org/home

- Smart Recovery: http://www.smartrecovery.org/

- Physicians Health Services: 781-434-74044;
  http://www.massmed.org/phshome/#.WBduV00zWpo

- Substance Abuse Rehabilitation Program (SARP): 617-973-0800

- Substance Abuse and Mental Health Services Administration (SAMHSA)
  Public health efforts to advance the behavioral health of the nation; reduce the impact of
  substance abuse and mental illness on America’s communities;
  http://www.samhsa.gov/

- National Institute on Drug Abuse: https://www.drugabuse.gov/

- National Institute on Alcohol Abuse and Alcoholism (NIAAA): https://www.niaaa.nih.gov/

- Job Accommodation Network (JAN)
  A service provided by the U.S. Department of Labor’s Office of Disability Employment Policy.
  JAN regarding Alcohol: https://askjan.org/media/alco.htm
  JAN regarding Drug Addiction: https://askjan.org/media/drug.htm