

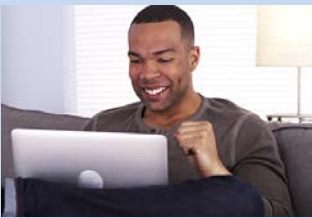


## Conquering Diseases December 2015 Newsletter



Conquering Diseases Program  
UMass Medical School  
Ambulatory Care Center  
55 Lake Ave North  
Worcester, MA 01655  
508-856-2557  
Toll-free 855-937-2067  
[www.umassmed.edu/  
conqueringdiseases](http://www.umassmed.edu/conqueringdiseases)

For more information,  
stop by the Conquering  
Diseases office. We are  
open 8:00 AM – 4:00 PM



## Conquering Diseases Programs



## December 2015

### Studies of interest

#### Study looking to enroll people who recently lost weight! (Docket # H-00001808)

“Keeping Weight off” is a NIH-funded research study for people who recently lost weight and want to maintain their weight loss. This study aims to understand the brain changes that accompany participation in weight loss maintenance programs. You may be eligible if you are healthy, 25 to 60 years old, and have lost 5% or more of your weight over the past year without weight-loss surgery. If you decide to participate you will be enrolled in an 8-week program at UMASS Medical School, Shrewsbury Campus to help you maintain weight loss and will be asked to: undergo a non-invasive MRI and fill out some surveys before and after the course. You will be compensated for your time. Do you think “Keeping Weight Off” is right for you? To complete a brief online pre-screen go to <https://arcsapps.umassmed.edu/redcap/surveys/?s=RShqctenyg>. Please call Marcela Hayes, Research Coordinator at 508-856-1225 or email [keepitoff@umassmed.edu](mailto:keepitoff@umassmed.edu) to find out more information.

#### Pilot-GEDMAT (Docket # H-00000836)

Women who are NOT PREGNANT nor have had a child are invited to participate in a research study examining the differences in adipose tissue (fatty tissue) expansion between women who develop diabetes in pregnancy and those that don't. We have uncovered some interesting findings about the changes in adipose tissue in pregnancy. In order to understand these changes, we need to compare it to fatty tissue not in pregnancy. Fatty tissue is obtained by placing a needle under the skin after it is numbed. You will be compensated for your participation. For more information, please contact Sharon Smith at (508) 334-6678.

#### Therapeutic Misconception and Scientific Reframing Study (Docket # H-00004365)

Individuals currently suffering from **Major Depression, Diabetes** or **Breast Cancer** are invited to participate in a research study to try to find better ways of explaining clinical research to potential subjects of research, so that they can better understand and make good decisions about whether they want to participate. Participation involves watching a brief PowerPoint presentation on a laptop and completing a brief survey. Participants must be over 18 years of age. Compensation provided. Please call Karen Albert at 508-856-8725 or Debbie Truong at 508-856-5378.

#### Mobile App Study (Docket # H-00000904)

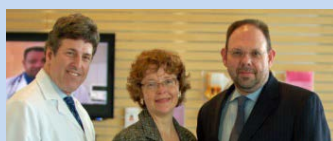
Interested in losing weight? Participate in a UMass research study to test out a diet Droid mobile app. Age 18 and older. Call (508)856-1534 or email [study@umassmed.edu](mailto:study@umassmed.edu)

**Biorepository  
Volunteer to donate a  
small amount of blood  
that will be stored in our  
Biorepository and used  
by UMass researchers.  
(Docket # H-12647)**



**Clinical Research Volunteer  
Database**

Participate in the Clinical Research Volunteer Database. The database is used for UMass researchers who are conducting IRB approved studies.  
(Docket # H-12562)



**The Depression Relapse Trial (Docket # H-00007086)**

Individuals that are currently suffering from depression are invited to participate in a research study to determine the effectiveness and safety of vortioxetine in preventing relapse in depression for those subjects who respond to treatment with vortioxetine. Study participation will last up to 55 weeks and subjects will receive the study drug vortioxetine. Participants must be: 18 to 75 years of age, suffering from recurrent Major Depressive Disorder, experiencing current symptoms of depression, not be pregnant or have plans to become pregnant. Subjects will receive study drug and study-related care at no cost. Compensation provided. Contact Jessica Penny @ 774 455 4045

**Alcohol Behavioral Couple Therapy for Service Members and Veterans  
(Docket # H-00003823)**

Researchers at UMass Medical School are developing an innovative program for Service Members and Veterans with alcohol-related concerns. The Alcohol Behavioral Couple Therapy Military treatment research program is designed to help service members or veterans and their partners learn skills that will help to reduce drinking and improve relationship functioning. The program will include a thorough assessment, 15 weekly outpatient couple therapy sessions (free of charge), and a follow-up session. Compensation will be provided for the intake and follow-up sessions. For more information, please contact Rachel Rosen at (855) 901-2228 or [abctmilitary@gmail.com](mailto:abctmilitary@gmail.com).

**Mindfulness Heart Study (Docket # H-00000803)**

We are studying the effects of a stress reduction program on physiologic parameters in subjects, with impaired heart function from a heart attack, who have an implantable defibrillator. For more information, please contact Joshua Greenberg, MD at 508-407-7930.

**Hepatic Dysfunction, Vitamin D Status & Glycemic Control in Diabetes  
(Docket # H-00002866)**

This study is open to enrollment for those 10 to 50 years of age who have type 2 diabetes, low vitamin D levels, and nonalcoholic fatty liver disease. The aim of this study is to determine whether vitamin D supplementation will promote liver health as well as blood sugar control in patients with type 2 diabetes who also have nonalcoholic fatty liver disease. The study will include a MRI scan to determine the amount of fat in the liver. Compensation for study participation is provided.

Study Contact: Carol Ciccarelli, RN - (508) 856-2828 or [carol.ciccarelli@umassmed.edu](mailto:carol.ciccarelli@umassmed.edu).

**Research Leads to Cures... Be Part of the Cure!  
UMass Conquering Diseases Biorepository (Docket # H-12647)**

Would you like to help find better treatments and cures for health conditions and diseases? If you have ever been seen at UMassMemorial, you can donate a blood specimen to our Biorepository! We need blood samples from healthy patients as well as patients who have a disease or health condition. Please visit us at the Conquering Diseases Program suite at UMass Medical School. We are located at 55 Lake Avenue in the Ambulatory Care Center, on the first floor. You can also contact us to make an appointment to have your blood drawn for the Biorepository at 508-856-2557 or [ConqueringDiseases@umassmed.edu](mailto:ConqueringDiseases@umassmed.edu).

