The Conquering Diseases Program is pleased to announce newly designed websites!

Would you like to help find better treatments and cures for health conditions and diseases? Your taking part in Conquering Diseases is expected to help us gain information on how to better diagnose, treat, and prevent diseases that you and your family are concerned with each and every day.

Are you interested in participating in research studies? Visit our website below to learn about currently recruiting studies:

https://www.umassmedresearchvolunteer.org/index.html

Would you like to donate a small quantity of blood to be used in medical research? Visit the link below for more information or call 508-856-2557 for an appointment:

http://www.umassmed.edu/conqueringdiseases/index.aspx

Studies of interest

Mood Disorder, Trauma, and the Brain (Docket # H-1011)

The Child and Adolescent NeuroDevelopment Initiative (CANDI) Program in the Department of Psychiatry at the University of Massachusetts Medical School is conducting a magnetic resonance imaging study looking at the brains of children 8 to 12 years old with mood disorder with or without a history of trauma. We will be comparing these images with children without these diagnoses. Subjects will: receive an MRI scan; have an interview with a clinician; parents will also have an interview with a clinician. Compensation for time and travel will also be provided. If you are interested in learning more about this research study, please call our research coordinator Martha Castro at (508)856-5896, or email us at ChildResearch@umassmed.edu
Do you have a teenage daughter? Do you want to participate in a research study?
(Docket # H-00000020)

If you are a mother with a teenage daughter, you may be eligible to participate in a phone interview. The purpose of the interview is to examine: 1) your beliefs about your teen’s health risks and 2) where you get health information about your teen. The phone interview will last 30 minutes. Compensation will be provided. Please call Effie at (508)856-1534 or e-mail Study@umassmed.edu.

Would you like to participate in a research study to develop a weight loss mobile app?
(Docket # H-2340)

We are developing a mobile app designed to help people lose weight. Your participation will include a 30 minute screening visit and a 60 minute problem solving session. During the session, you will meet with a weight loss counselor, be asked about problems that you have had trying to lose weight, and come up with possible solutions. You may be eligible if you: have an interest in losing weight; are over the age of 18; use an Android smartphone. Compensation will be provided. Please call Effie at (508)856-1534 or e-mail Study@umassmed.edu.

Join the Health U. research study! (Docket # H-14575)

Health U. is a weight loss research study for overweight teens and young adults ages 15-22 who have an intellectual disability. Eligible participants will take part in a program that includes weekly to biweekly group and individual sessions focusing on losing weight through healthy eating and increasing physical activity in ways that are fun and achievable. Parents receive training on supportive behavioral techniques to encourage their son/daughter to meet nutrition and physical activity goals. Sessions are 90 minutes, highly interactive, and led by nutritionists and lifestyle coaches. Eligibility criteria include, but are not limited to:

- Being a healthy person ages 15-22 with an intellectual disability.
- Meeting criteria for overweight or obesity.
- Medical clearance from a primary health care provider.
- Having at least one parent/guardian who is willing to participate in the study.

**Classes begin March 2014 and are held on either Tuesday or Thursday 7:00-8:30pm**

Health U. is a free and voluntary research study funded by the National Institute of Health (NIH) through the Shriver Center at UMass Medical School. Do you think Health U. is right for you? Please call Judith Ellen, Research Coordinator at 774-455-6540 or email healthu@umassmed.edu to find out more information. Qualified participants may be eligible for compensation.

Do you use tanning booths?
Do you use tanning booths? (Docket # H-14513)

Do you want to participate in a research study? Females ages 16-65 are invited to participate in a research study about tanning at UMass Medical School. Compensation will be provided. Please call Effie at (508)856-1534 or e-mail study@umassmed.edu.

IBD-AID cooking and nutrition program Study (Docket # H-20667)

Sign up now for the January IBD-AID cooking and nutrition program. This program is for patients with food intolerances and/or inflammatory bowel disease: The fee is $20/person, which includes the entire meal. The January classes will be held on January 9th and 23rd, 5:30-7:30 PM, on the second floor of the Shaw Building. Please contact Judy at (508) 856-4455 or email judy.palken@umassmed.edu.