Studies of interest

**Do you have symptoms of the flu? (Docket # H00000007)**
Researchers at UMass Memorial are currently conducting the FAVOR flu study - a clinical research study of an investigational medication for flu in people over 18 years of age. If you, a family member or friend begin having two or more flu symptoms such as cough, sore throat, headache, nasal congestion, body aches and pains, or fatigue, please call us since you may qualify to participate in the study. All study-related medication and evaluations are provided at no cost. Please contact the Clinical Research Center @ 508-856-2800 Mondays through Fridays, 8 a.m. to 4 p.m. to learn more about this study.

**Influenza Study (Docket # H00002921))**
Doctors at the University of Massachusetts Medical School are currently conducting a research study (IRC-003) to investigate whether treating the influenza virus (flu) with a combination of drugs is better than the standard therapy with one drug. To participate, you must be at least 18 years old, have a history of an influenza-like illness (typically this would consist of a fever, cough and aches), have an onset of illness within the past 96 hours, have a medical condition(s) that has been associated with increased risk of complications from influenza. More information is needed about you to see if you qualify to participate. Please contact the Clinical Research Center @ 508-856-2800 Mondays through Fridays, 8 a.m. to 4 p.m., to learn more about this study.

**Do you want to participate in a weight loss research study? (Docket # H-3413)**
If you are feeling depressed and want to lose weight, you may be eligible to join a weight loss program at UMass Medical School! UMass is researching a program that includes nutrition and exercise counseling. The program is recruiting women between the ages of 18 – 65. Please contact our office for more information (508)856-1534 or study@umassmed.edu. Compensation will be provided.

**Patient Experience Recommender System for Persuasive Communication Tailoring (PERSPeCT) (Docket # H-14762)**
We have developed a recommender system, like the ones used by Amazon and Netflix, that recommends smoking cessation/behavioral change messages based on the participants' characteristics. We will be asking smokers to rate one health behavior message every day for 30 days. For this study the time commitment will be 15 minutes for a brief phone registration, 5 minutes a day for 30 days to rate the messages, and 20 minutes for a brief final phone survey. The honorarium will be up to $100 in gift card form. Please contact: Rebecca Kinney, 508-856-3868, Rebecca.Kinney@umassmed.edu.

**Do you smoke, would you like to participate in a study? (Docket # H-14781)**
We are looking for adults between the ages of 18-40 who smoke non-menthol brands cigarettes. If you qualify, you will undergo an MRI brain scan at UMass Medical School, which will take about one hour.

- You will not be given any drugs and you will be compensated financially for your time.

If you are interested or would like more information, email Matt at Matthew.Thompson@umassmed.edu.
Do you have difficulty losing weight? Would you like to participate in a research study? (Docket #H-2340)

Your participation will include a 30 minute screening visit and a 60 minute problem solving session. During the session, you will meet with a weight loss counselor, be asked about problems that you have had trying to lose weight, and the counselor will provide helpful suggestions. You may be eligible if you: have an interest in losing weight; are over the age of 18; and use a smartphone. Compensation will be provided. Please call Effie at (508)856-1534 or e-mail Study@umassmed.edu.

Do you use tanning booths? (Docket # H-14513)

Females ages 16-65 are invited to participate in a research study about tanning at UMass Medical School. Compensation will be provided. Please call Effie at 508-856-1534 or email study@umassmed.edu.

Do you have Crohn's Disease? (Docket # H-2067)

If you have Crohn’s Disease, you may be eligible for a nutrition research study investigating dietary change. Men and women who meet the initial phone criteria will be invited for a screening and information about the study. Contact Judy Palken at judy.palken@umassmed.edu or call 508 856-4455.

IBD-AID cooking and nutrition program Study (Docket # H-20667)

Sign up now for the IBD-AID cooking and nutrition program! This program is for patients with food intolerances and/or inflammatory bowel disease. The fee is $20/person which includes the entire meal. The classes will be held on March 6, March 20, April 3, April 17, 5:30-7:30 PM, on the second floor of the Shaw Building. Please contact Judy at (508) 856-4455 or email judy.palken@umassmed.edu.

Vitamin D supplementation for bipolar depression (Docket # H-800)

A new research study at UMass Medical Center is evaluating Vitamin D supplementation for bipolar depression. The goal of this research is to see if Vitamin D supplementation in people with bipolar disorder is associated with improved mood, in particular less depression. The study includes questions about mood, Vitamin D level monitoring, and Vitamin D supplementation or placebo. Participants stay on their current medication regimen. This study involves seven assessments over the course of 12 weeks, and participants are compensated for their time. In order to be eligible, patients must be: 25 years old or older; diagnosed with bipolar disorder; currently feeling down, sad, or depressed; and have low Vitamin D levels (evaluated at first study visit). For more information please contact Jessica Penny (508-334-7352) or Dr. Wendy Marsh (508-856-5071).

Are you interested in knowing more about your bone health? (Docket # H- 00007374)

Healthy women ages 25-35 are invited to participate in a research study on the effects of exercise on bone health. To be eligible for the study you must be a normal healthy body weight, non-smoker, not be pregnant or planning a pregnancy in the next two years, and must have plans to be in the Worcester area for the next two years. A four minute commitment, five times per week for one year may be required. Compensation is provided. For more information call the Musculoskeletal Biomechanics Lab at 508-831-5338. Or e-mail at MBL@wpi.edu.

Have you taken a moment to explore our new Conquering Diseases Website? https://www.umassmedresearchvolunteer.org/index.html