Studies of interest

Grandparent Education through Simulation – Diabetes (GPETS-D)  
GPETS-D explores educating grandparents of grandchildren diagnosed with Type 1 Diabetes (T1D) in basic diabetes management, with a special focus on hypoglycemia. Eligible grandparents receive a free 90-minute 1:1 T1D teaching session provided by a certified diabetes educator nurse. Teaching is provided at the UMMHC Pediatric Endocrine Clinic in Worcester. Grandparents of grandchildren (aged 12 or younger) diagnosed with T1D for at least 2 months are eligible to participate. Grandparents will receive a $25.00 gift card for participation. Please contact Laura Maguire at 508-981-1932 or LauraLynn.Maguire@umassmed.edu.

Current Smokers!  
We have developed a recommender system, similar to the ones used by Amazon and Netflix, that recommends smoking cessation/behavioral change messages based on the participants' characteristics. We will be asking smokers to rate one health behavior message every day for 30 days. For this study, the time commitment will be 15 minutes for a brief phone registration, 5 minutes a day for 30 days to rate the messages, and 20 minutes for a brief final phone survey. The honorarium will be in the form of gift cards. Please contact: Lisa Lombardini, 508-856-8985, Lisa.Lombardini@umassmed.edu.

A multicenter clinical trial to prevent GFR loss in Type 1 Diabetes  
The purpose of this study is to find out whether a medication called allopurinol can prevent kidney problems, in particular the loss of kidney function, in people with type 1 diabetes. For more information, please contact Celia Hartigan at 508-856-2800 or ClinicalTrialsUnit@umassmed.edu.

Complete a Survey about Weight Management  
Help us better understand what people know about managing their weight by completing surveys and allowing us to measure your height and weight. You will be given $35 for a 90 minute visit, and may be invited back a second time. Interviews may be held at a community location or the UMass Shaw Building (419 Belmont Street, Worcester). If you live in Worcester, are a man or woman over the age of 18, speak English or Spanish, and are not currently pregnant, you are eligible to participate! Please email tariana.little@umassmed.edu or call 1-866-530-9794.

Do you have Type 2 diabetes?  
If you have Type 2 diabetes, DEVOTE is a cardiovascular outcomes study for insulin degludec in type 2 diabetics. The purpose of this trial is to compare the cardiovascular safety of the investigational product, insulin degludec, to that of the approved product, insulin glargine, in type 2 diabetic patients who are at least 50 years old and at risk for cardiovascular disease. The Principal Investigator of the study is John-Paul Lock, MD. For more information on the study, please contact Carol Ciccarelli at (508) 856-2828 or carol.ciccarelli@umassmed.edu.
**Biorepository**

Volunteer to donate a small amount of blood that will be stored in our Biorepository and used by UMass researchers.

(Docket # H-12647)

**Clinical Research Volunteer Database**

Participate in the Clinical Research Volunteer Database. The database is used for UMass researchers who are conducting IRB approved studies.

(Docket # H-12562)

For more information, stop by the Conquering Diseases office. We are open 8:00 AM – 4:00 PM

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**Annual Walks**

The 15th Annual UMass Medicine’s Cancer Walk will take place at the UMass Medical School Campus, 55 Lake Avenue North in Worcester on Sunday September 28 with registration at 8 a.m. and walk at 10 a.m. Click here or call 508-856-2589 to start your team today!

The Annual Step Out to Stop Diabetes walk will take place at UMass Medical School on September 27, 2014. Click here for Event Details. Adam Webster: aedelstein@diabetes.org or 617-482-4580 ext.3501. For more information: http://main.diabetes.org/site/TR/StepOut/StepOutContent?pg=entry&fr_id=9895#sthash.6ZTIdbUk.dpuf

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**Are you pregnant? (Docket # H00003617)**

Our study is named ARRIVE! The goal of the study is to determine whether coming to the hospital and having your labor started with medicine (i.e., labor induction) at 39 weeks of pregnancy can improve the baby’s health at birth when compared with waiting for labor to start on its own. For more information, please contact Tiffany Moore Simas, MD at (508) 334-6678 or email her at tiffany.moore@umassmed.edu.

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**Research Study Looking for Pregnant Women (Docket # H-00001672)**

Are you pregnant and planning on having your baby at UMass Memorial? We are conducting a research study to learn more about decision-making, eating, and weight gain during pregnancy and are looking for pregnant women who plan on delivering their baby at UMass Memorial. Participants will attend one study visit, complete a survey at home, and complete in three short phone interviews. Compensation is provided. To learn more about in Decision-Making, Eating, and Weight Gain in Pregnancy Study (the DEW Study), call Sherry at 774-455-3858 or email rui.xiao@umassmed.edu.

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**Did you have a baby in the past 12 months? Are you interested in losing weight and own a smartphone? (Docket # H-00001484)**

Did you have a baby in the past 12 months? Are you interested in losing weight and own a smartphone? If so, you may be eligible to join a no cost weight loss research study at UMass Medical School. UMass is researching a program that includes nutrition and exercise counseling through a private Facebook group. The program is recruiting women who recently had a baby. Study participation will last for 4 months. Compensation will be provided. Please call Effie at (508)856-1534 or e-mail study@umassmed.edu.

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**Mindfulness Study (Docket #: H00004776)**

We are looking for healthy individuals who have not meditated before to participate in a study. The objective is to collect electroencephalogram (EEG) data when people are meditating and performing cognitive tasks. The visit will be approximately 3 hours. Compensation will be provided. A graph of your brain activity during different states can also be provided. The study will take place at the Hoaglund Pincus Center in Shrewsbury, MA. Please contact Sue Druker at Susan.Druker@umassmed.edu (508) 856-5529.

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**Exercise Survey (Docket #: H00005027)**

Do you exercise regularly? Please complete a survey! https://arcsapps.umassmed.edu/redcap/surveys/?s=b4iaDyG4rj