

## National Alliance on Mental Illness (NAMI) Massachusetts

NAMI Massachusetts is a vital state resource for individuals and families facing the challenges of mental illness, providing free mental health family-based education, family and peer support and grassroots advocacy. <u>NAMI MA website</u>



## Hope and Inspiration Flourish at Community Awareness Building, Stigma Busting Event:

## NAMIWalks Mass 2015 on Saturday, May 16th in Boston

Please join the staff of NAMI Mass and thousands of other passionate walkers, team captains and volunteers, as we come together in a public, active display of support for individuals affected by mental illness. One in every five individuals experiences a mental illness in any given year. The Walk underscores how important it is to ensure that both help and hope are readily available to those affected. NAMIWalks Website