**April 2015**

**Studies of interest**

**Conquering Diseases Open House – April 10th and April 14th**

**Research Leads to Cures... Be Part of the Cure**

Please visit us on April 10th or April 14th between 9:00 and 3:00.

Here are some ways you can volunteer to participate in UMass Clinical Research:

- Sign up for the Clinical Research Volunteer Registry.
- Learn about studies at UMass that may be of interest to you.
- If you are a UMass Memorial Health Care patient, you can provide a small blood sample for the Biorepository to be used in clinical research studies.

Please stop by to visit us. We are located at the UMass Medical School, 55 Lake Av, North, Ambulatory Care Center, 1st floor, Room 36 – just past the café.

If you can’t join us on April 10th or 14th, please contact us and we can arrange for a time for you to drop by. We can be reached at 508-856-2557 or ConqueringDiseases@umassmed.edu.

(Docket # H-12647 and Docket # H-12562)

**The FORWARD-2 Study (Docket # H-00005319)**

Individuals who are currently suffering from depression are invited to participate in a research study to determine the effectiveness of an investigational drug. Participants will be able to stay on their current medication regimen. Study participation will last up to 60 weeks. Patients must be: 18 to 70 years of age; suffering from Major Depressive Disorder; currently experiencing depressive symptoms; currently taking an antidepressant; not be pregnant. Participants will receive study drug and study-related care at no cost. Compensation is provided. Contact Chelsea Kosma at 508-856-5312.

**Pregnancy and Mood Study (Docket # H-00001214)**

"Kristina Deligiannidis, MD is conducting an NIH-funded research study to evaluate hormones during pregnancy and the development of postpartum depression. Women will complete 2 pregnancy study visits and 3 study visits after delivery. Visits include mood questionnaires, blood samples and one MRI brain scan after delivery. Both healthy women and women having symptoms of sadness or anxiety are invited to participate. Total participation takes 4-7 hours over approximately 6 months. Financial compensation and a photo of the participant’s brain scan are provided. To learn more, please call Dr. Deligiannidis (774.455.4134).

**Do you exercise regularly and use mobile fitness apps? Please complete a survey!**

(Docket # H-00005027)

https://arcsapps.umassmed.edu/redcap/surveys/?s=b4iaDyG4rj
**Study looking to enroll people who recently lost weight! (Docket # H-00001808)**

Even highly motivated individuals find it difficult to keep weight off after they have lost it. The purpose of the study is to understand brain changes that accompany participation in wellness programs for keeping weight off. We will use MRI scans to study brain function in men and women 25-55 years old who have lost weight in the last year without surgery. Participants will be assigned to one of two programs to help them maintain weight loss and will be compensated for their time. Our goal is to gain a better understanding of the brain changes that lead to long-term success in keeping weight off, in the hope that this knowledge will assist in the development of improved treatments. Please call Marcella Hayes, Research Coordinator at 508-856-2702 or email keepitoff@umassmed.edu to find out more information.

**A multicenter clinical trial to prevent GFR loss in Type 1 Diabetes (Docket # H-00004468)**

The purpose of this study is to find out whether a medication called allopurinol can prevent kidney problems, in particular the loss of kidney function, in people with type 1 diabetes. For more information, please contact Karen Gallagher-Dorval at 508-856-2857 or ClinicalTrialsUnit@umassmed.edu.

**Are you a daily Facebook user, interested in losing weight? (Docket # H-00001484)**

Recruiting daily Facebook users interested in losing weight to participate in a 12-week UMMS weight loss study. You will be asked to post updates and interact with other study participants. Please call (508)856-1534 or study@umassmed.edu. Compensation is provided.

**Would you like to participate in a research study to develop and test out a weight loss mobile app? (Docket # H-00002340)**

We are developing a mobile app designed to help people lose weight. Your participation will include a screening visit, an orientation visit, four weekly group visits, and a focus group. During the visits, you will receive a lifestyle intervention including nutrition and exercise counseling, use our weight loss mobile app, and share your experience to help us make the app better. You may be eligible if you have an interest in losing weight, use a smartphone, and you are over the age of 18. Study participation will last for 2 months. Compensation will be provided. Please call Effie at (508)856-1534 or e-mail study@umassmed.edu.

**Hepatic Dysfunction, Vitamin D status & Glycemic Control in Diabetes (Docket # H-00002866)**

This study is open to enrollment for those 10 to 50 years of age who have type 2 diabetes, low vitamin D levels, and nonalcoholic fatty liver disease. The aim of this study is to determine whether vitamin D supplementation will promote liver health as well as blood sugar control in patients with type 2 diabetes who also have nonalcoholic fatty liver disease. The study will include a MRI scan to determine the amount of fat in the liver. Compensation for study participation is provided. Study Contact: Carol Ciccarelli, RN - (508) 856-2828 - carol.ciccarelli@umassmed.edu.

**How can physicians help patients lose weight? (Docket # H-00002798)**

Have you seen a primary care provider in Worcester County in the last six months? Do you think you need to lose some weight, and would be willing to complete a survey on how physicians can help patients lose weight? This survey will be completed by mail, and questions will be about your beliefs about weight and weight loss, and resources and aids for weight loss. Call 508.856.5691 to see if you would be eligible for this research study. Tell a friend. Compensation is provided. Call Linda at 508.856.5691 or email weightlossstudy@umassmed.edu for more information.